

# POOL RULES

**SAN RAMON OLYMPIC POOL & AQUATIC PARK - 9900 Broadmoor Drive  
DOUGHERTY VALLEY AQUATIC CENTER—10550 Albion Road**

The following rules are for the safety of all patrons and the aquatics staff. The aquatics staff has the authority to enforce the rules, including asking individuals to leave the pool area, in order to maintain a safe environment. Please read the rules and if you have any questions, direct them to the Senior Staff. Thank you for your cooperation.

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## **General Rules**

- ◇ No swimming allowed when there is no lifeguard on duty.
- ◇ Children ages seven (7) and under must be directly supervised by an adult at all times while at the pool facility.
- ◇ The City of San Ramon is not responsible for any lost or stolen personal items.
- ◇ All persons entering the pool must take a shower.
- ◇ Please do not visit with or distract the lifeguards. If you have questions, inquire inside at the front counter or the First Aid Office.
- ◇ Proper swim attire must be worn at all times. No T-shirts or jean shorts are allowed unless approved by the senior staff. Those permitted to wear T-shirts are only allowed in the shallow end of the pools.
- ◇ Glass bottles and other glass containers are not allowed on the pool deck. Food and drink may be consumed in the bleacher, picnic and grass areas only.
- ◇ Alcohol and persons suspected of being intoxicated are not allowed in the facility.
- ◇ Barbecues and chafing dishes are not allowed in the pool area.
- ◇ Smoking is prohibited at City parks and facilities. Smoking is not allowed inside or within 20 yards of the facility, and smoking is prohibited on the school campuses. It is our responsibility to enforce this City Ordinance Section B5-19 and B6-73 with our guests/patrons. Additionally, please be aware that Electronic Cigarettes are prohibited, however not specifically spelled out in the ordinance.
  - B5-19. - Smoking. No person shall smoke any substance in any area designated as a nature trail or nature area or in or on any park facility where smoking is prohibited.
  - B6-73. Prohibitions. Smoking indoors or outdoors, in enclosed or unenclosed spaces and on all property-public or private- within the City of San Ramon is prohibited except as provided in B6-74 below. Additionally, smoking is prohibited at outdoor community events open to the public such as Farmers Markets, even if they event is held on property or at a location where smoking would otherwise be allowed under this ordinance.
- ◇ Walk at all times to avoid accidents.
- ◇ Do not block ladders entering or exiting the pool.
- ◇ The use of profanity is not allowed.
- ◇ No animals are allowed in the facility except working animals.
- ◇ Chewing gum is not allowed in the pool area.
- ◇ Bicycles, skateboards, in-line skates and other vehicles are not allowed to be operated in the pool area.
- ◇ No breath holding, hyperventilation or extended underwater swimming is allowed.
- ◇ Locker rooms will close 20 minutes after programs end.

## **Inner-Tube Rules – San Ramon Olympic Pool**

- ◇ Inner-tube use will be allowed at the lifeguard's discretion and may revoke use at any time.
- ◇ Do not stand on, jump on, jump or dive through the inner-tubes.

***Any other action or behavior that is deemed unsafe or inappropriate by the Aquatics staff will not be allowed.***

***Failure to follow posted rules and lifeguard directions could result in serious injury.***



**San Ramon Parks & Community Services**

9900 Broadmoor Drive T: (925) 973-3240 · F: (925) 828-3427 · [www.SanRamon.ca.gov/aquatics](http://www.SanRamon.ca.gov/aquatics)

Register: [SanRamonRecGuide.com](http://SanRamonRecGuide.com) · Tickets: [SanRamonPerformingArts.com](http://SanRamonPerformingArts.com) · Email: [parks@sanramon.ca.gov](mailto:parks@sanramon.ca.gov)

### **Recreation Swim – San Ramon Olympic Pool**

- ◇ Patrons under 18 years of age wishing to enter the deep water must first pass a swim test. Adults may be asked to pass a swim test at the lifeguard's discretion. The swim test consists of 1 lap, 25 yards without stopping.
- ◇ Jumping feet first is allowed in the shallow end of the pools. No flips, dives or twists allowed from the side of the pool.
- ◇ Starting blocks are for use by competitive programs only when directly supervised by a qualified coach.
- ◇ Do not hang on lane lines or lifelines. They are to be used for emergency use only.
- ◇ Roughhousing, shoving, and dunking are not allowed.
- ◇ Do not allow children or others to hang on another person's neck or back. Carry the child in front or on their shoulder.
- ◇ Inflatable toys are not allowed in the pools.
- ◇ Personal flotation devices and Swim 'N Float swim suits (Type II or Type III) approved by the U.S. Coast Guard are allowed for infants and children. Parents must be in the water with all infants or children wearing a PFD or Swim 'N Float swim suit. All infants or youth wearing such devices are only allowed in shallow water 4 ½ feet or less.
- ◇ Tables and canopies are not allowed to be brought into the facility. Umbrellas are allowed but they cannot go more than six inches into the ground.
- ◇ No breath holding, hyperventilation or extended underwater swimming is allowed.
- ◇ Children who are not toilet trained must wear swim diapers. Diapers should be changed as soon as possible in the event of a release. Diapers should be properly disposed of in trash cans.

### **Lap Swim Rules – San Ramon Olympic Pool**

- ◇ Recreation swimming and horse play are prohibited in the lap swim area.
- ◇ Children 12 and under are allowed in the lap swim lanes only if accompanied by an adult.
- ◇ Children may not be left unattended on the pool deck or in the facility during lap swim.
- ◇ Masks, fins, and snorkels are allowed in lap lanes.
- ◇ Circle swimming may be enforced to accommodate more swimmers if crowded.

### **Diving Board Rules**

- ◇ One person at a time on the diving board.
- ◇ Those wishing to use the diving board must wait on the ground.
- ◇ Only one bounce is permitted on the diving board.
- ◇ Only forward motion jumps, dives, and flips are permitted.
- ◇ Jump or dive straight off the end of the board. Do not jump towards the side of the pool.
- ◇ After entering the water, exit the diving area immediately. Do not enter the lap lanes.
- ◇ Diving area must be clear of all swimmers or divers before another diver attempts a dive.
- ◇ Diving is permitted off the outside diving boards only.

### **Play Pool Rules – San Ramon Olympic Pool**

- ◇ Strollers, ice chests and chairs are not allowed inside Play Pool fence.
- ◇ At the discretion of the Aquatic Staff, the number of play pool users may be limited to ensure safety of all users. When necessary play pool users will be rotated at appropriate durations determined by the aquatics staff.
- ◇ One person on the slide at a time.
- ◇ Landing mat at bottom of slide must be kept clear at all times.

***Any other action or behavior that is deemed unsafe or inappropriate by the Aquatics staff will not be allowed. Failure to follow posted rules and lifeguard directions could result in serious injury.***



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### **Water Slide Rules – San Ramon Olympic Pool**

- ◇ Riders must be at least 42” tall and be able to swim 25 yards without stopping.
- ◇ Riders must go down the slide in a feet-first position on their backs.
- ◇ No stopping while riding down the slide.
- ◇ Exit the splashdown area immediately at completion of ride.
- ◇ Uses of t-shirts or oversized rash guards are not allowed on the waterslide.

### **Splash N’ Dash – San Ramon Olympic Pool**

- ◇ Patrons must pass a swim test to use Splash N’ Dash. The swim test consists of 1 lap, 25 yards without stopping.
- ◇ Patrons will be allowed to step onto Splash N’ Dash one at a time at the direction of an aquatics staff member.
- ◇ Swimming under Splash N’ Dash is not allowed.
- ◇ No diving off of Splash N’ Dash.
- ◇ Patrons must go down the slide in a feet-first position on their backs.
- ◇ After entering the water, exit Splash N’ Dash area immediately. Do not enter the lap lanes.
- ◇ No jewelry, watches, metal or sharp objects, glasses or body piercings are permitted on Splash N’ Dash.
- ◇ No goggles or lifejackets permitted on Splash N’ Dash.
- ◇ Patrons are not permitted to roughhouse or have contact with other patrons while on Splash N’ Dash.
- ◇ Wait until the person in front of you has made it safely to the exit before sliding into the water.
- ◇ Read Splash N’ Dash rules posted at the entrance of Splash N’ Dash.

### **Other items of concern are:**

- ◇ Inappropriate public display of affection will not be allowed.
- ◇ Persons currently having active diarrhea or who have had active diarrhea within the previous 14 days shall not be allowed to enter the pool water.
- ◇ Follow aquatics staff direction in regards to procedures and policies during emergency situations.
- ◇ See the Aquatics staff about swimming with sores or wounds.

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