

Monday

Tuesday

Wednesday

Thursday

Friday

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Lunch Served at Dougherty Station Community Center

COLD PLATE

- Chicken Fiesta Salad (Black Beans, Corn, Cheese, Onions, Salsa, Mixed Greens)
- Pork Posole Soup
- Ranch Dressing
- Tortilla Chips
- \* Citrus Fruit

- All American Hot Dog w/Cheese & Onions
- Chicken & Orzo Soup
- Baked Beans
- \* Creamy Coleslaw
- Catsup, Mustard, Relish
- Bun
- Chocolate Pudding

Lunch will not be served December 4th - 6th. Lunch will resume at the Alcosta Senior & Community Center on December 9th

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Lunch Returns to ASCC

- Beef Sukiyaki
- Steamed Rice
- \* California Vegetables
- Green Salad w/1000 Island Dressing
- Fortune Cookie
- Fresh Fruit

- Breaded Pollock Fillet w/Lemon Slice
- Clam Chowder
- Mixed Vegetables
- \* Seasoned Potato Wedges
- Tartar Sauce
- Sliced Peaches

- Turkey Divan
- Fruit Punch
- Sliced Carrots
- Brown Rice
- \* Fresh Orange



Rotary Holiday Lunch

REGISTER NOW! SPACE IS LIMITED! Bring a new, unwrapped stuffed animal to donate to Toys for Tots.

- Pot Roast w/Gravy
- Peas w/Pearl Onions
- \* Mashed Potatoes
- Tossed Salad w/Blue Cheese Dressing
- Banana Pudding (Banana)

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COLD PLATE

- Mock Crab Salad Sandwich w/Lettuce, Tomato & Onion
- Chicken Noodle Soup
- Carrot Raisin Salad
- Marinated Beets & Onions
- Sourdough Bread
- \* Tropical Fruit

- Chicken & White Bean Chili
- \* Orange Pineapple Juice
- Vegetable Bean Medley
- \* Stewed Tomatoes
- Cornbread w/Butter
- Fresh Fruit



- Spaghetti & Meatballs w/Parmesan Cheese
- \* California Vegetables
- Green Salad w/Creamy Italian Dressing
- Vanilla Ice Cream (Fruit Cocktail)

- Virginia Baked Ham w/Honey Mustard Sauce
- Mixed Vegetables
- \* Spinach Salad w/Champagne Vinaigrette
- Wild Rice
- Frosted Marble Cake (Fresh Fruit)

- Turkey Burger w/Cheese
- Split Pea Soup
- Italian Vegetables
- \* Seasoned Potato Wedges
- Lettuce, Tomato & Onion
- Catsup, Mustard & Mayo
- Bun
- Raspberry Gelatin w/Pears (Diet Raspberry Gelatin w/Pears)

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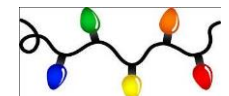
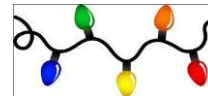
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- Buffalo Chicken Drumsticks
- Cream of Spinach Soup
- \* Potato Salad
- Celery Sticks w/Ranch Dressing
- Fudge Brownie (Fresh Apple)



Lunch will not be served December 24th

The Alcosta Senior and Community Center will be closed December 25th - January 1st



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- Item is higher in sodium
- \* = Vitamin C
- \_\_\_ = Vitamin A
- ( ) = Dessert of Choice
- All meals served w/low fat milk.



COST \$5.00 UNDER 60/Donation suggested \$3.00 60 and older. Please call one business day ahead to order your lunch. Please bring exact change or utilize a Nutrition Pass - Available at the front desk. Change is not guaranteed at the front desk. 4 DAILY ALTERNATIVE ENTRÉE CHOICES: CHEESEBURGER OR GARDEN BURGER, CHEF'S SALAD OR SEAFOOD LOUIE SALAD!