



# Instructor Class Schedule

## LIFEGUARD INSTRUCTOR

January 12-21, 2017 - 4 classes

Activity #102483

Tue/Thurs - 5pm-8:30pm

Sat - 9am-5pm

### **Prerequisite:**

- Must be 17 years of age
- Currently certified as ARC Lifeguard , CPR/AED for Lifeguards, and First Aid Certified

Coursework certifies participants to teach American Red Cross (ARC) Lifeguard Training.

Prerequisite: Must be 17 years of age and currently certified as ARC Lifeguard and able to demonstrate all skills sufficiently. Participants will also be required to complete an online pre-course prior to the first day of class.

## WATER SAFETY INSTRUCTOR

February 16-25, 2017 - 5 classes

Activity #102484

Tue/Thurs - 6pm-9pm

Sat - 9am-3pm

### **Prerequisite:**

- Must be 16 years old
- Able to swim the four competitive strokes, sidestroke, and elementary backstroke
- Complete an online pre-course prior to the first day of class.

This course is designed to teach the necessary skills needed to provide aquatic instruction. Upon completion, students are qualified to teach American Red Cross (ARC) swimming and water safety classes.

Prerequisites: Must be 16 years old, able to swim the four competitive strokes, sidestroke and elementary backstroke. Participants will also be required to complete an online pre-course prior to the first day of class.

**Fees:** \$250 (R/GO)/\$313 (N)  
**Location:** San Ramon Olympic Pool  
More information will be given upon registration.



**American  
Red Cross**



## *San Ramon Parks & Community Services*

9900 Broadmoor Drive · T: (925) 973-3240 · F: (925) 828-3427 · [www.SanRamon.ca.gov/parks](http://www.SanRamon.ca.gov/parks)

Register: [SanRamonRecGuide.com](http://SanRamonRecGuide.com) · Tickets: [SanRamonPerformingArts.com](http://SanRamonPerformingArts.com) · Email: [parks@sanramon.ca.gov](mailto:parks@sanramon.ca.gov)