

Summer 2014



San Ramon Recreation Guide



Art & Wind Festival Sunday & Monday, May 25-26
Register NOW for Summer Camps, Swim Lessons!

SAN RAMON SUMMER EVENTS



SAN RAMON ART & WIND FESTIVAL

May 25 - 26, 2014

San Ramon's summer kick-off on Memorial Day weekend will feature your family's favorite activities, food and entertainment. Enjoy some exciting new features including a new Birds of Prey Experience. Stay up to date on all of the weekends activities at www.ArtandWind.com.

RUN SAN RAMON CELEBRATE SAN RAMON, CELEBRATE AMERICA

July 4, 2014

Start your holiday with a healthy run/walk perfect for the entire family. Get rewarded with a commemorative shirts and treats following the race. Come back to Central Park in the evening for an opportunity to honor our veterans in a special tribute. The evening will also feature patriotic music by the San Ramon Symphonic Band and conclude with local favorite David Martin's House Party.



SUMMER CONCERTS IN THE PARK

June 29 - August 3, 2014

Summer in San Ramon would not be the same without our Sunday night gatherings for music and dancing at San Ramon Central Park. The concerts have been expanded this year and are beginning in June with a special visit by the US Air Force Band of the Golden West. Catch all of the great bands and dance the night away through August 3rd!

OUTDOOR MOVIE NIGHTS

August 8 - 22, 2014

Friday nights in August will be bright with our outdoor movie series. Two nights will be hosted behind Dougherty Station Community Center with great family features on the big screen. Then enjoy an evening of free swimming and float the night away while watching *Finding Nemo* at the San Ramon Olympic Pool.



More details about all these events inside this guide on pages 2 - 3.
Visit www.SanRamon.ca.gov/parks for more details!



San Ramon City Council

- Bill Clarkson, Mayor
- Philip G. O’Loane, Vice Mayor
- David E. Hudson
- Scott Perkins
- Harry Sachs

Parks & Community Services Commission

- William Meine, Chair
- Carol Lopez, Vice Chair
- Will Doerlich
- David Ernest
- Heidi Kenniston-Lee
- John Mills
- Dominique Yancey

Harshini Chengareddy, Student Commissioner

Parks & Community Services Commission meetings are held the second Wednesday of each month at 7:00pm in the City Council Chamber at 2222 Camino Ramon

City of San Ramon Staff

- Greg Rogers – City Manager.....973-2530
- Renee Beck – Interim City Clerk.....973-2539
- Robert Saxe – Interim City Attorney973-2549

Department Directors

- Maria Fierner – Engineering 973-2670
- Joe Gorton – Police Services..... 973-2700
- Karen McNamara – Public Services/Parks & Community Services . 973-2800
- Eva Phelps – Administrative Services..... 973-2528
- Phil Wong – Planning Services..... 973-2560

Parks & Community Services Department

Esther Lucas – Division Manager 973-2602

- Becky Adams – Recreation Supervisor... 973-3322
- Nicole Blazin – Marketing Analyst..... 973-2603
- Kevin Boggs - Facilities Technician 973-3217
- Christina Buna – Office Technician II..... 973-2614
- Adam Chow – Recreation Coordinator .. 973-3209
- Suzy Chow – Recreation Coordinator.... 973-3372
- Steve Cox – Recreation Coordinator..... 973-3272
- Jody Curley – Facilities Technician..... 973-3351
- Michael Fanelli – Facility Supervisor..... 973-3218
- Jennifer Gault – Recreation Technician .. 973-3375
- Keith Haase – Recreation Supervisor 973-3286
- Kathi Heimann – Program Manager 973-2611
- Stephanie Herscu – Office Technician II..... 973-3277
- Andrew Hubbard – Recreation Coordinator .973-3231
- Bonnie Mertz – Administrative Analyst..... 973-2608
- Brad Morris – Program Manager973-2604
- Teri Mountford – Program Manager..... 973-3271
- Stacy Munsell – Office Technician II 973-3226
- Steve Piersol – Program Manager 973-2607
- Matt Ramirez - Facilities Technician 973-3252
- Linda Tarantino – Administrative Analyst.... 973-2606
- Cristi Toman – Office Technician II..... 973-3233
- Louise Weber – Recreation Coordinator 973-3305
- Mary Ann Wilkman – Recreation Supervisor... 973-3210

To reach any of our staff by email use: first initial last name@sanramon.ca.gov
For general inquires email parks@sanramon.ca.gov

CONTENTS

- Events2-3**
- Performing Arts4**
- Aquatics5 - 16**
- Preschool Classes 17-19**
- Elementary Classes 20-24**
- Summer Camps..... 25-57**
 - Nature 25**
 - Camp Central 26-48**
 - Preschool 49-50**
 - Elementary..... 51-53**
 - Middle School 54-57**
- Middle School Classes..... 58-59**
- Adults 60-63**
- Adults 55+ 64-65**
- Library..... 66-67**
- Parks & Facilities68, 70-71**
- Registration Information 69**
- Registration Form 72**

Spend \$10
Get \$1 Back
It's That Simple.

The San Ramon GO Card was designed with your family in mind. Everytime you sign up for a class you get a little back for next time. Before you know it you will have earned a free class.

Visit our website at
www.SanRamon.ca.gov
or call (925) 973-3200
for more details.

*Resident membership fee \$69/year
Non-resident membership fee \$99/year*



Go Card Special Promotion for Non-Residents
3 Month Membership for \$49
Sign up for the GO Card for June-August for only \$49 and you will be able to register for classes paying the resident rate! Visit: www.SanRamon.ca.gov/Parks/go.htm for more information.



EVENTS



San Ramon Art & Wind Festival

Sunday & Monday, May 25 & 26 10:00am-5:00pm

San Ramon Central Park

12501 Alcosta Blvd.

www.ArtandWind.com



Don't miss the BEST festival in the East Bay! The Art and Wind Festival blows into town Memorial Day weekend with arts and crafts booths, entertainment on 4 stages, large kid's zone, professional kite flying demonstration and more. Visit our website for more information.

Chevron Stage*

Sunday, May 25

10:00am-12pm

Patty & Abigail - Acoustic Pop & Folk

12:30-2:30pm

Volker Stifler - Blues

3:00-5:00pm

Captivate - High Energy Dance Band

Monday, May 26

10:00-11:30am

Michael McNevin - Singer/Songwriter

11:30am-12pm

Memorial Day Program

12:30-2:30pm

Lady K & the Kings of Swing

Big Band Jazz

3:00-5:00pm

Take 2 - High Energy Dance Band

*Subject to change

Run San Ramon 10K Run, Family 5K Fun Run & Walk, 3K Fun Walk

Friday, July 4 at 8:15am

San Ramon Central Park

Get a healthy start to your 4th of July with this Independence Day Classic. Enjoy the measured, paved and looped course. The 10K course is a double loop of the 5K course. Participants will receive a short sleeve run shirt and goodies provided by local sponsors. **Start & Finish:** San Ramon Central Park, 12501 Alcosta Blvd. 10K race starts at 8:15am; 5K Run & Walk and 3K Walk starts at 8:20am.

Registration Fee: \$35 postmarked by June 20 and \$40 on Race Day for everyone. Preregistration family race for 3 or more is \$30 per person. Must be immediate family only, and all entry forms must be submitted at the same time. Registration available online at www.active.com or on the City website. Late or incomplete entries will not be accepted. Race day registration tables open 6:30-8:00am.

Awards: Mayor's Cup awarded to the winning pre-registered San Ramon resident, male & female (5K & 10K). Trophies will be awarded to the winning male and female.

Celebrate America Celebrate San Ramon

Friday, July 4th, 4:30pm -8:00pm

San Ramon Central Park Amphitheater

Celebrate the 4th of July with family and friends at a free concert in the park featuring patriotic music played by the San Ramon Symphonic Band followed by David Martin's House Party. The evening will also include recognition of local veterans and active duty military. Bring your friends, family, a picnic and some lawn chairs and enjoy a perfect summer evening in Central Park.

Summer Concerts in the Park

Presented by the City of San Ramon & the San Ramon Arts Foundation

Sundays at 5:30pm

San Ramon Central Park Amphitheater

Admission is FREE

June 29 US Air Force Band of the Golden West

*July 4 David Martin's House Party

July 13 Joel the Band - Billy Joel Tribute

July 20 The Houserockers - Rock & Soul Band

July 27 Double Funk Crunch - High Energy Dance Band

Aug 3 Mustache Harbor - 70's Soft Rock

Bring the entire family for a beautiful summer evening in Central Park. Enjoy great music and dance the night away while visiting with friends and neighbors. Bring a blanket or chairs and a picnic. Adult beverages, soda and ice cream will be available for purchase.

*No refreshments for sale.

Parks Make Life Better

Volunteer Days

May 31, Crow Canyon Gardens, 105 Park Place

June 28, Piccadilly Square Park, 2503 Piccadilly Circle

August 23, Forest Home Farms Historic Park, 19953 San Ramon Valley Blvd.

Saturdays, 9:00am-12:00noon

The City of San Ramon is home to over 50 beautiful parks that are the pride of our community and that thousands of people enjoy each week. Join our professional park maintenance staff and your neighbors to help maintain and beautify our parks. Tasks may include planting, pruning, applying mulch, replacing sand box materials, painting and general clean up. Refreshments will be provided. Open to all ages however children under 13 must be accompanied by an adult. Volunteers are asked to bring work gloves and will need to register in advance at www.citylights.volunteerhub.com.

**Parks
Make
Life
Better!**



Arigato Tak Kiitos Dekuji Danke Terima kasih
 Takki Efaristo Merci Dziękuję Ta Pilamaya Dhanyavaad Do Jeh
THANK YOU
 Spasibo Tack Hvala Asante Grazie Ngiyabonga 谢谢你 Mahalo
 Shoukran Gracias Tesekkur ederim



Thank You San Ramon

The City of San Ramon is inviting residents throughout the year to attend a series of FREE events to say "Thank You!" to each and every one of you for making San Ramon a wonderful place to live, work and play. Events are free and open to the public.

Walk With Your Dog

Saturday, July 19 at 8:30am

Bark & Ride Park

Walking does wonders for your health! Participate in the Thank You San Ramon new walking series. Our goal is to introduce walking as an easy method for maintaining your family's physical and mental well-being. Additionally this series will allow you to explore new places within San Ramon that are ideal for outdoor activities. Enjoy a healthy walk with your favorite canine friends. Walk will start at the Bark and Ride Dog Park and continue on the nearby trail. Local pet experts will be on hand to answer your pet questions. Healthy refreshments will be provided for people and canines. Walkers of all ages are welcome. Dogs must be on a leash to participate in the walk. Dogs need to be friendly with other dogs and people of all ages.

Outdoor Movie Nights

Free

Kung Fu Panda

Friday, August 8, 8:30pm

Dougherty Station Community Center

Free popcorn!

The Lego Movie

Friday, August 15, 8:30pm

Dougherty Station Community Center

Free popcorn!

Finding Nemo

Friday, August 22, 8:00pm

Dive-in at the San Ramon Olympic Pool.

Bring your floats or deck chairs, the pool will open at 7:00pm for free swimming.

Sponsored by: The San Ramon Library Foundation

City Art Galleries

LINDSAY DIRKX BROWN ART GALLERY

(Inside the San Ramon Community Center)

May 2-29

Art & Wind Festival Exhibit

June 2-29

Michelle Rhodes - Watercolor & Oil

Mary Francis Crabtree - Oil Paintings

Reception: Saturday, June 7, 2-4pm

July 1-30

Artist Guild of the East Bay - Various Mediums

Reception: Saturday, July 12, 2-4pm

August 1-27

Natalie Kulukundis - Photography

Reception: Saturday, August 2, 2-4pm

ALCOSTA SENIOR & COMMUNITY CENTER ART GALLERY

May 1-June 29

Grace David - Chinese Brush Paintings

July 1-August 28

Annemarie Baldauf - Watercolor

SAN RAMON LIBRARY ART GALLERY

May 1-June 29

Susan Aulik - Oil Paintings

July 2-August 28

Mary Claire Stotler - Plein Air & Abstract

Forest Home Farms Historic Park

Open for "Fun on the Farm" the Second Saturday of Each Month, 10:00am to 2:00pm

Glass House Tour - 10:00am, 11:00am, 12:00 noon & 1:00pm

All About the Farm Tour - 11:00am & 1:00pm

Enjoy interactive exhibits, the tractor museum, the beautiful grounds and free activities centered around a different theme each month. Tour the Glass House Museum or farm with a docent to travel back in time to the early days of the San Ramon Valley. Visit the Welcome Center to view exhibits and purchase old-fashioned toys and gifts at the Gift Shoppe. (Tours are \$5 per person, or \$8 for both tours on the same day.)

May 10-Thinking of Mom

Pen a letter to mom telling her why she is special to deliver to her with a white carnation on Mother's Day.

June 14-Buzzing Bees & Beautiful Butterflies

Look inside a buzzing hive of live bees. Make a craft, and search the organic garden for bees, butterflies, and other interesting insects.

July 12-Windmills and Water

See our 1930's windmill and discover how it pumped water.

August 9 - Ice Cream Social

Take a tractor ride, try old-fashioned games, and compete in hula hoop, watermelon-seed-spitting, or egg toss contests. Ice cream for sale.



PERFORMING ARTS

**San Ramon Symphonic Band Concert:
The Magical Music of Disney**

Sunday May 4 at 2pm

Dougherty Valley Performing Arts Center

Music lovers of all ages will appreciate this uplifting musical experience. The band is comprised of fifty-five talented musicians led by conductor Larry Colon. Tickets are \$6 for adults children and teens with student ID are free.



**Monkey See Monkey Do...
Family Friendly Improv!**

Sunday, May 4 at 2:00pm Tickets: \$10

Front Row Theater

This one hour short form improv show is designed especially for kids! Our family friendly show is completely made up on the spot based on audience suggestions. Best of all, kids will have opportunities to participate and a chance to be on stage and take part in the fun. What's your story?

Youth Symphony Concert

Monday, May 12 at 8pm Free

Dougherty Valley Performing Art Center

Be entertained and inspired by the San Ramon Youth Symphony under the direction of David Segó. The concert will feature 45 young musicians from the San Ramon community playing both classical and contemporary music. Appreciate the music created by this amazing ensemble of young, local talent. All ages welcome.

**San Ramon Community Chorus
Concert: Broadway and Beyond**

Friday, June 6 at 6:00pm Free

Front Row Theater

The whole family will be delighted by a night of classic Rodgers and Hammerstein songs performed by the San Ramon Community Chorus and local dancers. Admission is free but seating is limited.

**Bay Area Children's Theatre Youth
Education Program presents:**

Disney's Beauty and the Beast, Jr.

Friday, 5/23 at 7:00pm

Saturday, 5/24 at 4:00pm

Tickets: \$10

Dougherty Valley Performing Arts Center

"Be our guest" and step into the enchanted world of Disney's Beauty and the Beast, performed by the Teens of Bay Area Children's Theatre Youth Education Program. Featuring songs from the Academy Award-winning animated feature, this musical dishes out plenty of entertainment!

Wonka Kids!

Friday, 5/30 at 7:00pm

Saturday, 5/31 at 11:00am, 1:00pm, 4:00pm & 7:00pm

Sunday, 6/1 at 11:00am, 1:00pm & 4:00pm

Tickets: \$10

Dougherty Valley Performing Arts Center

Roald Dahl's timeless story of the world famous candy man and his quest to find an heir comes to life in this special musical stage adaptation performed by the 5-11 year old students.

Peter Pan Jr.

Thursday, 6/26 at 3:00pm & 7:00pm

Friday, 6/27 at 3:00pm & 7:00pm

Dougherty Valley Performing Arts Center

Tickets: \$10

Take a journey to Neverland and the world of Peter Pan, performed by the Little Performers and Summer Performers of Bay Area Children's Theatre Youth Education Program. Featuring songs from the award-winning show, this musical will keep you tapping your toes!

Robert Moses' Kin

May 10 at 8:00pm

Dougherty Valley Performing Arts Center

"Robert Moses' choreography not only moves you, it makes you want to move." - SF Gate

Founded in 1995, Robert Moses' dance company Kin is identified as one of the most important arts entities in the San Francisco Bay Area and Northern California because of its contributions to the field of live performance excellence, and its attention to provoking and meaningful themes. Robert Moses is known for creating nuanced, athletic and powerful choreography while addressing charged cultural and social issues such as hate, faith, race and gender dynamics. The company performances are combination of athletic techniques, rhythmic complexities and gestural details. They are a fusion of different styles and genres like jazz, light hip-hop, gospel music and balletic movements.

Night at the Improv

Saturday, June 21 at 8:00pm Tickets: \$10

Front Row Theater

Join San Ramon Improv U for an interactive evening of improvisational comedy. The show is created on the spot with the help of audience participation and suggestions. Oh those summer nights! Not suitable for children under 18.

Community Theater Auditions

The San Ramon Community Theater will be having an open audition for their Fall production of Treasure Island on July 21st at 7:30pm at the Dougherty Station Community Center. Call backs will be held on July 23. Rehearsals are Monday through Thursday, 7pm-9pm. Show dates in October. Check out the Community Theater website at www.sanramoncommunitytheater.org for more information.

Dougherty Station Community Center



ALL TIMES ARE SUBJECT TO CHANGE

SAN RAMON OLYMPIC POOL & AQUATIC PARK

9900 Broadmoor Drive
(925) 973-3240
Fax (925) 828-3427

Parking Permit

Parking permits are required until June 12 for pool use, Monday to Friday, 8:00am–3:00pm. Due to the number of events at California High School, parking can become an issue and parking tickets are issued. Permits may be purchased during regular office hours only. Permits cost \$1.00.

DOUGHERTY VALLEY AQUATIC CENTER

10550 Albion Road
(925) 973-3335
Fax (925) 803-0652

Parking

Parking for the Dougherty Valley Aquatic Center is located behind Venture School and next to the tennis courts. Please park here so as not to interrupt the high school.

Adaptive Equipment

Both pools are full service with ADA accessible locker rooms, easy entry stairs for entering the water, swim lifts and water wheel chairs for the enjoyment of the play pool.



Lap Swim

Swimming is the #1 exercise among American adults. Our pools are a comfortable 80°F and provide you with the opportunity to exercise at your own pace. Beginners to experts are welcome. Recreation swimming and horseplay are prohibited. Circle swimming may be enforced to accommodate more swimmers if crowded. Adults or guardians must accompany children ages 12 and under. **Children may not be left unattended on the pool deck or in the facility.**

San Ramon Olympic Pool

April – June 15

Mon, Wed, Fri 6:30am–8:30am
Mon-Fri.....11:00am–2:30pm
Mon-Thu7:00pm–8:30pm
Sat11:00am–2:00pm
Sat (May 10-June 14) ...11:00am–4:00pm
Sun (May 11-June 15) . 12:00pm–4:00pm

June 16 – August 24

Mon, Wed, Fri 6:30am–8:30am
Mon-Fri.....11:00am–2:00pm
Mon/Tue/Thu/Fri.....7:00pm–8:30pm
Sat11:00am–4:00pm
Sun..... 12:00pm–4:00pm

Dougherty Valley Aquatic Center

April – June 15

Tue..... 6:00am–8:00am
Mon, Wed, Fri4:00pm–6:30pm
Sat (May 10-June 14) ...1:00pm–5:00pm

June 16 – August 23

Tue/Thu 6:00am–8:00am
Mon-Fri..... 12:30pm–3:30pm
Mon, Wed, Fri4:00pm–6:30pm
Sat1:00pm–5:00pm

See the next page for pool entrance fees.

Recreation Swim Hours

Recreation swim is available for anyone to enjoy the water in a safe environment.

San Ramon Olympic Pool

May 10 – June 15

Sat12–4pm
Sun.....12–4pm

June 16 – August 24

M-Th (6/23-8/14 play pool only)11am–1pm
Mon-Fri.....1–4pm
Mon/Tue/Thu/Fri.....7–8:30pm
Sat (play pool only) 11am–12pm
Sat & Sun12–4pm

Dougherty Valley Aquatic Center

May 10 – June 14

Sat1–5pm

June 16 – August 23

Mon-Fri.....12:30–3:30pm
Mon/Tue/Thu/Fri.....7:30–9pm
Sat1–5pm

** Play pool closes at sunset (dusk).*

Holiday Recreation/Lap Swim Schedule

Memorial Day, May 26

San Ramon Olympic Pool
12:00pm-4:00pm (Recreation & Lap Swim)

Dougherty Valley Aquatic Center

Closed

Pool Closures

San Ramon Olympic Pool

April 26-27, July 4

Dougherty Valley Aquatic Center

May 26, July 4

Visit our website at:
www.SanRamon.ca.gov/aquatics,
or call (925) 973-3240 for more information.

ALL SWIM PASS

The ALL swim pass is a convenient, cost-effective option for lap or recreation swim. Whether or not you come by yourself or bring 10 friends, our pass system is flexible to meet your needs. Buy one pass for your whole family. All ages swim for the same price. For more information visit www.SanRamon.ca.gov/Parks or call (925) 973-3240.

Benefits:

- All Ages Swim for the Same Price
- One Pass for Recreation and Lap Swim
- Purchase Passes Online in Advance for Fast Entry on Hot Days
- Fast Entry for Pass Holders
- Receive GO Points for Multiple Swim Passes

Daily Swim Entry	10 Swim Pass	20 Swim Pass	40 Swim Pass	60 Swim Pass
\$4	\$38	\$72	\$136	\$192
All Ages	5% discount	10% discount	15% discount	20% discount

*See program information for hours and limitations for each program.

Best Value!
Only \$3.20
per swim!

It is essential that each lesson is attended to receive the full benefit of the class.

Aquatics Registration Information

- No make-up lessons or credits for missed classes are given. If a class or session is canceled by the Parks & Community Services Department, a refund credit will be issued to your account.
- Registration for swim lessons will close 3 days prior to the start of the class with the exception of Private Swim lesson registration which will close the day before.
- Once the swim lesson has begun, staff will not be able to add additional students to the class.
- Refunds are not given for weather or lack of child participation.
- Transfers between classes may only be allowed if there is room in the class and approved by the Pool Manager on duty. A \$5 processing fee or 7% will be charged.
- Refund/credit/transfer requests are allowed up to 7 days prior to the first day of class; All refunds/transfers will be charged a processing fee of \$5 for classes less than \$72, each class over \$72 will be charged 7% of the class fee. Refunds after program has started are not guaranteed.
- Please keep in mind the possibility of student progression when signing up for multiple sessions.
- Please allow an adequate amount of time to find parking and arrive to your swim lesson on time.
- Please arrive 10-15 minutes early on the first day of class to check-in and receive further information at the Swim Lesson Check-In Table.

Learn to Swim Testing Day

The City of San Ramon Aquatics Staff will be assessing all Learn-To-Swim levels for participants ages 3 to 5 and 6 to 14 on their swimming ability prior to the start of each Summer Learn-To-Swim session to assist with placing students in the correct levels. Participants must be registered for an upcoming Summer Learn-To-Swim lesson to attend any of the Testing Days. Participants will be given a Testing Day Results form after they have been assessed, to be presented on the first day of class. For your convenience, participants may attend a testing day at either facility.

San Ramon Olympic Pool	6/15, 6/22, 7/6, 7/20, 8/3	9:30 – 11:30am
Dougherty Valley Aquatic Center	6/15, 6/22, 7/6, 7/20, 8/3	3:00 – 5:00pm

Family Pass Recreation Swim

One Pass, Two Aquatic Centers

Take advantage of our best swimming value! The family pass allows family members to use the pool during designated **Recreation Swim** hours, from May 10 to September 28. Go points now available!

Full Season: 5/10 – 9/28

Family of 4 \$250(R/GO)/\$315(N)
Each Additional Family Member . . . \$34

Half Season: 7/26 – 9/28

Family of 4 \$125(R/GO)/\$155(NR)
Each additional family member. . . \$17

Pool Picnics

Have your birthday at the pool! Picnics include a semi-private shaded picnic area and access to all pools. Adult chaperons required on a 1:5 ratio. Picnic reservations can be made for the San Ramon Olympic Pool & Aquatic Park or the Dougherty Valley Aquatic Center during publicized Recreation Swim hours. For fees, please call 973-3240.

ALL reservations must be made at least 2 weeks (14 days) prior to reservation date and paid in full.

LEARN-TO-SWIM PROGRAM

Skill Levels And Requirements For Ages 3 & Up

The City of San Ramon's Learn-To-Swim Program offers comprehensive course levels that teach participants how to swim skillfully and safely. The prerequisite for each level is successful demonstration of the skills taught in the preceding level. Beginners start at the Jellyfish level, which has no prerequisites and progress through the classes in the following order: Seahorses, Turtles, Otters, Stingrays, Sharks, and Dolphins. If you have any questions, please ask an Aquatic Staff member.

The 3-5 Year Old swim lessons follow class requirements for the Jellyfish, Seahorses, Turtles, and Otter levels. All 3 year old participants are recommended to complete Learn-To-Swim Parent/Tot prior to enrolling in 3-5 Year Old lessons.

JELLYFISH

- Enter and Exit Water Independently
- Travel without support – 10 feet
- Bob (Submerge Face Underwater) – 10 times
- Blowing Bubbles – 10 Seconds
- Front Float – 5 seconds
- Flutter kick with support on front – 10 feet
- Introduction to arm strokes with support
- Back Float – 5 seconds
- Flutter kick with support on back – 10 feet
- Introduction to back stroke arms with support
- Rollover front to back and return to standing position with support
- Proper use of a life jacket in the water

SEAHORSES

- Enter water by jumping feet first from side of the pool
- Exit pool using ladder or side
- Bob while blowing bubbles – 10 times
- Front Glide – 10 feet
- Front Glide with flutter kick – 15 feet
- Freestyle – 15 feet
- Back Glide – 10 feet
- Back Glide with flutter kick – 15 feet
- Backstroke – 15 feet
- Rollover front to back and return to standing position without support
- Introduction to treading water in shallow water without support

TURTLES

- Enter water by jumping feet first into chest deep water from side of pool
- Freestyle with side breathing – 15 yards
- Backstroke – 15 yards
- Elementary Backstroke kick – 15 feet
- Arm and leg motions for treading water in deep water without support
- Move in water while wearing a life jacket

OTTERS

- Jump feet first into deep water from the side
- Bob in deep water – 10 times
- Back Float in deep water – 30 seconds
- Treading water – 30 seconds
- Change from vertical to horizontal positions on front and back in deep water
- Swim Freestyle with side breathing – 25 yards
- Swim Backstroke – 25 yards
- Swim Elementary Backstroke – 15 yards
- Demonstrate Dolphin Kick – 15 yards
- Demonstrate Scissor Kick – 15 yards
- Demonstrate Breaststroke Kick – 15 Yards

Optional Skill:

- Dive from the side from a sitting or kneeling position

STINGRAYS

- Swim underwater – 15 feet
- Survival float in deep water – 30 seconds
- Treading water – 2 minutes
- Swim freestyle – 50 yards
- Swim backstroke – 50 yards
- Swim breaststroke – 25 yards
- Swim sidestroke – 25 yards
- Swim elementary backstroke – 25 yards
- Open turn on front
- Open turn on back
- Feet first surface dive

Optional Skill:

- Dive from the side in a compact or stride position

SHARKS

- Treading water – 5 minutes
- Swim freestyle – 100 yards
- Swim backstroke – 75 yards
- Swim breaststroke – 50 yards
- Swim sidestroke – 50 yards
- Swim elementary backstroke – 50 yards
- Swim butterfly – 15 yards
- Flip turn on front
- Flip turn on back
- Tuck and pike surface dives

Optional Skill:

- Dive from side in a standing position

DOLPHINS

- Swim freestyle – 200 yards
- Swim backstroke – 100 yards
- Swim breaststroke – 50 yards
- Swim sidestroke – 50 yards
- Swim elementary backstroke – 50 yards
- Swim butterfly – 25 yards
- Breaststroke & butterfly open turns
- HELP position – 2 minutes
- Huddle position – 2 minutes
- Surface dive and retrieve object from bottom of pool
- Survival float – 5 minutes
- Back float – 5 minutes
- Swim 500 yards continuously using the strokes in the following order:
 - Freestyle – 100 yards
 - Backstroke – 100 yards
 - Breaststroke – 50 yards
 - Elementary backstroke – 50 yards
 - Sidestroke – 50 yards
 - Choice of stroke – 150 yards

Optional Skills:

- Shallow dive from side of pool
- Competitive start from diving block

DISTANCE GUIDE

Please use these distances as a reference when reading the descriptions for the learn to swim program:

10 feet =	approximately 1½ black lines	100 yards =	4 laps
15 feet =	approximately 2 black lines	200 yards =	8 laps
15 yards =	¾ across the pool	500 yards =	20 laps
25 yards =	1 lap (all the way across the pool)		
50 yards =	2 laps		
75 yards =	3 laps		

AQUATICS

Private Lessons

A private lesson is one 30-minute lesson of one-on-one instruction to meet the personal needs of students of all abilities. Students can register for a series of lessons or individually (minimum of two individual lessons is required when registering). Unless instructors are requested to teach specific skills, students will be tested during their first private lesson and are taught skills based on our normal learn to swim progressions. We are unable to accommodate requests for instructors.

Ages 3+

1 Class \$32(R/GO)/\$40(N)

San Ramon Olympic Pool

Weekdays	6/16	6/17	6/18	6/19	6/20	6/23	6/24	6/25
9:45am-10:15am	-	-	-	-	-	89847	89855	89863
10:20am-10:50am	-	-	-	-	-	89848	89856	89864
10:55am-11:25am	-	-	-	-	-	89849	89857	89865
11:30am-12:00pm	-	-	-	-	-	89850	89858	89866
4:10pm-4:40pm	89827	89831	89835	89839	89843	89851	89859	89867
5:20pm-5:50pm	89829	89833	89837	89841	89845	89853	89861	89869
5:55pm-6:25pm	89830	89834	89838	89842	89846	89854	89862	89870
Weekdays	6/26	6/30	7/1	7/2	7/3	7/7	7/8	7/9
9:45am-10:15am	89871	89879	89887	89895	90498	89903	89911	89919
10:20am-10:50am	89872	89880	89888	89896	90499	89904	89912	89920
10:55am-11:25am	89873	89881	89889	89897	90500	89905	89913	89921
11:30am-12:00pm	89874	89882	89890	89898	90501	89906	89914	89922
4:10pm-4:40pm	89875	89883	89891	89899	90502	89907	89915	89923
5:20pm-5:50pm	89877	89885	89893	89901	90503	89909	89917	89925
5:55pm-6:25pm	89878	89886	89894	89902	90504	89910	89918	89926
Weekdays	7/10	7/14	7/15	7/16	7/17	7/21	7/22	7/23
9:45am-10:15am	89927	89935	89943	89951	89959	89967	89975	89983
10:20am-10:50am	89928	89936	89944	89952	89960	89968	89976	89984
10:55am-11:25am	89929	89937	89945	89953	89961	89969	89977	89985
11:30am-12:00pm	89930	89938	89946	89954	89962	89970	89978	89986
4:10pm-4:40pm	89931	89939	89947	89955	89963	89971	89979	89987
5:20pm-5:50pm	89933	89941	89949	89957	89965	89973	89981	89989
5:55pm-6:25pm	89934	89942	89950	89958	89966	89974	89982	89990
Weekdays	7/24	7/28	7/29	7/30	7/31	8/4	8/5	8/6
9:45am-10:15am	89991	89999	90007	90015	90023	90031	90039	90047
10:20am-10:50am	89992	90000	90008	90016	90024	90032	90040	90048
10:55am-11:25am	89993	90001	90009	90017	90025	90033	90041	90049
11:30am-12:00pm	89994	90002	90010	90018	90026	90034	90042	90050
4:10pm-4:40pm	89995	90003	90011	90019	90027	90035	90043	90051
5:20pm-5:50pm	89997	90005	90013	90021	90029	90037	90045	90053
5:55pm-6:25pm	89998	90006	90014	90022	90030	90038	90046	90054

Private Lessons

Private Lessons continued, San Ramon Olympic Pool...

Weekdays	8/7	8/11	8/12	8/13	8/14
9:45am-10:15am	90055	90063	90071	90079	90087
10:20am-10:50am	90056	90064	90072	90080	90089
10:55am-11:25am	90057	90065	90073	90081	90090
11:30am-12:00pm	90058	90066	90074	90082	90091
4:10pm-4:40pm	90059	90067	90075	90083	90092
5:20pm-5:50pm	90061	90069	90077	90085	90099
5:55pm-6:25pm	90062	90070	90078	90086	90100



Dougherty Valley Aquatic Center

Weekdays	6/16	6/17	6/18	6/19	6/20	6/23	6/24	6/25
9:30am-10:00am	-	-	-	-	-	90445	90107	90108
10:05am-10:35am	-	-	-	-	-	90446	90456	90109
10:40am-11:10am	-	-	-	-	-	90447	90457	90110
11:15am-11:45am	-	-	-	-	-	90448	90458	90111
11:50am-12:20pm	-	-	-	-	-	90449	90459	90112
4:15pm-4:45pm	90093	90102	90428	90434	90440	90451	90461	90114
4:50pm-5:20pm	90094	90103	90429	90435	90441	90452	90462	90115
5:30pm-6:00pm	90095	90104	90430	90436	90442	90453	90463	90116
6:05pm-6:35pm	90096	90105	90431	90437	90443	90454	90464	90117
6:40pm-7:10pm	90097	90106	90432	90438	90444	90455	90465	90118
Weekdays	6/26	6/30	7/1	7/2	7/3	7/7	7/8	7/9
9:30am-10:00am	90466	90128	90138	90147	90509	90157	90167	90177
10:05am-10:35am	90119	90129	90139	90148	90510	90158	90168	90178
10:40am-11:10am	90120	90130	90140	90149	90511	90159	90169	90179
11:15am-11:45am	90467	90468	90469	90471	90518	90472	90473	90474
11:50am-12:20pm	90121	90131	90141	90150	90512	90160	90170	90180
4:15pm-4:45pm	90123	90133	90143	90152	90513	90162	90172	90182
4:50pm-5:20pm	90124	90134	90144	90153	90514	90163	90173	90183
5:30pm-6:00pm	90125	90135	90145	90154	90515	90164	90174	90184
6:05pm-6:35pm	90126	90136	90146	90155	90516	90165	90175	90185
6:40pm-7:10pm	90127	90137	90470	90156	90517	90166	90176	90186

It is the goal of the City of San Ramon and its Aquatic Staff to offer quality instruction to you and your family. Individuals have diverse backgrounds associated with the aquatic environment. For this reason individuals will progress at different rates. Patience and understanding is a must for everyone learning new skills. Help our swim instructors by always being positive and working with your child(ren) to learn the skills at each level. Please do not hesitate to contact the Aquatic Staff to answer any questions. Thank you for enrolling in the City of San Ramon's Learn-To-Swim Program.

AQUATICS

Private Lessons continued, Dougherty Valley Aquatic Center...

Weekdays	7/10	7/14	7/15	7/16	7/17	7/21	7/22	7/23
9:30am-10:00am	90187	90197	90207	90216	90226	90236	90246	90256
10:05am-10:35am	90188	90198	90208	90217	90227	90237	90247	90257
10:40am-11:10am	90189	90199	90209	90218	90228	90238	90248	90258
11:15am-11:45am	90475	90476	90477	90479	90480	90481	90482	90483
11:50am-12:20pm	90190	90200	90210	90219	90229	90239	90249	90259
4:15pm-4:45pm	90192	90202	90212	90221	90231	90241	90251	90261
4:50pm-5:20pm	90193	90203	90213	90222	90232	90242	90252	90262
5:30pm-6:00pm	90194	90204	90214	90223	90233	90243	90253	90263
6:05pm-6:35pm	90195	90205	90215	90224	90234	90244	90254	90264
6:40pm-7:10pm	90196	90206	90478	90225	90235	90245	90255	90265
Weekdays	7/24	7/28	7/29	7/30	7/31	8/4	8/5	8/6
9:30am-10:00am	90266	90276	90286	90296	90306	90316	90326	90336
10:05am-10:35am	90267	90277	90287	90297	90307	90317	90327	90337
10:40am-11:10am	90268	90278	90288	90298	90308	90318	90328	90338
11:15am-11:45am	90484	90485	90486	90487	90488	90489	90490	90491
11:50am-12:20pm	90269	90279	90289	90299	90309	90319	90329	90339
4:15pm-4:45pm	90271	90281	90291	90301	90311	90321	90331	90341
4:50pm-5:20pm	90272	90282	90292	90302	90312	90322	90332	90342
5:30pm-6:00pm	90273	90283	90293	90303	90313	90323	90333	90343
6:05pm-6:35pm	90274	90284	90294	90304	90314	90324	90334	90344
6:40pm-7:10pm	90275	90285	90295	90305	90315	90325	90335	90345
Weekdays	8/7	8/11	8/12	8/13	8/14			
9:30am-10:00am	90346	90355	90365	90375	90385			
10:05am-10:35am	90347	90356	90366	90376	90386			
10:40am-11:10am	90348	90357	90367	90377	90387			
11:15am-11:45am	90492	90493	90494	90495	90496			
11:50am-12:20pm	90497	90358	90368	90378	90388			
4:15pm-4:45pm	90350	90360	90370	90380	90390			
4:50pm-5:20pm	90351	90361	90371	90381	90391			
5:30pm-6:00pm	90352	90362	90372	90382	90392			
6:05pm-6:35pm	90353	90363	90373	90383	90393			
6:40pm-7:10pm	90354	90364	90374	90384	90394			
Saturdays	6/21	6/28	7/12	7/19	7/26	8/2	8/9	8/16
9:30am-10:00am	90395	90399	90403	90407	90411	90415	90419	90423
10:05am-10:35am	90396	90400	90404	90408	90412	90416	90420	90424
10:40am-11:10am	90397	90401	90405	90409	90413	90417	90421	90425
11:15am-11:45am	90398	90402	90406	90410	90414	90418	90422	90426

Private Lessons

Learn-To-Swim: Parent/Tot

Students must be accompanied by an adult for all classes. If needed, swim diapers must be worn by students. The Aquatic Staff will assess the student's abilities based on age and comfort level in the water on the first day of class. Students, with their parent's support, will begin to explore front and back floating, gliding, and kicking, as well as entering and exiting the pool. As students become comfortable with basic skills they will begin to explore using their arms and legs so they feel more comfortable with the motions of swimming. These classes are not designed to teach the student to swim independently, but to increase the comfort level of the student in and around the water.

Ages 6 months - 3 years

San Ramon Olympic Pool

5 Classes \$43(R/GO)/\$54(N)

Mon-Fri 6/16-6/20

5:20pm-5:50pm 90551

6:30pm-7:00pm 90552

\$8 Classes \$54(R/GO)/\$68(N)

Mon-Thu 6/23-7/3 7/7-7/17 7/21-7/31 8/4-8/14

10:20am-10:50am 90553 90556 90559 90562

5:20pm-5:50pm 90554 90557 90560 90563

6:30pm-7:00pm 90555 90558 90561 90564

Dougherty Valley Aquatic Center

5 Classes \$43(R/GO)/\$54(N)

Mon-Fri 6/16-6/20

4:50pm-5:20pm 90565

6:05pm-6:35pm 90566

\$8 Classes \$54(R/GO)/\$68(N)

Mon-Thu 6/23-7/3 7/7-7/17 7/21-7/31 8/4-8/14

11:15am-11:45am 90567 90570 90573 90576

4:50pm-5:20pm 90568 90571 90574 90577

6:05pm-6:35pm 90569 90572 90575 90578

4 Classes \$41(R/GO)/\$52(N) No class 7/5

Sat 6/21-7/19 7/26-8/16

10:05am-10:35am 90580 90584

10:40am-11:10am 90581 90585

11:15am-11:45am 90582 90586



Learn to Swim Classes

AQUATICS

Learn-To-Swim: 3 - 5 Year-Olds

All 3-year old students are recommended to complete Learn-to-Swim: Parent/Tot prior to this course. Please bring a progress report from a previous City of San Ramon Learn-to-Swim class or a Testing Day Results form to assist in placing students in the correct level. Learn-to-Swim 3-5 Year- Old classes are designed for students who have no experience in the water, to students who have already developed basic swimming skills. The goal of these classes is for students to gain independence and confidence in and around the water without the company of their parents. Please reference Skill Levels and Requirements for Jellyfish, Sea Horses, Turtles, and Otters for further details. Staff will be assessing levels prior to their first day of lessons. You must attend one of the following dates.

Test Dates: 6/15, 6/22, 7/6, 7/20, 8/3

San Ramon Olympic Pool: 9:30-11:30am

Dougherty Valley Aquatic Center: 3:00-5:00pm

San Ramon Olympic Pool

5 Classes \$43(R/GO)/\$54(N)

Mon-Fri	6/16-6/20
4:10pm-4:40pm	90737
4:45pm-5:15pm	90738
5:20pm-5:50pm	90739
5:55pm-6:25pm	90740
6:30pm-7:00pm	90741

8 Classes \$54(R/GO)/\$68(N)

Mon-Thu	6/23-7/3	7/7-7/17	7/21-7/31	8/4-8/14
10:55am-11:25am	90742	90749	90756	90763
11:30am-12:00pm	90743	90750	90757	90764
4:10pm-4:40pm	90744	90751	90758	90765
4:45pm-5:15pm	90745	90752	90759	90766
5:20pm-5:50pm	90746	90753	90760	90767
5:55pm-6:25pm	90747	90754	90761	90768
6:30pm-7:00pm	90748	90755	90762	90769

Dougherty Valley Aquatic Center

5 Classes \$43(R/GO)/\$54(N)

Mon-Fri	6/16-6/20
3:40pm-4:10pm	90770
4:15pm-4:45pm	90771
4:50pm-5:20pm	90772
5:30pm-6:00pm	90773
6:05pm-6:35pm	90774

8 Classes \$54(R/GO)/\$68(N)

Mon-Thu	6/23-7/3	7/7-7/17	7/21-7/31	8/4-8/14
9:30am-10:00am	90775	90783	90790	90798
10:40am-11:10am	90776	90784	90791	90799
11:50am-12:20pm	90777	90785	90792	90800
3:40pm-4:10pm	90778	90786	90793	90801
4:15pm-4:45pm	90779	90787	90794	90802
4:50pm-5:20pm	90780	90788	90795	90803
5:30pm-6:00pm	90781	90810	90796	90804
6:05pm-6:35pm	90782	90789	90797	90805

4 Classes \$41(R/GO)/\$52(N) No class 7/5

Sat	6/21-7/19	7/26-8/16
9:30am-10:00am	90806	90811
10:05am-10:35am	90807	90812
10:40am-11:10am	90808	90813
11:15am-11:45am	90809	90814



Learn to Swim Classes

Learn-To-Swim: 🐙 Jellyfish, 🐠 Seahorses, 🐢 Turtles, 🦦 Otters, 🐟 Stingrays & 🦈 Sharks

Please bring a report card from a previous City of San Ramon Learn-to-Swim class or a Testing Day Results form to assist in placing students in the correct level. Please reference Skill Levels and Requirements for Jelly Fish, Sea Horses, Turtles, Otters, Sting Rays, and Sharks for further details. Staff will be assessing levels prior to their first day of lessons. You must attend one of the following dates.

Test Dates: 6/15, 6/22, 7/6, 7/20, 8/3

San Ramon Olympic Pool: 9:30-11:30am

Dougherty Valley Aquatic Center: 3:00-5:00pm

Ages 6-14

San Ramon Olympic Pool

5 Classes \$43(R/GO)/\$54(N)

Mon-Fri	6/16-6/20
4:10pm-4:40pm	90587
4:45pm-5:15pm	90588
5:20pm-5:50pm	90589
5:55pm-6:25pm	90590
6:30pm-7:00pm	90591

8 Classes \$54(R/GO)/\$68(N)

Mon-Thu	6/23-7/3	7/7-7/17	7/21-7/31	8/4-8/14
9:45am-10:15am	90592	90601	90610	90619
10:20am-10:50am	90593	90602	90611	90620
10:55am-11:25am	90594	90603	90612	90621
11:30am-12:00pm	90595	90604	90613	90622
4:10pm-4:40pm	90596	90605	90614	90623
4:45pm-5:15pm	90597	90606	90615	90624
5:20pm-5:50pm	90598	90607	90616	90625
5:55pm-6:25pm	90599	90608	90617	90626
6:30pm-7:00pm	90600	90609	90618	90627

Dougherty Valley Aquatic Center

5 Classes \$43(R/GO)/\$54(N)

Mon-Fri	6/16-6/20
3:40pm-4:10pm	90628
4:15pm-4:45pm	90629
4:50pm-5:20pm	90630
5:30pm-6:00pm	90631
6:05pm-6:35pm	90632
6:40pm-7:10pm	90633

8 Classes \$54(R/GO)/\$68(N)

Mon-Thu	6/23-7/3	7/7-7/17	7/21-7/31	8/4-8/14
9:30am-10:00am	90634	90645	90656	90667
10:05am-10:35am	90635	90646	90657	90668
10:40am-11:10am	90636	90647	90658	90669
11:15am-11:45am	90637	90648	90659	90670
11:50am-12:20pm	90638	90649	90660	90671
3:40pm-4:10pm	90639	90650	90661	90672
4:15pm-4:45pm	90640	90651	90662	90673
4:50pm-5:20pm	90641	90652	90663	90674
5:30pm-6:00pm	90642	90653	90664	90675
6:05pm-6:35pm	90643	90654	90665	90676
6:40pm-7:10pm	90644	90655	90666	90677

4 Classes \$41(R/GO)/\$52(N) No class 7/5

Sat	6/21-7/19	7/26-8/16
9:30am-10:00am	90678	90682
10:05am-10:35am	90679	90683
10:40am-11:10am	90680	90684
11:15am-11:45am	90681	90685

AQUATICS

Learn-To-Swim: Dolphins

Please bring a report card from a previous City of San Ramon Learn to Swim class or a Testing Day Results form to assist in placing students in the correct level. Please reference Skill Levels and Requirements for Dolphins on page 9 for further details.

Ages 6-14

San Ramon Olympic Pool

5 Classes \$43(R/GO)/\$54(N)

Mon-Fri **6/16-6/20**

4:45pm-5:15pm 90686

5:55pm-6:25pm 90687

8 Classes \$54(R/GO)/\$68(N)

Mon-Thu **6/23-7/3** **7/7-7/17** **7/21-7/31** **8/4-8/14**

10:55am-11:25am 90688 90691 90694 90697

4:45pm-5:15pm 90689 90692 90695 90698

5:55pm-6:25pm 90690 90693 90696 90699

Dougherty Valley Aquatic Center

5 Classes \$43(R/GO)/\$54(N)

Mon-Fri **6/16-6/20**

3:40pm-4:10pm 90700

4:15pm-4:45pm 90701

4:50pm-5:20pm 90702

5:30pm-6:00pm 90703

6:05pm-6:35pm 90704

8 Classes \$54(R/GO)/\$68(N)

Mon-Thu **6/23-7/3** **7/7-7/17** **7/21-7/31** **8/4-8/14**

10:05am-10:35am 90705 90713 90721 90729

10:40am-11:10am 90706 90714 90722 90730

11:15am-11:45am 90707 90715 90723 90731

3:40pm-4:10pm 90708 90716 90724 90732

4:15pm-4:45pm 90709 90717 90725 90733

4:50pm-5:20pm 90710 90718 90726 90734

5:30pm-6:00pm 90711 90719 90727 90735

6:05pm-6:35pm 90712 90720 90728 90736

Learn-To-Swim: Adult/Teen

This class is designed for Adults and Teens of all abilities. In this class, individualized instruction will be provided for basic skill development. This class is designed for adults and teens to feel comfortable in the water and develop basic stroke technique. Instructors are able to work with students at their own pace.

Ages 14+

San Ramon Olympic Pool

5 Classes \$43(R/GO)/\$54(N)

Mon-Fri **6/16-6/20**

6:30pm-7:00pm 90825

8 Classes \$54(R/GO)/\$68(N)

Mon-Thu **6/23-7/3** **7/7-7/17** **7/21-7/31** **8/4-8/14**

6:30pm-7:00pm 90817 90822 90816 90823

Dougherty Valley Aquatic Center

5 Classes \$43(R/GO)/\$54(N)

Mon-Fri **6/16-6/20**

6:40pm-7:10pm 90827

8 Classes \$54(R/GO)/\$68(N)

Mon-Thu **6/23-7/3** **7/7-7/17** **7/21-7/31** **8/4-8/14**

11:15am-11:45am 90824 90815 & 90820 90818 90819

6:40pm-7:10pm 90821 90826 90828 90829

Learn-To-Swim: Introduction to Diving

For students who are comfortable in deep water and can tread water. In this class, beginner students will be introduced to proper springboard diving mechanics, the front and back dive approach, and dives in the straight, tuck, and pike positions from the 1-meter springboard. Prerequisite: Must have passed Learn-To-Swim Otters.

Ages 7-14

San Ramon Olympic Pool

5 Classes \$43(R/GO)/\$54(N)

Mon-Fri 6/16-6/20

4:10pm-4:40pm 90839

8 Classes \$54(R/GO)/\$68(N)

Mon-Thu 6/23-7/3 7/7-7/17 7/21-7/31 8/4-8/14

4:10pm-4:40pm 90840 90841 90842 90843

Dougherty Valley Aquatic Center

5 Classes \$43(R/GO)/\$54(N)

Mon-Fri 6/16-6/20

3:40pm-4:10pm 90848

8 Classes \$54(R/GO)/\$68(N)

Mon-Thu 6/23-7/3 7/7-7/17 7/21-7/31 8/4-8/14

3:40pm-4:10pm 90849 90850 90851 90852

Learn-To-Swim: Advanced Diving

For students who are comfortable in deep water, can tread water, and have prior diving experience. In this class students will continue to refine skills learned in Introduction to Diving, and be introduced to inward and reverse dives, as well as exploring diving from the 3 meter springboard.

Ages 7-14

San Ramon Olympic Pool

5 Classes \$43(R/GO)/\$54(N)

Mon-Fri 6/16-6/20

4:45pm-5:15pm 90830

8 Classes \$54(R/GO)/\$68(N)

Mon-Thu 6/23-7/3 7/7-7/17 7/21-7/31 8/4-8/14

4:45pm-5:15pm 90831 90832 90833 90834

Introduction to Water Polo

Interested in the game of water polo? This program introduces participants to the basics of the game. Skill development, knowledge, and experience are all part of this water polo experience. Prerequisite: Must have passed Learn-To-Swim Stingrays.

Ages 7-14

Dougherty Valley Aquatic Center

8 Classes \$54(R/GO)/\$68(N)

Mon-Thu 6/23-7/3 7/7-7/17 7/21-7/31 8/4-8/14

10:05am-10:35am 91035 91036 91037 91038



AQUATICS

Star Guards Aquatic Camp

The City of San Ramon's Star Guard Aquatic Camp offers participants a day of structured aquatic activities and free time for Recreation Swim. Star Guards will be introduced to water safety, lifeguarding, CPR and First Aid skills. Participants will improve in their swimming ability and be introduced to various aquatic activities, such as, water exercise, water polo, and swimming. Recreation swim will be available for participants on class days from 3pm-4pm for a reduced fee. Participants must bring a lunch with them to class. Prerequisite: Participants must be able to swim at least 25 yards to participate.

Ages 9-12

San Ramon Olympic Pool

9 Classes \$250(R/GO)/\$313(N)

Mon-Fri 6/23-7/3* 10:00 am-3:00pm Act #89821

*No class 7/4/14

10 Classes \$275(R/GO)/\$344(N)

Mon-Fri 8/4-8/15 10:00am-3:00pm Act #89822

Lifeguard Training

American Red Cross Lifeguard Training includes certifications in Lifeguarding, First Aid, CPR/AED for Lifeguards, Oxygen Administration and Preventing Disease Transmission upon successful completion of all practical skills and written tests. Prerequisite: Must be 15 years old, able to swim 300 yards non-stop, recover a 10 lb weight from 7ft of water, and tread water for 2 minutes with no hands. Eligible to apply for lifeguard jobs after completing this course. **Scholarships are available for this program!**

Ages 15+ 6 Classes \$200(R/GO)/\$250(N)

San Ramon Olympic Pool

7/7-7/19 Act# 91085

Mon, Wed 5:30pm-9:00pm

Sat 9:00am-5:00pm

WE'RE HIRING!

The City of San Ramon is currently looking for **Lifeguards, Senior Lifeguards, and Pool Managers.**

Please visit our website at www.SanRamon.ca.gov or (925) 973-2608 for more information.

Lifeguard Training • Camps

Jr. Lifeguard - Basics

An introduction course designed to physically train and mentally prepare young adults for the demanding job of lifeguarding. Throughout the course participants will be introduced to a leadership course to teach good decision making, work ethic, professionalism and develop characteristics such as leadership, responsibility, and teamwork. Participants will be introduced to First Aid/CPR as well as injury prevention. Participants will also focus on the physical aspects of what it takes to be a lifeguard. Activities include physical fitness exercises in the pool, water based rescues, and First Aid and CPR training. Fee includes a Junior Guard rash guard.

Ages 12-15

16 Classes \$200(R/GO)/\$250(N)

San Ramon Olympic Pool

Mon-Thu 6/23-7/17 1:00pm-4:00pm Act #89818

Mon-Thu 7/21-8/14 1:00pm-4:00pm Act #89819

Dougherty Valley Aquatic Center

Mon-Thu 6/23-7/17 1:00pm-4:00pm Act #89820

Jr. Lifeguard - Advanced

This course will put the skills from the Basics program to work while continuing to further train and prepare for the demanding job of lifeguarding. This course will introduce advanced lifeguarding skills, including; rescues, First Aid and CPR. Participants will build their leadership and teamwork skills as well as training for the physical aspects of the job. Upon completion participants should have the knowledge and ability to become a lifeguard. Fee includes a Junior Guard T-Shirt. Prerequisite: Must have completed Junior Lifeguard - Basics.

Ages 12-15

16 Classes \$200(R/GO)/\$250(N)

San Ramon Olympic Pool

Mon-Thu 7/21-8/14 1:00pm-4:00pm Act #89816

Dougherty Valley Aquatic Center

Mon-Thu 7/21-8/14 1:00pm-4:00pm Act #89817





PRESCHOOL 0 - 4

ART - VISUAL

Art Fun for Mom & Me

Instructor: Sharon Barker
Spend quality time with your child while creating keepsakes based on a theme of the week. We paint, glue, draw and do 4-5 clever art projects each week that are fun and engaging for little hands. Parent participation is required. Dads are welcome too! \$14 materials fee. Themes will include: Fireworks and Sparkle, Animal Extravaganza, Sizzling Summertime and Paint Party.

Ages 2-5 4 Classes \$59(R/GO)/\$74(N)

Dougherty Station Community Center

Sat 6/21-7/19* 10:00am-11:00am Act #89576

*No class 7/5

Summertime Toddler Art

Instructor: Sharon Barker
We will create beautiful and fun works of art using a variety of mediums and gadgets. Students will collage, make sculptures, sponge, stamp and create with other conventional and UN-conventional tools. Subjects include animals, landscapes, people, plants, and more. \$25 materials fee.

Ages 3-4 6 Classes \$79(R/GO)/\$99(N)

Dougherty Station Community Center

Thu 7/24-8/28 5:45pm-6:30pm Act #89662



ART - PERFORMING

Itty Bitty Creative Dance

Instructor: Christie Tomlinson
A perfect first dance class. Young dancers will learn the basics of ballet and jazz while developing motor and social skills. Includes kicks and jumps, creative dance movement, and memory games. Boys and girls welcome.

Ages 3-4 8 Classes \$108(R/GO)/\$135(N)

Dougherty Station Community Center

Wed 6/18-8/13* 1:00-1:45pm Act #91126

*No class 7/23.

Pee Wee Jazz & Tap

Instructor: All 4 Dance
Dance is fun!! Let's dance in a nurturing, creative and engaging atmosphere! An introduction to the basics of jazz, tap and rhythms of familiar songs by clapping and vocalizing the beats. High energy rhythm and movement will enhance coordination and build confidence. See confirmation receipt for specific attire required.

Ages 4-5 4 Classes \$52(R/GO)/\$65(N)

Dougherty Station Community Center

Sat 6/21-7/12 11:15am-12:00pm Act #91423

Pre-Ballet

Instructor: Christie Tomlinson
Introduce your child to the beautiful & fun world of ballet! Basic ballet positions and steps such as pointe, flex and plie will be taught. Emphasis will be on balance, coordination, flexibility and enjoyment! Students must be potty trained. See confirmation receipt for specific attire required. \$5 materials fee.

Ages 3-4 8 Classes \$108(R/GO)/\$135(N)

Dougherty Station Community Center

Tue 6/17-8/12* 2:30pm-3:15pm Act #91136

*No class 7/22

Pre-Ballet Continuation

Instructor: Christie Tomlinson
Emphasis will be on perfecting ballet positions and basic ballet steps. Additional steps and routines will be incorporated. Requires instructor approval. See confirmation receipt for specific attire required. \$5 materials fee.

Ages 4-5 8 Classes \$108(R/GO)/\$135(N)

Dougherty Station Community Center

Tue 6/17-8/12* 3:20pm-4:05pm Act #91139

*No class 7/22

Pre-Ballet II

Instructor: All 4 Dance
Pre-Ballet II is for students who have previously taken Pre-Ballet I with Miss Heather for one year. Participants will improve their basic techniques and flexibility as they begin to learn simple dance combinations. See confirmation receipt for specified attire required.

Ages 4-5 4 Classes \$52(R/GO)/\$65(N)

Dougherty Station Community Center

Sat 6/21-7/12 1:20pm-2:20pm Act #91446

Suzuki Piano 1

Instructor: Mary Chung Lee
An introduction to the piano keyboard through theory games, group playing and identifying notes. Experience music through singing, listening and moving. A piano or keyboard is recommended. Need to know & write the alphabet from A to G. Parent must stay in class, no unregistered siblings allowed. \$20 supply fee.

Ages 4-6

8 Classes \$149(R/GO)/\$186(N)

Dougherty Station Community Center

Tue, Thu 7/29-8/21 10:00am-11:00am Act #91145

Kindermusik

Instructor: Kindermusik with Miss Lindsay & Friends, Inc.

Kindermusik Adventures: Peekaboo, I Love You!

In this special camp, uncover more ways to say I love you using American Sign Language, soap bubbles, peek-a-boo games, and parent-baby dances. You'll also get to meet other babies and families in the community and learn how music improves your child's development process. \$35 materials fee is payable to Kindermusik on the first day of class and includes: Peekaboo, I Love You! boardbook, Home CD, duck wash mitt, baby duck Gertie ball, and poster.

Ages 1-18 months 5 Classes \$90(R/GO)/\$113(N)

Dougherty Station Community Center

Fri 6/27-8/1* 9:30am-10:15am Act #91239
*No class 7/4

Kindermusik Wiggle & Grow: Beach Days

Grab your beach ball and join us at the beach! Crabs are scuttling, toes are wiggling, waves are crashing, and the sun is shining. We'll enjoy favorite songs and dances, do an Octopus Hula, jump on a banana boat, and then snuggle up and happily relax to gentle beach sounds and songs. \$11 online materials fee is payable to Kindermusik on the first day of class and includes: 23 music downloads, the story 1, 2, 3, Octopus & Me, and more activities to enjoy at home.

5 Classes \$90(R/GO)/\$113(N)

Dougherty Station Community Center

Families: Ages 1 month-4 years

(10 months & younger attend free with an enrolled sibling)

Thu 6/26-7/31* 10:30am-11:15am Act #91236

*No class 7/3

Thu 8/7-9/4 10:30am-11:15am Act #91237

Fri 6/27-8/1* 11:30am-12:15pm Act #91238

*No class 7/4

Ages 18 months-3 years

Fri 6/27-8/1* 10:30am-11:15am Act #91295

*No class 7/4

Kindermusik Move & Groove: Jumping Beans

Take a walk in the rainforest of Latin America where we will discover musical patterns in motion and music making. An introduction to musical notation with be tucked into stories and pretend play activities. The activities also emphasize expressive movement and dramatic play as children sing, move, and play to music and folklore about Mexican jumping beans as well as a story about different Latin American instruments. So much fun learning will have everyone shouting, Ole! \$11 online materials fee is payable to Kindermusik on the first day of class and includes: 20 music downloads, the story A Quieter Instrument, and more activities to enjoy at home.

Ages 3-5 5 Classes \$90(R/GO)/\$113(N)

Dougherty Station Community Center

Thu 6/26-7/31* 9:30am-10:15am Act #91233

*No class 7/3

Thu 8/7-9/4 9:30am-10:15am Act #91234

Fri 6/27-8/1* 3:30pm-4:15pm Act #91235

*No class 7/4

ENRICHMENT

Storytime with the Farmer

Calling all little Farmers--it is time for stories and more at Forest Home Farms Historic Park. Join us to hear stories and sing songs about life on the farm. Today will be all about plants and how the summer vegetables are growing in the garden. Children must be accompanied by an adult, but only children need to register.

Ages 3-5 \$5(R/GO)/\$6(N)

Forest Home Farms Historic Park

Wed 6/18 10:00am-11:00am Act #91430

Petite Chefs

Instructor: Tess Reyes

Are you ready to learn some food preparation and basic cooking skills? Well, this is the class for you! Learn how to chop, cube and even layer ingredients to make delicious meals. We can have tacos, wonton lasagne and much much more in no time. Bring your apron to class and let's get cooking!

Ages 4-6 4 Classes \$150(R/GO)/\$188(N)

Dougherty Station Community Center

Mon-Thu 6/30-7/3 10:00am-12:00pm Act #89642

Parent and Me Gymnastics

Instructor: California Gymnastic Services

This popular class will enhance children's motor development and confidence. Emphasis is placed on movement, rolling, climbing, handing and jumping. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, rhythm sticks, tunnels, and various other equipment. Parent participation is required.

Ages 16-35 months 6 Classes \$84(R/GO)/\$105(N)

Dougherty Station Community Center

Mon 6/9-7/14 3:00pm-3:45pm Act #89637

Mon 7/21-8/25 3:00pm-3:45pm Act #89638

Pee Wee Preschool Gymnastics

Instructor: California Gymnastic Services

This class teaches beginning gymnastics and tumbling skills. Students will flip over the opportunity to learn the basics of all gymnastic events, as well as additional skills to enhance strength, coordination, agility, and confidence. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, rhythm sticks, tunnels, and various other equipment.

Ages 4-5 6 Classes \$84(R/GO)/\$105(N)

Dougherty Station Community Center

Mon 6/9-7/14 4:30pm-5:15pm Act #89640

Mon 7/21-8/25 4:30pm-5:15pm Act #89641





Tiny Tumblers Gymnastics

Instructor: California Gymnastic Services
This class is designed to enhance your child's motor development skills, balance, coordination, and confidence. Emphasis is placed on developing beginning gymnastic skills in a fun and social environment and also introducing children to learn to participate in a structured class without their parents. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, rhythm sticks, tunnels, and various other equipment.

Age 3 6 Classes \$84(R/GO)/\$105(N)

Dougherty Station Community Center

Mon 6/9-7/14 3:45pm-4:30pm Act #89664
Mon 7/21-8/25 3:45pm-4:30pm Act #89665

Little Lits

Instructor: Meera Sriram
This class emphasizes early literacy in children to prepare them for a lifelong love of reading. Theme-based sessions introduce vital language and pre-reading skills through wonderful read-alouds, songs, storyboards, movement and finger play. This gentle and interactive class will end with a small stay & read time. You will take home songs to sing, book titles to read, and ideas for simple activities. A parent or caregiver must stay in class. No unregistered siblings.

Ages 18-42 months 6 Classes \$75(R/GO)/\$94(N)

Dougherty Station Community Center

Wed 6/25-7/30 10:00am-10:45am Act #89610

SPORTS

Little Dribblers

Designed to introduce the sport of basketball and develop motor skills and eye-hand coordination through fun drills and games. Young hoopsters will learn the fundamentals of bouncing, catching, and shooting. Low hoops and small basketballs will be used.

Ages 3-4 4 Classes \$40(R/GO)/\$50(N)

Dougherty Station Community Center

Tue 6/24-7/15 4:00pm-4:45pm Act #91156
Tue 7/22-8/12 5:00pm-5:45pm Act #91157

Pine Valley Gym

Thu 7/24-8/14 5:00pm-5:45pm Act #91158

Kidz Love Soccer: Mommy/Daddy & Me Soccer

Instructor: Kidz Love Soccer
Introduce your toddler to the 'World's Most Popular Game!' As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines!

Ages 2-42 months 8 Classes \$97(R/GO)/\$122(N)

Quail Run School

Sat 6/21-8/16 4:15pm-4:45pm Act #91280
No class 7/5

Central Park

Wed 6/18-8/6 5:20pm-5:50pm Act #91281

Kidz Love Soccer: Tot Soccer

Instructor: Kidz Love Soccer
Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting.

Ages 42 mons-4 8 Classes \$97(R/GO)/\$122(N)

Quail Run School

Sat 6/21-8/16* 4:55pm-5:25pm Act #91286
*No class 7/5

Central Park

Wed 6/18-8/6 4:00pm-4:30pm Act #91287

Skyhawks Baseball Class-Ages 3-4

Instructor: Skyhawks Sports Academy
Designed for children ages 3-4, this camp introduces the essentials of baseball. Through games and activities, participants explore balance, hand/eye coordination and skill development. Children must be toilet trained in order to participate. The coach-to-participant ratio is approximately 6:1.

Ages 3-4 4 Classes \$49(R/GO)/\$62(N)

Valley View Park

Mon-Thu 7/21-7/24 4:00pm-4:45pm Act #91294

Skyhawks Golf Class-Ages 3-4

Instructor: Skyhawks Sports Academy
Designed for children ages 3-4, this class introduces the essentials of golf. Through games and activities, participants explore balance, hand/eye coordination and skill development. Children must be toilet trained in order to participate. The coach-to-participant ratio is approximately 6:1.

Ages 3-4

4 Classes \$49(R/GO)/\$62(N)

Valley View Park

Mon-Thu 7/7-7/10 4:00pm-4:45pm Act #91299

Mon-Thu 6/16-6/19 4:00pm-4:45pm Act #91300

Tennis: Pee Wee Level I

Instructor: Kris Milligan
Learn the newest way, endorsed by USTA! Fun skill building drills help children build confidence and learn the sport on a 36' court using low compression balls. Games and contests round out the program.

Ages 3-4

4 Classes \$76(R/GO)/\$95(N)

Dougherty Valley High School

Wed 6/18-7/9 8:10am-8:55am Act #91342

Wed 7/16-8/6 8:10am-8:55am Act #91343

Sat 6/21-7/19* 8:10am-8:55am Act #91344

*No class 7/5

Sat 7/26-8/16 8:10am-8:55am Act #91345



ELEMENTARY 5-10

ARTS - PERFORMING

Gotta Sing

Instructor: Cynthia Beckman

A unique, on-stage opportunity for singers, actors, and those who desire to build confidence and self-esteem. Gotta Sing coaches basic and advanced secrets of professional performers. Learn how to "Become the Star You Are", tell lyrical stories, engage audiences, improve stage presence, and grow in vocal diction. An on-stage performance will be held on the final evening. \$20 materials fee.

Ages 8-12

8 Classes \$145(R/GO)/\$181(N)

Dougherty Station Community Center

Mon 6/23-8/11 6:00pm-7:00pm Act #91119

Guitar & Bass

Instructor: Marvin Ibe

Learn to play the Guitar today! Lessons will cover how to read guitar tablature, standard music notation, chord symbols and fret board diagrams. Instructor Marvin Ibe has a BA in Music and experience teaching all levels. Participants bring their own acoustic or electric guitar and amplifier. Alfred's Guitar Method Vol. 1 must be purchased for the curriculum of the class.

Ages 8-15

8 Classes \$95(R/GO)/\$119(N)

Dougherty Station Community Center

Guitar 1A

Designed for those with no experience playing the guitar or any other instrument. Lessons will cover how to read guitar tablature, standard music notation, chord symbols and fret board diagrams.

Wed 6/18-8/6 1:30pm-2:25pm Act #91120

Wed 6/18-8/6 2:30pm-3:25pm Act #91121

Suzuki Violin

Instructor: Ying Quan

Introduce your youngster to the joys of the violin. Students will learn to hold the violin correctly, practice holding the bow and will learn to play simple rhythms. The basic fundamentals of music will be covered. Parental participation in class and practice at home with the child is necessary. \$20 materials fee.

Ages 5-7

9 Classes \$180(R/GO)/\$225(N)

Dougherty Station Community Center

Fri 6/13-8/8 3:15pm-4:00pm Act #91146

Guitar 1B

Ideal for returning guitar students and/or students that have experience playing another instrument and/or middle/high school students who would like to learn at a faster pace. Lessons will cover the application of scales, bass lines and harmony as well as standard guitar songs in blues, jazz, rock, metal and other styles.

Wed 6/18-8/6 3:30pm-4:25pm Act #91122

Guitar 2

Ideal for returning guitar students who already have basic understanding of some chords, scales and tablature. Emphasis is on song learning and playing. Opportunity to play along with drum tracks and bass guitar available as well. Learn scales, bass lines and harmony, along with standard guitar songs in blues, jazz, rock, metal and more styles.

Wed 6/18-8/6 4:30pm-5:25pm Act #91123

Ballet I

Instructor: Christie Tomlinson

Stay on your toes! Designed for the beginning ballet student, emphasis will be placed on technique and fun! Basic barre exercises, stretches and ballet positions will be taught. See confirmation receipt for specific attire required. \$5 materials fee.

Ages 5-9

10 Classes \$144(R/GO)/\$180(N)

Community Center at Central Park

Tue 6/17-8/19 4:30pm-5:30pm Act #91096

Ballet I

Instructor: All 4 Dance

This class will teach the correct placement of the body, legs and feet with the coordination of the head and arms. Class will include introduction to barre practice, turns and leaps. See confirmation receipt for specific attire required.

Ages 5-6

4 Classes \$59(R/GO)/\$74(N)

Dougherty Station Community Center

Sat 6/21-7/12 12:30pm-1:15pm Act #91417

Ballet II

Instructor: Christie Tomlinson

A continuing technique class for beginning students who have knowledge of the basic ballet positions and have previously taken the Ballet I class for at least a year or more. Classical ballet technique will be introduced with an emphasis on proper placement and increasing overall flexibility and strength. This class requires instructor approval. See confirmation receipt for specific attire required. \$5 materials fee.

Ages 6-11

8 Classes \$116(R/GO)/\$145(N)

Dougherty Station Community Center

Wed 6/18*-8/13 2:00pm-3:00pm Act #91269

*No class 7/23

Hip Hop

Instructor: Studio 8 Dance

Hip hop class designed for kids! Participants will learn fun and funky moves to age appropriate hip hop music that will keep them moving. Class will encourage creativity, imagination, coordination and rhythm, while learning basic hip hop technique. Performance on the last day of class.

Ages 4-7 6 Classes \$96(R/GO)/\$120(N)

Community Center at Central Park

Thu 7/10-8/21 5:00pm-6:00pm Act #91124

Irish Dance - Beginning

Instructor: Valerie Deam

Students will learn basic reel and jig steps. Emphasis is put on correct posture and hand positions, foot placement, and timing and lifting techniques. Individual and group dances will be taught. Irish dance shoes are not required.

Ages 5-10 6 Classes \$54(R/GO)/\$68(N)

Community Center at Central Park

Fri 6/20-8/1* 4:30pm-5:30pm Act #91411

**No class 7/4*

Irish Dance - Intermediate

Instructor: Valerie Deam

Learn intermediate level slipjigs and reels, as well as an introduction to hard shoe dances and figure dances. Emphasis will be put on performance and stage skills. Soft Irish dance shoes are required for this class. Students must have taken Beginning Irish Dance.

Ages 6-12 6 Classes \$54(R/GO)/\$68(N)

Community Center at Central Park

Fri 6/20-8/1 5:30pm-6:30pm Act #91414

**No class 7/4*

Jazz Dance I

Instructor: Christie Tomlinson

Explore the exciting world of jazz dance! Class will begin with a warmup for flexibility and coordination and floor work for strength. A variety of steps will be learned and combined to make a dance routine. See confirmation receipt for specific attire required. \$5 materials fee.

Ages 5-10 10 Classes \$144(R/GO)/\$180(N)

Community Center at Central Park

Tue 6/17-8/19 6:30pm-7:30pm Act #91127

Jazz Dance II

Instructor: Christie Tomlinson

Does your child love jazz dance? Your dancer will increase their vocabulary with an introduction to a variety of turns and leaps and the methods and mechanics to stronger dancing. A continuing technique class for advanced beginner dancers. Instructor permission required before enrolling. See receipt for specific attire required. \$5 materials fee.

Ages 8-13 10 Classes \$144(R/GO)/\$180(N)

Community Center at Central Park

Wed 6/18- 8/20 4:20pm-5:20pm Act #91268

Pop Jazz Dance

Instructor: Margherita Ryan

Beginner level dance class fusing jazz and hip hop dance with fun, high energy choreography created to the latest Top 40 age appropriate music. Ideal class to learn basic dance vocabulary and get a fun workout. Performance last day of class.

Ages 8-12 10 Classes \$145(R/GO)/\$181(N)

Dougherty Station Community Center

Wed 6/18-8/20 6:00pm-7:00pm Act #91134

Tap I

Instructor: Christie Tomlinson

Tip, tap, toe, it's off to Tap we go! This beginning class emphasizes basic tap steps such as shuffles and flaps. Learn fun routines with combinations of tap moves. See confirmation receipt for specific attire required. \$5 materials fee.

Ages 5-8 10 Classes \$136(R/GO)/\$170(N)

Community Center at Central Park

Tue 6/17-8/19 5:35pm-6:20pm Act #91149

Tap II/III

Instructor: Christie Tomlinson

For students who have one year or more of tap dance experience. Emphasis will be placed on perfecting steps learned in previous tap classes. New steps and routines will be introduced which will culminate in a fun routine. Instructor permission is required for this class. See confirmation receipt for specific attire required.

Ages 8+ 8 Classes \$108(R/GO)/\$135(N)

Dougherty Station Community Center

Wed 6/18-8/13* 3:05pm-3:50pm Act #91298

**No class 7/23*

Turns, Jumps & Leaps

Instructor: All 4 Dance

A fun and energetic class that's recommended for all children that have danced with Miss Heather or plan to take dance classes in the Fall. Participants will review turning and jumping techniques along with leaps across the floor. Both ballet and jazz style will be covered.

Ages 4-10 4 Classes \$59(R/GO)/\$74(N)

Dougherty Station Community Center

Sat 6/21-7/12 2:30pm-3:30pm Act #91425

ARTS - VISUAL

Acrylic Painting for Youth

Instructor: Tess Reyes

Experience a medium that is like watercolor and oil paints combined. We will create beautiful works of art on canvas. Acrylic paint medium will be supplied by Instructor. See confirmation receipt for supply list.

Ages 6-11 4 Classes \$75(R/GO)/\$86(N)

Dougherty Station Community Center

Mon-Thu 7/28-7/31 11:00am-12:00pm Act #91093

Boundless Basic Drawing

Instructor: Tess Reyes

This fun and rewarding class uses techniques which enable children to understand the basic foundations of drawing. See confirmation receipt for supply list.

Ages 6-11 4 Classes \$60(R/GO)/\$74(N)

Community Center at Central Park

Mon-Thu 7/14-7/17 9:30am-10:30am Act #91108

Colored Pencil Drawing & Art Sticks

Instructor: Tess Reyes

It's never too early to encourage artistic talent! Children will learn advanced drawing techniques, detailing and shading with colored pencils and art sticks to create a work worth framing and displaying. Art sticks are wooden hard art pencils that may be blended easily, and will be provided. See confirmation receipt for supply list.

Ages 6-11 4 Classes \$65(R/GO)/\$80(N)

Community Center at Central Park

Mon-Thu 7/14-7/17 10:30am-11:30am Act #91114

Oil Pastels

Instructor: Tess Reyes

Oil pastels are a fun and easy medium. Learn how to draw easily incorporating the technique of mixing colors just like oil painting. Create simple subjects into wonderful pieces of art. Pastels will be supplied by the teacher. See confirmation receipt for supply list.

Ages 5-12 4 Classes \$70(R/GO)/\$86(N)

Dougherty Station Community Center

Mon-Thu 7/28-7/31 10:00am-11:00am Act #91132

Critters 'n Clay™

Instructor: Hilary Ford

A delightful hour integrating science, sculpting and children's literature! Learn about a different animal each day, sculpt it out of clay, and wrap things up with a story about the "critter du jour". Basic sculpting and glazing techniques will be taught for all 4 creations. Participants attend class 4 consecutive days, and then return the following week for the final class to glaze projects. New animals will be covered each session. \$25 materials fee.

Ages 54 months-10 5 Classes \$89(R/GO)/\$111(N)

Dougherty Station Community Center

Mon-Thu 6/23-6/26, 6/30 1:00pm-2:00pm Act #91116

Mixed Media Art

Instructor: Tess Reyes

Let's Paint! Let's Draw! This is a class that will produce pieces of great art using different kinds of art materials, from oil pastels mixed with water color or pen and ink with water colors. Art Masterpieces will surely be achieved in this learning adventure. See confirmation receipt for supply list.

Ages 6-11 4 Classes \$65(R/GO)/\$77(N)

Community Center at Central Park

Mon-Thu 7/14-7/17 11:30am-12:30pm Act #91310

Watercolor for Kids

Instructor: Tess Reyes

Learn different watercolor techniques and achieve art worth framing. You'll be amazed at what you can do with a few easy moves. Watercolor is lots of fun! Watercolor set provided by the Instructor. See confirmation receipt for supply list.

Ages 6-11 4 Classes \$70(R/GO)/\$86(N)

Dougherty Station Community Center

Mon-Thu 7/28-7/31 9:00am-10:00am Act #91155

Summertime Drawing & Painting

Instructor: Sharon Barker

Breeze through the summer while exploring new drawing and painting techniques. Learn how to draw marine, jungle, savanna and desert animals and incorporate them into landscapes of their natural habitat. Improve your drawing and painting skills as we use mediums like colored pencils, watercolors, tempera and more. Discover how the same landscape can change dramatically through the seasons in your art. Participants receive a hard-bound journal to use in class. \$25 supply fee.

Ages 6-10 6 Classes \$109(R/GO)/\$136(N)

Dougherty Station Community Center

Wed 6/25-7/30 6:00pm-7:00pm Act #91144

ENRICHMENT

Kids Carpentry

Instructor: John Baker

The safe use of hand tools is emphasized while kids work together on boats, trucks, bird feeders, clocks, doll furniture, airplanes, and games. They also gain quality experiences in measuring, applied mathematics, and hands on experience with a variety of carpentry tools. A \$38 materials fee is payable to the Instructor on the first day of class.

4 Classes \$120(R/GO)/\$150(N)

Dougherty Station Community Center

Ages 5-7

Mon-Thu 7/21-7/24 10:30am-12:00pm Act #91240

Mon-Thu 7/28-7/31 10:30am-12:00pm Act #91243

Mon-Thu 8/4-8/7 10:30am-12:00pm Act #91246

Ages 6-12

Mon-Thu 7/21-7/24 12:30pm-2:00pm Act #91241

Mon-Thu 7/21-7/24 2:00pm-3:30pm Act #91242

Mon-Thu 7/28-7/31 12:30pm-2:00pm Act #91244

Mon-Thu 7/28-7/31 2:00pm-3:30pm Act #91245

Mon-Thu 8/4-8/7 12:30pm-2:00pm Act #91247

Mon-Thu 8/4-8/7 2:00pm-3:30pm Act #91248

SPORTS

Little Dribblers I

Designed to introduce the sport of basketball and develop motor skills and eye-hand coordination through fun drills and games. Young hoopsters will learn the fundamentals of bouncing, catching, and shooting. Low hoops and small basketballs will be used.

Ages 5-6

4 Classes \$40(R/GO)/\$50(N)

Dougherty Station Community Center

Tue 6/24-7/15 5:00pm-5:45pm Act #91159

Tue 7/22-8/12 6:00pm-6:45pm Act #91160

Little Dribblers II

This class develops a youngster's knowledge and ability to participate in an age appropriate game of basketball! Building upon skills learned from Dribblers I, children will be introduced to Man to Man and Zone defense basics. With scrimmages held each class, this will be a great introduction to our Youth Hoops program and its rules.

Ages 5-6

4 Classes \$50(R/GO)/\$63(N)

Pine Valley Gym

Wed 6/25-7/16 5:00pm-6:00pm Act #91161

Thu 7/24-8/14 5:00pm-6:00pm Act #91162

Little Dribblers III

This class develops a hoopster's knowledge and ability to participate in an age appropriate game of basketball! Children will be introduced to defensive and offensive skills and concepts. 3 on 3 and 5 on 5 scrimmages each class will introduce the flow and excitement of a real basketball game!

Ages 7-8

4 Classes \$50(R/GO)/\$63(N)

Pine Valley Gym

Wed 7/23-8/13 5:00pm-6:00pm Act #91163

Japan Karate-Do (Karate-Do)

Instructor: Carl Hultin, Jr., Jon Chin

Join our Traditional Karate program and discover the fun and challenges of Karate-Do! Our program instills politeness, discipline and self-esteem in the student's lives as they work towards earning their Black Belt. Our motto is "Achieving Excellence Through Efforts." Includes fun, action-packed activities to build strength, balance and coordination.

Alcosta Senior and Community Center

Beginner: White Belts-Orange Belts

Ages 5-11 5 Classes \$45(R/GO)/\$57(N)

Tue 7/1-7/29 4:30pm-5:15pm Act #91199

Fri 8/1-8/29 4:30pm-5:15pm Act #91203

Tue 9/2-9/30 4:30pm-5:15pm Act #91205

Ages 5-11 2 Classes \$27(R/GO)/\$34(N)

Fri 7/18-7/25 4:30pm-5:15pm Act #91200

Ages 5-11 4 Classes \$36(R/GO)/\$45(N)

Tue 6/3-6/24 4:30pm-5:15pm Act #91540

Fri 6/6-6/27 4:30pm-5:15pm Act #91543

Tue 8/5-8/26 4:30pm-5:15pm Act #91202

Fri 9/5-9/26 4:30pm-5:15pm Act #91206

All Belts

Ages 5-13 2 Classes \$27(R/GO)/\$34(N)

Sat 7/19-7/26 10:00am-10:45am Act #91201

Ages 5-13 5 Classes \$45(R/GO)/\$57(N)

Sat 8/2-8/30 10:00am-10:45am Act #91204

Ages 5-13 4 Classes \$36(R/GO)/\$45(N)

Sat 6/7-6/21 10:00am-10:45am Act #91206

Sat 9/6-9/27 10:00am-10:45am Act #91207

Intermediate: Blue Belts-Green Belts

Ages 6-14 5 Classes \$45(R/GO)/\$57(N)

Tue 7/1-7/29 5:30pm-6:15pm Act #91208

Fri 8/1-8/29 5:30pm-6:15pm Act #91211

Tue 9/2-9/30 5:30pm-6:15pm Act #91212

Ages 6-14 2 Classes \$27(R/GO)/\$34(N)

Fri 7/18-7/25 5:30pm-6:15pm Act #91209

Ages 6-14 4 Classes \$36(R/GO)/\$45(N)

Tue 6/3-6/24 5:30pm-6:15pm Act #91241

Fri 6/6-6/27 5:30pm-6:15pm Act #91244

Tue 8/5-8/26 5:30pm-6:15pm Act #91210

Fri 9/5-9/26 5:30pm-6:15pm Act #91213

Advanced: Red Belts-Black Belts

Ages 7-16 5 Classes \$45(R/GO)/\$57(N)

Tue 7/1-7/29 6:30pm-7:30pm Act #91214

Fri 8/1-8/29 6:30pm-7:30pm Act #91217

Tue 9/2-9/30 6:30pm-7:30pm Act #91218

Ages 7-16 2 Classes \$27(R/GO)/\$34(N)

Fri 7/18-7/25 6:30pm-7:30pm Act #91215

Ages 7-16 4 Classes \$36(R/GO)/\$45(N)

Tue 6/3-6/24 6:30pm-7:30pm Act #91542

Fri 6/6-6/27 6:30pm-7:30pm Act #91545

Tue 8/5-8/26 6:30pm-7:30pm Act #91216

Fri 9/5-9/26 6:30pm-7:30pm Act #91219

Tae Kwon Do

Instructor: Pyoung Koo

Self defense is the lesson plan, but we teach children how to honor themselves and their fellow man. Students will improve respect and a positive attitude, develop self confidence, self control and patience, concentration and discipline.

Instructor Master Koo and the staff of Koo's Marital Arts Academy.

Ages 5-12

Alcosta Senior and Community Center

Beginners-White to Yellow Belts

Ages 5-12

9 Classes \$99(R/GO)/\$124(N)

Wed, Mon 7/2-7/30 5:00pm-5:45pm Act #91220

8 Classes \$88(R/GO)/\$110(N)

Mon, Wed 8/4-8/27 5:00pm-5:45pm Act #91221

Wed, Mon 9/3-9/29 5:00pm-5:45pm Act #91222

Intermediate I - Yellow to Green Belts

9 Classes \$99(R/GO)/\$124(N)

Wed, Mon 7/2-7/30 5:55pm-6:40pm Act #91223

8 Classes \$88(R/GO)/\$110(N)

Mon, Wed 8/4-8/27 5:55pm-6:40pm Act #91224

Wed, Mon 9/3-9/29 5:55pm-6:40pm Act #91225

Intermediate II - Blue Belts & Up

9 Classes \$99(R/GO)/\$124(N)

Wed, Mon 7/2-7/30 6:50pm-7:35pm Act #91226

8 Classes \$88(R/GO)/\$110(N)

Mon, Wed 8/4-8/27 6:50pm-7:35pm Act #91227

Wed, Mon 9/3-9/29 6:50pm-7:35pm Act #91228

Golf: Youth

Instructor: San Ramon Golf Club

Basic golf instruction covering proper grip, stance and swing. Rules of golf and etiquette will be stressed.

Ages 8-10 4 Classes \$85(R/GO)/\$107(N)

San Ramon Golf Course

Sat 6/21-7/19* 2:00pm-3:00pm Act #91197

Sat 7/26-8/16 2:00pm-3:00pm Act #91198

*No class 7/5/14.

Kidz Love Soccer: Pre-Soccer

Instructor: Kidz Love Soccer

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment.

Ages 4-5 8 Classes \$97(R/GO)/\$122(N)

Quail Run School

Sat 6/21-8/16 5:30pm-6:05pm Act #91282

No Class 7/5

Central Park

Wed 6/18-8/6 4:35pm-5:10pm Act #91283

Kidz Love Soccer: Soccer 1

Instructor: Kidz Love Soccer

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually.

Ages 5-6 8 Classes \$97(R/GO)/\$122(N)

Quail Run School

Sat 6/21-8/16* 3:20pm-4:05pm Act #91284

*No class on 7/5

Central Park

Wed 6/18-8/6 6:00pm-6:45pm Act #91285

One On One Basketball Training

Instructor: One On One Basketball

One on One Basketball has helped thousands of players at all levels improve their game through our programs. Ball handling, shooting, defensive and offensive footwork, passing, and rebounding are some of the elements of focus during these sessions. We look forward to working with your aspiring basketball player.

8 Classes \$125(R/GO)/\$157(N)

Iron Horse Gym

Ages 11-15

Thu 6/19-8/14* 5:00pm-6:00pm Act #91288

Ages 8-10

Tue 6/17-8/5 5:00pm-6:00pm Act #91289

*No Class on 7/3



Rhythmic Gymnastics

Instructor: Marina Shel Kolt

Level 1

Participants will learn about the Olympic sport of rhythmic gymnastics that combines the elegance, grace and beauty of the dancer with the dynamic power, strength and coordination of the athlete. Tumbling, flexibility, muscle tone, balance, coordination and concentration skills are emphasized. Gymnasts will enjoy games with ribbon, hoop, ball and jump rope. Child must be 4 years old by the first class. Leotards or sweat suits and cotton socks are recommended. Classes continue each session.

Ages 4-7 5 Classes \$73(R/GO)/\$88(N)

Community Center at Central Park

Thu 7/10-8/14 4:30pm-5:15pm Act #91291

*No Class on 7/31

Level 2

Olympic sport of Rhythmic gymnastics combines the elegance, grace and beauty of the dancer with the power, strength and coordination of the athlete. We teach yoga poses, tumbling, dance steps. Kids play games on coordination and concentration with ball, hoop, rope and ribbon. Your child will improve flexibility, muscle tone and will be fit for life.

Ages 6-11

5 Classes \$89(R/GO)/\$106(N)

Community Center at Central Park

Thu 7/10-8/14* 5:30pm-6:30pm Act #91292

*No Class on 7/31

Levels 3-5

Gymnasts who took Rhythmic gymnastics level I and II will advance their skills and learn routines and combination with ribbon, hoop, ball and jump rope. Classes continue through the year. Gymnasts need Instructor approval before enrolling in this class. Continue students will perform in an exhibition. Instructor's approval required for taking levels 3 and up class.

Ages 6-11 6 Classes \$149(R/GO)/\$164(N)

Dougherty Station Community Center

Mon 7/7-8/11 5:20pm-6:50pm Act #91293

Rising Stars

Ages 4-7 5 Classes \$89(R/GO)/\$106(N)

Dougherty Station Community Center

Mon 7/7-8/11* 4:15pm-5:15pm Act #91290

*No Class 7/28

Skyhawks Baseball Class

Instructor: Skyhawks Sports Academy

The #1 program for learning the fundamentals of baseball! Using our progressive curriculum, participants will gain the technical skills & sports knowledge required for that next step into baseball. Participant-to-coach ratio is approximately 10:1.

4 Classes \$49(R/GO)/\$62(N)

Valley View Park

Ages 7-9

Mon-Thu 7/21-7/24 6:00pm-6:45pm Act #91296

Ages 5-6

Mon-Thu 7/21-7/24 5:00pm-5:45pm Act #91297

Skyhawks Golf Class

Instructor: Skyhawks Sports Academy

The #1 program for learning the fundamentals of golf! Using our progressive curriculum, participants will gain the technical skills & sports knowledge required for that next step into golf. Participant-to-coach ratio is approximately 10:1.

4 Classes \$49(R/GO)/\$62(N)

Valley View Park

Ages 7-9

Mon-Thu 6/16-6/19 6:00pm-6:45pm Act #91302

Mon-Thu 7/7-7/10 6:00pm-6:45pm Act #91301

Ages 5-6

Mon-Thu 6/16-6/19 5:00pm-5:45pm Act #91304

Mon-Thu 7/7-7/10 5:00pm-5:45pm Act #91303

Tennis: Beg - Advanced

Instructor: Kris Milligan

Instructor: Gerald Gular/Kris Milligan

The program is for students who are ready for fast-paced drills. Advanced movement, swings, spins, point playing contests and match play are included. Participants must be approved by Kris except those in the Novice/Low Intermediate. Call Kris at 719-3346 for approval. New TRX Fitness Training.

Ages 7-10 4 Classes \$145(R/GO)/\$178(N)

Athan Downs

Sat 6/21-7/19* 8:30am-10:00am Act #91356

Sat 7/26-8/16 8:30am-10:00am Act #91357

*No class 7/5

Tennis: Youth Beginner

Instructor: Kris Milligan

Instructor: Kris Milligan/Gerald Gular

USTA Recreational level. Learn 10 and under tennis endorsed by USTA, playing on a 36' court using low compression balls. Basic swings; plus rally contests, mini matches, strategy and scoring. The program culminates with a tournament and contests.

Dougherty Valley High School

Ages 5-10 4 Classes \$145(R/GO)/\$178(N)

Tue 6/17-7/8 9:00am-10:30am Act #91346

Tue 7/15-8/5 9:00am-10:30am Act #91347

Thu 6/19-7/10 9:00am-10:30am Act #91350

Thu 7/17-8/7 9:00am-10:30am Act #91351

Ages 5-10 4 Classes \$225(R/GO)/\$270(N)

Wed 6/18-7/9 4:00pm-6:00pm Act #91348

Wed 7/16-8/6 4:00pm-6:00pm Act #91349

Ages 5-10 4 Classes \$145(R/GO)/\$168(N)

Sat 6/21-7/19* 9:00am-10:15am Act #91352

Sat 7/26-8/16 9:00am-10:15am Act #91353

*No class 7/5

Age 7-10 3 Classes \$225(R/GO)/\$270(N)

Mon 6/16-6/30 3:00-6:00pm Act # 91553

Mon 7/7-7/21 3:00-6:00pm Act # 91552

Wed 6/18-7/2 3:00-6:00pm Act #91348

Wed 7/9-7/2 3:00-6:00pm Act # 91349

Fri *6/20-7/11 3:00-6:00pm Act # 91551

*No class 7/4

Age 7-10 2 Classes \$145(R/GO)/\$178(N)

Fri 7/18-7/25 3:00-6:00pm Act #91554

Scholarship Program

The City of San Ramon Parks & Community Services Department has developed a scholarship program for San Ramon residents requesting financial assistance to participate in programs and classes. San Ramon residents who meet the qualifications and income requirements, as well as contribute a minimum of \$15 towards each registration fee are eligible to apply. Please review the eligibility criteria and instructions on our website or by calling (925) 973-3200 for more information.

At this time, scholarships are available only to those under 18 years of age. Not all programs or classes are eligible for a scholarship; please visit our website at www.sanramon.ca.gov for an updated list of eligible programs. All applications must be submitted 4 weeks prior to the start of the program.



NATURE CAMPS

Sienna Ranch at Forest Home Farms

Sienna Ranch is a local, family-owned outdoor education center. Sienna Ranch is passionate about growing food, nature education, homesteading skills, foraging, animal husbandry, and cultivating a rich connection to the natural and animal world. Sienna Ranch is excited to collaborate with Forest Home Farms to bringing enthusiasm and knowledge of the outdoors to the City of San Ramon. Join Sienna Ranch to sink roots into this site and explore its natural mysteries. |Visit SiennaRanch.net for more information.

\$295(R/GO)/\$369(N)

Forest Home Farms

Discovering the Natural World

Join us as we explore hills and valleys, chicken coops and garden beds, leaving no stone unturned. Each day will be themed around a particular animal, homesteading craft or naturalist skill with plenty of time to follow campers' curiosity. Our week will culminate with an off-site field trip to a local trailhead.

Kestrels – Ages 5-7

Mon-Fri	7/21-7/25	9:00am-1:00pm	Act# 91181
Mon-Fri	7/28-8/1	9:00am-1:00pm	Act# 91182
Mon-Fri	8/4-8/8	9:00am-1:00pm	Act# 91183

Hawks – Ages 8-10

Mon-Fri	7/21-7/25	9:00am-1:00pm	Act# 91184
Mon-Fri	7/28-8/1	9:00am-1:00pm	Act# 91185
Mon-Fri	8/4-8/8	9:00am-1:00pm	Act# 91186

Forest Art

Looking at the natural world through the lens of an artist, this hands-on art class will include animal interaction, and plenty of nature exploration. Projects may include nature inspired clay work, constructing functional bows and arrows using sticks, and making nature-based paints and brushes.

Ages 5-7 \$225(R/GO)/\$282(N)

Forest Home Farms

Mon-Fri	7/21-7/25	2:00-5:00pm	Act# 91187
Mon-Fri	7/28-8/1	2:00-5:00pm	Act# 91188
Mon-Fri	8/4-8/8	2:00-5:00pm	Act# 91189

Forest Archers

Campers will enjoy learning or improving their archery skills with an opportunity to shoot for at least an hour and a half each day on Forest Home Farm's archery range. Campers will also work on several archery related crafts, such as leather arm guards and handmade wooden arrows. Beginners are always welcome!

Ages 8-10 \$225(R/GO)/\$282(N)

Forest Home Farms

Mon-Fri	7/21-7/25	2:00-5:00pm	Act# 91190
Mon-Fri	7/28-8/1	2:00-5:00pm	Act# 91191
Mon-Fri	8/4-8/8	2:00-5:00pm	Act# 91192

Forest Play

Forest Play is a supervised free play time offered after the morning camp. Forest Play is automatically provided for full day campers at no extra charge. During Forest Play, campers may play games, complete an organized craft activity, or relax with new friends.

Ages 5-10 \$50(R/GO)/\$63(N)

Forest Home Farms

Mon-Fri	7/21-7/25	1:00-2:00pm	Act# 91193
Mon-Fri	7/28-8/1	1:00-2:00pm	Act# 91194
Mon-Fri	8/4-8/8	1:00-2:00pm	Act# 91195

Nature Day Camp - New Location!

The City of San Ramon's longest running camp will now be at Forest Home Farms Historic Park. This rustic site celebrates the natural and agricultural history of the San Ramon Valley. Nature Day Camp encourages campers to explore, create and play in this vibrant, historic setting. Our staff will facilitate hands-on activities that are sure to ignite a passion for nature learning and exploration. Campers experience nature together, developing a strong appreciation for the outdoors and learning how to protect our environment.

Forest Home Farms Historic Park

California Discovery

Explore the early beginnings of the Golden State including what life was like on a farm, as well as Native American culture and art. Campers will connect with nature while exploring the farm property, searching for Native American artifacts, growing and cultivating food, learning nature stewardship, panning for gold and more!

\$108(R/GO)/\$135(N)

Ages 6-8

Mon-Thu	6/30-7/3	9:00am-12:00pm	Act# 91171
---------	----------	----------------	------------

Ages 8-10

Mon-Thu	6/30-7/3	9:00am-12:00pm	Act# 91172
---------	----------	----------------	------------

Forces of Nature

Our world is filled with amazing elements, weather and other natural phenomena. See how some of those awe-inspiring moments are created and why they exist. Campers will explore the power of water, wind and build their own camp volcano. Be prepared to be blown away with what Mother Nature can do!

\$135(R/GO)/\$169(N)

Ages 6-8

Mon-Fri	7/14-7/18	9:00am-12:00pm	Act# 91173
---------	-----------	----------------	------------

Ages 8-10

Mon-Fri	7/14-7/18	9:00am-12:00pm	Act# 91174
---------	-----------	----------------	------------

Let's Fly!

Put your wings on and investigate flying animals! Each day will focus on a different animal while campers learn how wings of all kind keep things in the air. Campers will learn the science behind how animals fly and have a chance to build their own kite and model airplane.

\$135(R/GO)/\$169(N)

Ages 6-8

Mon-Fri	8/11-8/15	9:00am-12:00pm	Act# 91175
---------	-----------	----------------	------------

Ages 8-10

Mon-Fri	8/11-8/15	9:00am-12:00pm	Act# 91176
---------	-----------	----------------	------------

Nature Camps



CAMP CENTRAL SCHEDULE



CAMP CENTRAL Your Summer • Your Adventure!

Choose a full day of options including our extended care services or just the camps you want, when you want them! For complete descriptions of each program see pages 12–21

* For your convenience, the supply fee will be collected at the time of registration.

WEEK ONE-JUNE 16-20

AM Extended Care	7:30am-9:00am	\$45(R/GO)/\$56(N)	Act# 89481
Noon Care	12:00pm-1:00pm	\$30(R/GO)/\$38(N)	Act# 89482
PM Extended Care	4:00pm-6:00pm	\$60(R/GO)/\$75(N)	Act# 89483

All Day 9:00am-4:00pm, 2 weeks

Summer Performers Camp: Peter Pan Jr.

Ages 7-14 \$475(R/GO)/\$594(N) Community Center at Central Park Act# 91072 \$25 supply fee*

Morning 9:00am-12:00pm

Gymnastics and More Summer Camp

Ages 3-5 \$195(R/GO)/\$244(N) Community Center at Central Park Act# 89477

Mad Science - Incredible Human Machine

Ages 6-10 \$217(R/GO)/\$272(N) Community Center at Central Park Act# 90859

New! Art Masterpieces from Over & Under the Sea

Ages 6-11 \$225(R/GO)/\$282(N) Community Center at Central Park Act# 91052

On The Ball Sports Volleyball Camp

Ages 7-14 \$169(R/GO)/\$212(N) Iron Horse Community Gym Act# 89494

Robotics 101: Galaxy Bots

Ages 6-11 \$215(R/GO)/\$269(N) Community Center at Central Park Act# 90873

Skateboarding Camps

Ages 5-12 \$169(R/GO)/\$211(N) Central Park Act# 90867

Skyhawks Track & Field Camp

Ages 6-12 \$169(R/GO)/\$212(N) Central Park Act# 89534

Afternoon 1:00pm-4:00pm

Adventure Club: Sugar Rush!

Ages 5-11 \$125(R/GO)/\$156(N) Central Park Act# 90874

Clay Sculpture Camp

Ages 5-10 \$149(R/GO)/\$186(N) Community Center at Central Park Act# 91024 \$25 supply fee*

New! Engineering 4 Kids Camps - The Engineering of Travel

Ages 5-7 \$200(R/GO)/\$250(N) Community Center at Central Park Act #90965 \$50 supply fee*

New! Engineering 4 Kids Camps - Electronic Game Design: Platform Games

Ages 7-11 \$240(R/GO)/\$300(N) Community Center at Central Park Act #91177 \$20 supply fee*

Gymnastics and More Summer Camp

Ages 5 1/2 - 8 \$195(R/GO)/\$244(N) Community Center at Central Park Act# 89478

Mad Science - World Scientist

Ages 6-10 \$217(R/GO)/\$272(N) Community Center at Central Park Act# 90860

On The Ball Sports Basketball Camp

Ages 5-12 \$169(R/GO)/\$212(N) Iron Horse Community Gym Act# 89485

create



discover



play



WEEK 1 • JUNE 16-20

WEEK TWO-JUNE 23-27

AM Extended Care	7:30am-9:00am	\$45(R/GO)/\$56(N)	Act# 89461
Noon Care	12:00pm-1:00pm	\$30(R/GO)/\$38(N)	Act# 89462
PM Extended Care	4:00pm-6:00pm	\$60(R/GO)/\$75(N)	Act# 89538

All Day 9:00am-4:00pm, 2 weeks

Summer Performers Camp: Peter Pan Jr.

Ages 7-14 \$475(R/GO)/\$594(N) Community Center at Central Park Act# 91072 \$25 supply fee*

Morning 9:00am-12:00pm

Crazy 4 Sports

Ages 6-10 \$125(R/GO)/\$156(N) Iron Horse Community Gym Act# 89453

Camp Central Tennis Camp

Ages 6-12 \$190(R/GO)/\$238(N) Central Park Act# 90527

LEGO Engineering Camps - Pre-Engineering

Ages 5-7 \$217(R/GO)/\$272(N) Community Center at Central Park Act# 90888

Little Performers Camp: Selections from Peter Pan Jr.

Ages 5-6 \$220(R/GO)/\$275(N) Community Center at Central Park Act# 91071 \$10 supply fee*

On The Ball Sports Softball Camp

Ages 7-14 \$169(R/GO)/\$212(N) Central Park Act# 90858

New! Pre-Public Speaking - Building Public Speaking Confidence

Ages 6-7 \$220(R/GO)/\$275(N) Community Center at Central Park Act# 90898

Skyhawks Mini-Hawk Sports Camp

Ages 4-6 \$169(R/GO)/\$212(N) Central Park Act# 89530

Scooter Extreme Camp

Ages 5-12 \$169(R/GO)/\$211(N) Central Park Act# 90885

Afternoon 1:00pm-4:00pm

Adventure Club: Circus Central

Ages 5-11 \$125(R/GO)/\$156(N) Central Park Act# 90875

Berkeley Chess Camp

Ages 6-11 \$205(R/GO)/\$257(N) Community Center at Central Park Act# 90903

Jewelry Designers Camp

Ages 6-11 \$220(R/GO)/\$275(N) Community Center at Central Park Act# 91042 \$50 supply fee*

LEGO Engineering Camps - Engineering FUNDamentals

Ages 7-12 \$217(R/GO)/\$272(N) Community Center at Central Park Act# 90889

Public Speaking - Speaking with Confidence

Ages 8-11 \$220(R/GO)/\$275(N) Community Center at Central Park Act# 90899

Skyhawks Multi-Sport Camp (Soccer, Baseball & Basketball)

Ages 7-12 \$169(R/GO)/\$212(N) Iron Horse Community Gym Act# 89536

WEEK 2 • JUNE 23-27



CAMP CENTRAL SCHEDULE

WEEK 3 • JUNE 30 - JULY 3



CAMP CENTRAL Your Summer • Your Adventure!

Choose a full day of options including our extended care services or just the camps you want, when you want them! For complete descriptions of each program see pages 12-24

* For your convenience, the supply fee will be collected at the time of registration.

WEEK THREE-JUNE 30-JULY 3 *NO CAMP 7/4

AM Extended Care	7:30am-9:00am	\$36(R/GO)/\$45(N)	Act# 89463
Noon Care	12:00pm-1:00pm	\$24(R/GO)/\$30(N)	Act# 89464
PM Extended Care	4:00pm-6:00pm	\$48(R/GO)/\$60(N)	Act# 89491

Morning 9:00am-12:00pm

Crazy 4 Sports

Ages 6-10 \$100(R/GO)/\$125(N) Iron Horse Community Gym Act# 89454

New! Creative Writing Camp-Create-A-Book I

Ages 5-7 \$160(R/GO)/\$200(N) Community Center at Central Park Act# 91073 \$10 supply fee*

New! Creative Writing Camp-Create-A-Book II

Ages 8-12 \$160(R/GO)/\$200(N) Community Center at Central Park Act# 91074 \$10 supply fee*

New! Fantasy Art Drawing Discoveries Camp

Ages 6-10 \$129(R/GO)/\$161(N) Community Center at Central Park Act# 91032 \$25 Supply fee*

New! Fun Clay Sculpting Camp

Ages 5-10 \$116(R/GO)/\$145(N) Community Center at Central Park Act# 91058 \$25 supply fee*

Kidz Love Soccer - Soccer Camp

Ages 5-8 \$129(R/GO)/\$162(N) Central Park Act# 90520

Skyhawks Cheerleading Camp

Ages 5-10 \$139(R/GO)/\$174(N) Central Park Act# 89539

Skyhawks Flag Football Camp

Ages 6-12 \$139(R/GO)/\$174(N) Central Park Act# 89540

Afternoon 1:00pm-4:00pm

Adventure Club: 3-2-1 Blast Off!

Ages 5-11 \$100(R/GO)/\$125(N) Central Park Act# 90876

New! Academic Writing Camp-Early Reading

Ages 5-7 \$160(R/GO)/\$200(N) Community Center at Central Park Act# 90907 \$10 supply fee*

New! Academic Writing Camp-The Fundamental Essay

Ages 8-12 \$160(R/GO)/\$200(N) Community Center at Central Park Act# 90908 \$10 supply fee*

Camp Central Tennis Camp

Ages 6-12 \$152(R/GO)/\$190(N) Central Park Act# 90528

Boys Hip Hop Dance Camp

Ages 7-11 \$180(R/GO)/\$225(N) Community Center at Central Park Act# 91076 \$20 supply fee*

On The Ball Sports Basketball Camp - Shooting & Competition Camp

Ages 5-12 \$99(R/GO)/\$124(N) Iron Horse Community Gym Act# 89486 *No Camp 7/3

create



discover



play



CAMP CENTRAL SCHEDULE

WEEK FOUR-JULY 7-11

AM Extended Care	7:30am-9:00am	\$45(R/GO)/\$56(N)	Act# 89465
Noon Care	12:00pm-1:00pm	\$30(R/GO)/\$38(N)	Act# 89466
PM Extended Care	4:00pm-6:00pm	\$60(R/GO)/\$75(N)	Act# 89492

Morning 9:00am-12:00pm

Crazy 4 Sports

Ages 6-10 \$125(R/GO)/\$156(N) Central Park Act# 89455

Cartooning & 3D Sculpture Camp

Ages 6-11 \$159(R/GO)/\$199(N) Community Center at Central Park Act# 91033 \$25 supply fee*

Gotta Sing Performance Coaching Camp

Ages 7-12 \$199(R/GO)/\$249(N) Community Center at Central Park Act# 91048

Kids CAN Cook!

Ages 6-8 \$199(R/GO)/\$249(N) Community Center at Central Park Act# 90915

LEGO Engineering Camps - Jedi Engineering

Ages 5-7 \$217(R/GO)/\$272(N) Community Center at Central Park Act# 90890

On The Ball Sports Volleyball Camp

Ages 7-14 \$169(R/GO)/\$212(N) Iron Horse Community Gym Act# 89495

Skyhawks Lacrosse Camp

Ages 7-12 \$169(R/GO)/\$212(N) Central Park Act# 91092

Skyhawks Mini-Hawk Sports Camp

Ages 4-6 \$169(R/GO)/\$212(N) Central Park Act# 89531

Afternoon 1:00pm-4:00pm

Adventure Club: The Wild, Wild West

Ages 5-11 \$125(R/GO)/\$156(N) Central Park Act# 90877

New! Engineering 4 Kids Camps - The Engineering of Medieval Times

Ages 5-7 \$200(R/GO)/\$250(N) Community Center at Central Park Act# 90967 \$50 materials fee*

New! Engineering 4 Kids Camps - Electronic Game Design: Invader Defense Games

Ages 7-11 \$240(R/GO)/\$300(N) Community Center at Central Park Act# 91178 \$20 materials fee*

Kids CAN Cook!

Ages 6-8 \$199(R/GO)/\$249(N) Community Center at Central Park Act# 90916

LEGO Engineering Camps - Jedi Master Engineering

Ages 7-12 \$217(R/GO)/\$272(N) Community Center at Central Park Act# 90891

On The Ball Sports Basketball Camp

Ages 5-12 \$169(R/GO)/\$212(N) Iron Horse Community Gym Act# 89487

We Love to Paint Camp

Ages 5-9 \$155(R/GO)/\$194(N) Community Center at Central Park Act# 91030 \$25 supply fee*

WEEK 4 • JULY 7-11



CAMP CENTRAL SCHEDULE



CAMP CENTRAL Your Summer • Your Adventure!

Choose a full day of options including our extended care services or just the camps you want, when you want them! For complete descriptions of each program see pages 12–24

* For your convenience, the supply fee will be collected at the time of registration.

WEEK FIVE-JULY 14-18

AM Extended Care	7:30am-9:00am	\$45(R/GO)/\$56(N)	Act# 89467
Noon Care	12:00pm-1:00pm	\$30(R/GO)/\$38(N)	Act# 89468
PM Extended Care	4:00pm-6:00pm	\$60(R/GO)/\$75(N)	Act# 89543

Morning 9:00am-12:00pm

Crazy 4 Sports	Ages 6-10	\$125(R/GO)/\$156(N)	Iron Horse Community Gym	Act# 89456	
Camp Central Tennis Camp	Ages 6-12	\$190(R/GO)/\$238(N)	Central Park	Act# 90529	
Mad Science - Chemistry Lab	Ages 6-10	\$217(R/GO)/\$272(N)	Community Center at Central Park	Act# 90861	
Skyhawks Flag Football Camp	Ages 6-12	\$169(R/GO)/\$212(N)	Central Park	Act# 89541	
New! Songs-n-Motion Camp	Ages 7-12	\$199(R/GO)/\$249(N)	Community Center at Central Park	Act# 91056	
New! Television News Production Camp	Ages 9-12	\$249(R/GO)/\$311(N)	Community Center at Central Park	Act# 91045	\$15 supply fee*
Young Artist: Camp Watercolor	Ages 6-10	\$139(R/GO)/\$174(N)	Community Center at Central Park	Act# 91043	\$20 supply fee*
Skyhawks Baseball Camp	Ages 6-10	\$169(R/GO)/\$212(N)	Central Park	Act# 89542	

Afternoon 1:00pm-4:00pm

Adventure Club: Zoo Rescue	Ages 5-11	\$125(R/GO)/\$156(N)	Central Park	Act# 90878	
New! Art Inspired by the Masters	Ages 6-11	\$225(R/GO)/\$282(N)	Community Center at Central Park	Act# 91054	
Berkeley Chess Camp	Ages 6-11	\$205(R/GO)/\$257(N)	Community Center at Central Park	Act# 90904	
Camp Central Tennis Camp	Ages 6-12	\$190(R/GO)/\$238(N)	Central Park	Act# 90530	
Mad Science - Flight Academy	Ages 6-10	\$217(R/GO)/\$272(N)	Community Center at Central Park	Act# 90862	
Public Speaking (Advanced) - Speech Writing and Speaking	Ages 8-11	\$220(R/GO)/\$275(N)	Community Center at Central Park	Act# 90901	
New! Teen Beach Movie Dance Camp	Ages 7-12	\$225(R/GO)/\$281(N)	Community Center at Central Park	Act# 91089	\$20 supply fee*

create



discover



play



WEEK 5 • JULY 14-18

WEEK SIX-JULY 21-25

AM Extended Care	7:30am-9:00am	\$45(R/GO)/\$56(N)	Act# 89469
Noon Care	12:00pm-1:00pm	\$30(R/GO)/\$38(N)	Act# 89470
PM Extended Care	4:00pm-6:00pm	\$60(R/GO)/\$75(N)	Act# 89484

Morning 9:00am-12:00pm

Crazy 4 Sports

Ages 6-10 \$125(R/GO)/\$156(N) Iron Horse Community Gym Act# 89457

Artistic Expressions Camp

Ages 6-11 \$155(R/GO)/\$194(N) Community Center at Central Park Act# 91019 \$30 supply fee*

Gymnastics and More Summer Camp

Ages 3-5 \$195(R/GO)/\$244(N) Community Center at Central Park Act# 89479

Hip Hop Dance Camp

Ages 7-11 \$225(R/GO)/\$282(N) Community Center at Central Park Act# 91075 \$20 supply fee*

Mad Science - NASA: Journey Into Space

Ages 6-10 \$217(R/GO)/\$272(N) Community Center at Central Park Act# 90863

Robotics 101: Construction Bots

Ages 6-11 \$215(R/GO)/\$269(N) Community Center at Central Park Act# 90872

Skateboarding Camps

Ages 5-12 \$169(R/GO)/\$211(N) Central Park Act# 90868

Skyhawks Track & Field Camp

Ages 6-12 \$169(R/GO)/\$212(N) Central Park Act# 89535

New! Spectacular Art from the Animal Kingdom

Ages 6-11 \$225(R/GO)/\$282(N) Community Center at Central Park Act# 91055

San Ramon Soccer Camp

Ages 8-12 \$189(R/GO)/\$237(N) Central Park Act# 91164

Afternoon 1:00pm-4:00pm

Adventure Club: Lights, Camera, Action!

Ages 5-11 \$125(R/GO)/\$156(N) Central Park Act# 90879

New! Engineering 4 Kids Camps - The Engineering of Cities

Ages 5-11 \$200(R/GO)/\$250(N) Community Center at Central Park Act# 90969 \$50 supply fee*

Gymnastics and More Summer Camp

Ages 5 1/2 - 8 \$195(R/GO)/\$244(N) Community Center at Central Park Act# 89480

New! Jazz & Tap Dance Camp

Ages 8-12 \$225(R/GO)/\$281(N) Community Center at Central Park Act# 91084 \$10 supply fee*

Mad Science - Inventors Academy

Ages 7-11 \$240(R/GO)/\$300(N) Community Center at Central Park Act# 90864

LEGO Mindstorm NXT

Ages 9-11 \$250(R/GO)/\$313(N) Community Center at Central Park Act# 90871

Skyhawks Multi-Sport Camp (Kickball, Dodgeball & Capture the Flag)

Ages 7-12 \$169(R/GO)/\$212(N) Iron Horse Community Gym Act# 89537

New! We Love to Paint 2

Ages 7-12 \$159(R/GO)/\$198(N) Community Center at Central Park Act# 91061 \$25 supply fee*

CAMP CENTRAL SCHEDULE

WEEK 7 • JULY 28 - AUGUST 1



CAMP CENTRAL Your Summer • Your Adventure!

Choose a full day of options including our extended care services or just the camps you want, when you want them! For complete descriptions of each program see pages 12-24

* For your convenience, the supply fee will be collected at the time of registration.

WEEK SEVEN-JULY 28-AUGUST 1

AM Extended Care	7:30am-9:00am	\$45(R/GO)/\$56(N)	Act# 89471
Noon Care	12:00pm-1:00pm	\$30(R/GO)/\$38(N)	Act# 89472
PM Extended Care	4:00pm-6:00pm	\$60(R/GO)/\$75(N)	Act# 89493

Full Day 9:00am-4:00pm

On The Ball Sports Basketball Camp
Ages 5-12 \$299(R/GO)/\$378(N) Iron Horse Community Gym Act# 89489

Morning 9:00am-12:00pm

Crazy 4 Sports
Ages 6-10 \$125(R/GO)/\$156(N) Central Park Act# 89458

Broadway Dance & Theater Camp
Ages 7-11 \$220(R/GO)/\$275(N) Community Center at Central Park Act# 91070 \$10 supply fee*

Clay Sculpture Camp
Ages 5-10 \$149(R/GO)/\$186(N) Community Center at Central Park Act# 91023 \$25 supply fee*

LEGO Engineering Camps - Ninjaneering with LEGO
Ages 5-7 \$217(R/GO)/\$272(N) Community Center at Central Park Act# 90892

On The Ball Sports Basketball Camp
Ages 5-12 \$169(R/GO)/\$212(N) Iron Horse Community Gym Act# 89488

Scooter Extreme Camp
Ages 5-12 \$169(R/GO)/\$211(N) Central Park Act# 90886

Skyhawks Beginning Golf Camp
Ages 5-9 \$169(R/GO)/\$212(N) Central Park Act# 89544

Young Artist: Mixed Media Art Camp
Ages 6-10 \$139(R/GO)/\$174(N) Community Center at Central Park Act# 91046 \$20 supply fee*

Afternoon 1:00pm-4:00pm

Adventure Club: Commotion in the Ocean
Ages 5-11 \$125(R/GO)/\$156(N) Central Park Act# 90880

New! AnimatED Camp
Ages 7-11 \$195(R/GO)/\$244(N) Community Center at Central Park Act# 90927

Berkeley Chess Camp
Ages 6-11 \$205(R/GO)/\$257(N) Community Center at Central Park Act# 90905

New! Drama Camp: Fun with Improv!
Ages 7-11 \$220(R/GO)/\$275(N) Community Center at Central Park Act# 91081

LEGO Engineering Camps - Ninjaneering Master Engineering
Ages 7-12 \$217(R/GO)/\$272(N) Community Center at Central Park Act# 90893

On The Ball Sports Basketball Camp - Competition
Ages 5-12 \$169(R/GO)/\$212(N) Iron Horse Community Gym Act# 89490

create



discover



play



WEEK EIGHT-AUGUST 4-8

AM Extended Care	7:30am-9:00am	\$45(R/GO)/\$56(N)	Act# 89473
Noon Care	12:00pm-1:00pm	\$30(R/GO)/\$38(N)	Act# 89474
PM Extended Care	4:00pm-6:00pm	\$60(R/GO)/\$75(N)	Act# 90524

Morning 9:00am-12:00pm

Crazy 4 Sports

Ages 6-10 \$125(R/GO)/\$156(N) Iron Horse Community Gym Act# 89459

New! Cook! Junior Chefs Cook! : Cooking Hands Across the World

Ages 5-7 \$225(R/GO)/\$282(N) Community Center at Central Park Act# 90913

LEGO Engineering Camps - Pre-Engineering

Ages 5-7 \$217(R/GO)/\$272(N) Community Center at Central Park Act# 90894

Essentials of Debating

Ages 8-11 \$220(R/GO)/\$275(N) Community Center at Central Park Act# 90902

New! Shake it UP! Dance Camp

Ages 7-13 \$175(R/GO)/\$219(N) Community Center at Central Park Act# 91083 \$15 supply fee*

Skateboarding Camps

Ages 5-12 \$169(R/GO)/\$211(N) Central Park Act# 90869

Skyhawks Mini-Hawk Sports Camp

Ages 4-6 \$169(R/GO)/\$212(N) Central Park Act# 89533

San Ramon Soccer Camp

Ages 8-12 \$189(R/GO)/\$237(N) Central Park Act# 91165

Afternoon 1:00pm-4:00pm

Adventure Club: Argh, Mateys!

Ages 5-11 \$125(R/GO)/\$156(N) Central Park Act# 90881

Camp Central Tennis Camp

Ages 6-12 \$190(R/GO)/\$238(N) Central Park Act# 90531

New! Cook! Junior Chefs Cook! : Baking Galore

Ages 8-11 \$225(R/GO)/\$282(N) Community Center at Central Park Act# 90914

New! Drama Camp: Interplanetary Puppets!

Ages 7-11 \$220(R/GO)/\$275(N) Community Center at Central Park Act# 91082 \$30 supply fee*

New! Engineering 4 Kids Camps - The Engineering of Power & Energy

Ages 5-11 \$200(R/GO)/\$250(N) Community Center at Central Park Act# 90970 \$50 supply fee*

New! LEGO Engineering Camps - Mine, Craft, Build using LEGO

Ages 7-12 \$217(R/GO)/\$272(N) Community Center at Central Park Act# 90895

UK International Indoor Soccer Camp

Ages 7-12 \$164(R/GO)/\$205(N) Iron Horse Community Gym Act# 90857



CAMP CENTRAL SCHEDULE



CAMP CENTRAL Your Summer • Your Adventure!

Choose a full day of options including our extended care services or just the camps you want, when you want them! For complete descriptions of each program see pages 12-24

* For your convenience, the supply fee will be collected at the time of registration.

WEEK NINE-AUGUST 11-15

AM Extended Care	7:30am-9:00am	\$45(R/GO)/\$56(N)	Act# 89475
Noon Care	12:00pm-1:00pm	\$30(R/GO)/\$38(N)	Act# 89476
PM Extended Care	4:00pm-6:00pm	\$60(R/GO)/\$75(N)	Act# 90525

Morning 9:00am-12:00pm

Crazy 4 Sports	Ages 6-10	\$125(R/GO)/\$156(N)	Central Park	Act# 89460	
New! Academic Writing Camp-Early Writing	Ages 5-7	\$200(R/GO)/\$250(N)	Community Center at Central Park	Act# 90909	\$10 supply fee*
Academic Writing Camp-Narrative Essay	Ages 8-12	\$200(R/GO)/\$250(N)	Community Center at Central Park	Act# 90910	\$10 supply fee*
Camp Central Tennis Camp	Ages 6-12	\$190(R/GO)/\$238(N)	Central Park	Act# 90534	
New! Art Your Way Camp	Ages 6-12	\$149(R/GO)/\$186(N)	Community Center at Central Park	Act# 91059	\$25 supply fee*
I.Q. Boosters - Mighty Mind Camp	Ages 7-10	\$210(R/GO)/\$263(N)	Community Center at Central Park	Act# 90917	
Mad Science - World Scientists	Ages 6-10	\$217(R/GO)/\$272(N)	Community Center at Central Park	Act# 90865	
New! My Little Pony Dance Camp	Ages 5-9	\$225(R/GO)/\$281(N)	Community Center at Central Park	Act# 91090	\$25 supply fee*
On The Ball Sports Softball Camp	Ages 7-14	\$169(R/GO)/\$212(N)	Central Park	Act# 91091	
Scooter Extreme Camp	Ages 5-12	\$169(R/GO)/\$211(N)	Central Park	Act# 90887	
Skyhawks Beginning Golf Camp	Ages 5-9	\$169(R/GO)/\$212(N)	Central Park	Act# 89545	
Afternoon 1:00pm-4:00pm					
Adventure Club: Adventure Club Explorer	Ages 5-11	\$125(R/GO)/\$156(N)	Central Park	Act# 90882	
Berkeley Chess Camp	Ages 6-11	\$205(R/GO)/\$257(N)	Community Center at Central Park	Act# 90906	
Camp Central Tennis Camp	Ages 6-12	\$190(R/GO)/\$238(N)	Central Park	Act# 90532	
New! Creative Writing Camp-The Art of Story Telling I	Ages 5-7	\$200(R/GO)/\$250(N)	Community Center at Central Park	Act# 91077	\$10 supply fee*
Creative Writing Camp-Creative Writing	Ages 8-12	\$200(R/GO)/\$250(N)	Community Center at Central Park	Act# 91078	\$10 supply fee*
New! Fabulous Fibers: The Textile Arts	Ages 6-11	\$149(R/GO)/\$186(N)	Community Center at Central Park	Act# 91020	\$25 supply fee*
Mad Science - Secret Agent Lab	Ages 6-11	\$217(R/GO)/\$272(N)	Community Center at Central Park	Act# 90866	
Robotics 101: Battlebots	Ages 6-11	\$215(R/GO)/\$269(N)	Community Center at Central Park	Act# 90921	

WEEK 9 • AUGUST 11-15

create



discover



play



WEEK TEN-AUGUST 18-22

AM Extended Care	7:30am-9:00am	\$45(R/GO)/\$56(N)	Act# 90522
Noon Care	12:00pm-1:00pm	\$30(R/GO)/\$38(N)	Act# 90523
PM Extended Care	4:00pm-6:00pm	\$60(R/GO)/\$75(N)	Act# 90526

Morning 9:00am-12:00pm

New! Art of Color Camp	Ages 6-11	\$155(R/GO)/\$194(N)	Community Center at Central Park	Act# 91060	\$25 supply fee*
Camp Central Tennis Camp	Ages 6-12	\$190(R/GO)/\$238(N)	Central Park	Act# 90535	
Clay Sculpture Camp	Ages 5-10	\$149(R/GO)/\$186(N)	Community Center at Central Park	Act# 91026	\$25 supply fee*
New! Creative Writing Camp-The Art of Story Telling II	Ages 5-7	\$200(R/GO)/\$250(N)	Community Center at Central Park	Act# 91079	\$10 supply fee*
Creative Writing Camp-Story Writing	Ages 8-12	\$200(R/GO)/\$250(N)	Community Center at Central Park	Act# 91080	\$10 supply fee*
Guitar & Ukulele Jam Camp	Ages 8-12	\$179(R/GO)/\$224(N)	Community Center at Central Park	Act# 91049	\$10 supply fee*
Kidz Love Soccer - Soccer Camp	Ages 5-8	\$149(R/GO)/\$187(N)	Central Park	Act# 90521	
New! LEGO Engineering Camps - Construction Vehicles and Machines	Ages 5-7	\$217(R/GO)/\$272(N)	Community Center at Central Park	Act# 90896	
Skateboarding Camps	Ages 5-12	\$169(R/GO)/\$211(N)	Central Park	Act# 90870	

Afternoon 1:00pm-4:00pm

Adventure Club: Minion Madness	Ages 5-11	\$125(R/GO)/\$156(N)	Central Park	Act# 90883	
New! Academic Writing Camp-Appreciating Writing	Ages 5-7	\$200(R/GO)/\$250(N)	Community Center at Central Park	Act# 90911	\$10 supply fee*
Academic Writing Camp-Persuasive Essay Writing	Ages 8-12	\$200(R/GO)/\$250(N)	Community Center at Central Park	Act# 90912	\$10 supply fee*
Camp Central Tennis Camp	Ages 6-12	\$190(R/GO)/\$238(N)	Central Park	Act# 90533	
Fairytale Princess Dance Camp	Ages 5-9	\$225(R/GO)/\$281(N)	Community Center at Central Park	Act# 91069	\$10 supply fee*
I.Q. Boosters - Naughty Neuron Camp	Ages 7-10	\$210(R/GO)/\$263(N)	Community Center at Central Park	Act# 90918	
New! Intermediate Clay Sculpture Camp	Ages 7-12	\$149(R/GO)/\$186(N)	Community Center at Central Park	Act# 91064	\$25 supply fee*
LEGO Engineering Camps - Green Engineering with LEGO	Ages 7-12	\$217(R/GO)/\$272(N)	Community Center at Central Park	Act# 90897	

CAMP CENTRAL SPECIALTY CAMPS

CAMP CENTRAL SPECIALTY CAMPS

Camp Central Specialty Camps

Camp Central is a flexible full day summer program that allows families to select weekly activities that interest them. Each camp and activity is offered a la carte so you only choose what you need. Only want to sign up for one camp? Great! Need to drop them off early or pick them up late? No problem! We have morning, noon and afternoon care available for before or after your camp. You can customize your camp experience to fit your family's needs. Don't forget to check out Adventure Club, an afternoon camp filled with sports, crafts and games that change every week. Camp Central is available for campers 3-12 years old.

Camp Central Extended Care

Do you need to drop your child off early or pick up late? Do you want them to take two camps in one week without having to pick up in the middle of the afternoon? Camp Central Extended Care is the perfect opportunity to provide a full-day camp experience for your child. You can drop your child off as early as 7:30 a.m. and pick up as late as 6:00 p.m. Extended care is a great option to maximize the different adventures at Camp Central. Please register for your camp before registering for Extended Care.

VISUAL ARTS

New! Art Inspired by the Masters

Instructor: Tess Reyes

Picasso, Van Gogh, Monet, Miró, Rousseau...these are a few of the art masters you will discover. Learn how to apply their style and techniques, from dashes to stippling and blocking. Campers will apply these lessons to create magnificent art pieces. Join the experience and let the art come to life! All materials included. - *Week 5*

New! Art of Color Camp

Instructor: Sharon Barker

Discover how color works through a variety of interactive demonstrations and hands on exercises. Experiment with color mixing, create color interactions, and learn about color systems devised by artists throughout the centuries. For example, Picasso's blue period will show us how to create tints and shades. Matisse demonstrates how to design with complementary pairs. Mondrian shows us how to play with primary colors. Campers have tons of fun creating and naming their own color and showcasing it in their artwork. \$25 supply fee must be paid at registration. - *Week 10*

New! Art Your Way Camp

Instructor: Sharon Barker

Campers bring their own ideas and styles to express their inner artist! Using a very 'instructor hands-off' approach, instruction is centered on imagination and problem solving as the young artists practice skills, techniques, and styles. Various materials are explored as they create art based on what speaks to them. Color mixing is introduced and artwork will reflect what colors they choose and blend. Examples of art using drawing chalk, pen and ink, paper collage and more will be offered to inspire, as they learn how to manipulate these materials and improve their skills. \$25 material fee must be paid at registration. - *Week 9*

Cartooning & 3D Sculpture Camp

Instructor: Sharon Barker

Bring your cartoon figures to life! Use cartoon drawings we make in class for our inspiration to form sculptures. Learn how to draw figures and exaggerate them into funny characters. Find out how our people, animals, and even plants can look good or evil by where we add detail and shading. Design a funny comic strip with our characters. \$25 supply fee must be paid at registration. - *Week 4*

Artistic Expressions Camp

Instructor: Sharon Barker

Art Journals, Scrapbooks & Artist Trading Cards...Express your artistic side while discovering ways to create! Each day we will design and create in our own hard-bound art journal and scrapbook, using our own pictures and memorabilia. Play with fun and exciting new mediums such as paints, collage material, stamps, and stickers to embellish our work, including artist trading cards culminating in an exchange on Friday. Included is a technique guide for inspirational reference to continue projects after camp. \$30 supply fee must be paid at registration. - *Week 6*

Clay Sculpture Camp

Instructor: Sharon Barker

Experience hand crafted ceramics from wet clay to colorful glazed pieces of art. We will explore a world of animals, characters and unique objects all made out of clay. Participants will bring home some of their pieces on the last day and the rest will be ready for pick up the next week. \$25 supply fee must be paid at registration.

- *Weeks 1, 7, 10*

New! Fabulous Fibers: The Textile Arts

Instructor: Sharon Barker

Discover how fun and exciting the textile arts can be! Learn how to weave with straws, discover crayon batik, and use rubbing alcohol and sharpie to tie-dye. Some of our projects include felt mice lollipops, burlap stuffed pillow pals, and fabric snap bracelets. Finish your projects early and use our rainbow loom to make a bracelet, or bring your own to use! \$25 supply fee must be paid at time of registration.

- *Week 9*

New! Fantasy Art Drawing Discoveries Camp

Instructor: Sharon Barker

Dragons, fairies, and talking trees accompany real animals in the quest for improving your technical drawing skills! We discuss what drawing aspects need to be included when drawing different backgrounds. Participants receive their own hardbound journal and guide to continue their work at home. \$25 supply fee must be paid at registration. - *Week 3*

New! Fun with Clay Sculpting Camp

Instructor: Eric Haggin

Utilize your natural creativity combined with some new skills to make unique works of art. Learn proper ways of working with clay while being free to create what you want. We encourage you to bring ideas or drawings to the first class. Items made will be fired and ready for pick up the following week. \$25 supply fee must be paid at registration. - *Week 3*

New! Intermediate Clay Sculpture Camp

Instructor: Sharon Barker

Create functional and decorative projects using the foundations students should be familiar with and add more delicate details. We will form animals, build a pencil holder, and construct a bird bath trinket holder. These projects and more are glazed on the last day of camp. Projects are packaged and ready for pick-up 1 week after the camp ends. This class is designed for those who have previously taken a clay sculpture class. \$25 supply fee must be paid at registration. - *Week 10*

Jewelry Designers Camp

Instructor: Susanna Ordway

Learn to create customized, stylish jewelry! Become your own jewelry designer, where you can choose from different colors, textures, and unique materials to make one-of-a-kind pieces. Campers will discover some of the most popular jewelry making techniques, such as wire work, beading, stamping and metal formings. All levels welcome! \$50 supply fee must be paid at registration.

- *Week 2*

New! Art Masterpieces from Over & Under the Sea

Instructor: Tess Reyes

Whoosh! Splish! Splash! A large proportion of all life on earth exists in the ocean. Explore animals over and under the sea and design art pieces. Make coral mosaics, as well as fish wind socks. Whales, penguins and barracudas will also be represented by using relief methods. Dive in and join the adventure! - *Week 1*

New! Spectacular Art from the Animal Kingdom

Instructor: Tess Reyes

Learn the true foundation of drawing and painting, while creating your favorite animals of the wild. Learn how to shape, form and build animals. Campers will use different mediums from clay to plaster strips. Breathe life into the animals you create and let your creativity roar! All materials included. - *Week 6*

New! Television News Production Camp

Instructor: Barton Cox Jr.

So you want to be on television! Explore how a TV broadcast news program is created. This interactive class will teach you the basics of broadcast productions from being a news anchor, reporter, camera or sound operator, to creating news stories and directing. Campers will use professional equipment, including green screen technology to create a full-length TV news program. Learn how to create your own news report, commercial, entertainment/sports segment & more! Each camper will receive a DVD. \$15 supply fee must be paid at time of registration. - *Week 5*

We Love to Paint Camp

Instructor: Sharon Barker

Young artists explore a variety of new painting techniques and mediums. Try out foam, watercolor, glossies, tempera, glitter, shiny and florescent paints. Use texture, pattern and design to create personalized artwork. Use these techniques in oil resists, printmaking, painted sculptures, mixed media, and more! Art will be showcased on the last day. \$25 supply fee must be paid at registration. - *Week 4*

New! We Love to Paint 2

Instructor: Sharon Barker

This camp is for those who have taken We Love to Paint. We will use all sorts of painting mediums such as acrylics, glitter paint, tempera, and even some unconventional mediums. Most projects will require a multi-process approach so you will see the many layers and techniques in the artwork. We will create a collage using our own painted and textured papers, design a distressed surface using quirky tools, and make an egg carton flower wreath. Students become curators as we will host an art show on our last day to showcase our artwork. \$25 supply fee must be paid at registration. - *Week 6*

Young Artist: Camp Watercolor

Instructor: Tara Floten

Explore a variety of watercolor techniques ranging from the classic wet-on-wet, to blow art and oil pastel resist. Sample works of art include landscapes, seascapes, sunset reflections, flamingos, fish and more! Campers will leave with a greater understanding of this challenging medium and create a portfolio of art to take home at the end. \$20 supply fee must be paid at registration. - *Week 5*

Young Artist: Mixed Media Art Camp

Instructor: Tara Floten

Experience a variety of art forms such as drawing, painting, watercolor, collage, pastels, action art, modeling clay, and more! Sample works of art include cityscapes, robots, fish collages, desert scenes, ocean animals, and clay fruit bowls. Campers will create a beautiful portfolio of art to take home at the end of the week. \$20 supply fee must be paid at registration.

- *Week 7*

PERFORMING ARTS

Fairytale Princess Dance Camp

Instructor: Christie Tomlinson

Participants will learn technique and dances from some of their favorite princesses from Cinderella to the 'newest' princess on the block. Camp will have a happily ever after ending with a performance for family and friends to enjoy. \$10 supply fee must be paid at registration. - *Week 10*

Boys Hip Hop Dance Camp

Instructor: Studio 8 Dance

A hip hop camp designed for boys. Campers will learn fun and funky moves, including elements of break dancing, pop n lock and hip hop style moves. Learn a hip hop routine and design your own funky costume for the final camp performance. \$20 supply fee must be paid at registration. - *Week 3*

Hip Hop Dance Camp

Instructor: Studio 8 Dance

Learn fun and funky moves to the latest hip hop music that will keep you moving! Camp will encourage creativity, imagination, coordination and rhythm, while learning hip hop dance technique. Design your own funky costume for the final camp performance. \$20 supply fee must be paid at registration. - *Week 6*

New! Jazz & Tap Dance Camp

Instructor: Christie Tomlinson

5-6-7-8 DANCE! Whether you're an experienced dancer, or you've always wanted to try tap or jazz dance, this camp promises to be fun in every way, and accommodate every level of dancer! Learn classic tap routines, such as "Singing in the Rain" and other jazz routines using current R&B music. At the end of the week we will present a performance for family and friends! Crafts will also be incorporated into this camp. Make new friends, have fun, and DANCE! \$10 supply fee must be paid at registration. - *Week 6*

New! My Little Pony Dance Camp

Instructor: Studio 8 Dance

Campers will learn ballet and jazz basics along with their favorite pony! Campers will get their very own wrapped surprise grab bag with a My Little Pony toy that they can decorate with bling accessories. Craft time each day may include: Design your own riding horse, bling your pony, design your own magical pony wings, design your own cowgirl hat and much more! Friends and family are invited on the last day to watch a dance performance where the students will perform a special dance with their ponies! \$25 supply fee must be paid at registration. - *Week 9*

New! Shake it UP! Dance Camp

Instructor: All 4 Dance

Dance like the stars on your favorite Disney shows! This high energy dance camp will teach funky jazz and hip-hop moves just like you see on Disney's 'Shake it UP'. Dance along with familiar teen music and create styles to wear at your very own show! Relays, team games and fun exercises will be included. Family and friends are invited to a performance on the final day to watch you shine like a diamond while you 'Shake it UP'! \$15 supply fee must be paid at registration. - *Week 8*

New! Teen Beach Movie Dance Camp

Instructor: Studio 8 Dance

Surfs up! Come learn beach themed songs and dances! Campers will learn a choreographed dance that includes a beach ball as a prop with some of the moves seen in the hit Teen Beach movie. The camp will include craft time everyday. Crafts may include: Design your own sunglasses, t-shirt, sun visor, and create your very own surf board! Friends and family are invited on the last day of camp to watch a fun filled performance! \$20 supply fee must be paid at registration. - *Week 5*



New! Songs-n-Motion Camp

Instructor: Cynthia Beckman
Songs-n-Motion™ is a contemporary vocal group that moves to the rhythm of the music. While it is choreographed by professional dance instructors, no prior dance experience required. It is fun, upbeat, and entirely unique. The camp coaches vocal technique, dramatic stage presence, and group songs. A final performance will be conducted 30 minutes prior to the end of camp. - *Week 5*

Broadway Dance & Theater Camp

Instructor: Bay Area Children's Theatre
Step into the bright lights of Broadway's biggest hits and learn to present choreography and songs from classic and contemporary shows. This fast-paced musical revue is a great way to introduce your child to theater and dance while building on their creativity and self-confidence! \$10 supply fee must be paid at registration. - *Week 7*

Gotta Sing Performance Coaching Camp

Instructor: Cynthia Beckman
Does your child love singing, show off at home, or have fears but vocal potential? If so, Gotta Sing is right for you! Finally, an opportunity to bring out the voice and the character. Gotta Sing coaching will teach the basic and advance secrets of professional performers, such as singing techniques, storytelling and stage presence. - *Week 4*

New! Guitar & Ukulele Jam Camp

Instructor: Steve Kritzer
Guitar & Ukulele are fun to play, and great starting instruments. We'll start with some simple chords and strums, and learn to play fun popular songs. Learn basic melodies and work on writing our own song. Emphasis is on learning to play and sing together. Last class will feature a performance for parents. \$10 supply fee must be paid at registration. - *Week 10*

New! Drama Camp: Fun with Improv!

Instructor: Bay Area Children's Theatre
Learn the basics of improv and several short-form games in this spontaneous and silly camp. In *Fun with Improv*, campers will build a strong foundation of improvisational skills as we focus on team work, developing interesting and dynamic characters, and learning games that kids love to play! Camp culminates with a showcase for family and friends during the final day of camp. - *Week 7*

New! Drama Camp: Interplanetary Puppets!

Instructor: Bay Area Children's Theatre
Welcome to the Intergalactic Puppet Program! Blast off with your imagination as you build different types of puppets using various materials. Then, take your puppets on a cosmic adventure to be developed through theatrical and storytelling techniques. On the final day of camp you will return to earth and share your journey with family and friends. 3,2,1 Lift Off! \$30 supply fee must be paid at registration. - *Week 8*

Little Performers Camp: Selections from Peter Pan Jr.

Instructor: Bay Area Children's Theatre
Are you ready to be on stage? This musical theatre program is designed for kids who love to perform. You will learn basic theatre techniques as you prepare selected songs from Peter Pan Jr. You'll join the Summer Performers under the bright lights of the professional stage for the full production on 6/26 & 6/27 at 3pm and 7pm. Camp held at the Dougherty Valley Performing Arts Center on 6/26 & 6/27. \$10 supply fee must be paid at registration. - *Week 2*

Summer Performers Camp: Peter Pan Jr.

Instructor: Bay Area Children's Theatre
Learn acting, singing, and dancing skills as you take a journey to Neverland with Peter Pan Jr. This fast-paced, two week musical theater production camp will have you dancing and singing like a star! Camp includes daily vocal, acting, and dance rehearsals to prepare you for performances on 6/26 & 6/27 at the Dougherty Valley Performing Arts Center (DVPAC). Camp held at DVPAC on 6/26 & 6/27. \$25 supply fee must be paid at registration. - *Weeks 1-2*



CAMP CENTRAL SPECIALTY CAMPS

CAMP CENTRAL SPECIALTY CAMPS

ENRICHMENT

New! AnimatED Camp

Instructor: Tiny Techs Club Staff

Get your "Hour of Code" right here! Learn how to create simple animated storylines using SCRATCH - a popular, FREE software developed at MIT Labs! Exclusive curriculum by Tiny Techs Club lets your child experiment with digital art and technology simultaneously! Learn to write scripts, incorporate sounds, and create animations using 'Sprites'. This camp is a great way to introduce simple programming and animation to your student. - *Week 7*

Berkeley Chess Camp

Instructor: Berkeley Chess School

The camp includes chess instruction for all levels. Emphasis is on the joy of the game but with a serious eye to the student's progress. The program includes daily instruction and play plus tournaments and prizes. New material will be presented during each week of camp. Berkeley Chess School has been teaching State Chess Champions since 1982. - *Weeks 2, 5, 7, 9*

Kids CAN Cook!

Instructor: Josephine Evonc

Students will learn how to create some deliciously wonderful finger foods and as-easy-as-pie dishes that they will enjoy not only making, but EATING! Students will need to provide an apron in order to catch spills that may happen during food preparation. Put on your apron, roll up your sleeves, pick up your spoon and fork, and get ready for a GREAT summer of excitement in the kitchen because, Kids CAN Cook!

- *Week 4*

Academic Writing Camps

Instructor: Lekha Publishers

This camp will improve camper's writing skills and develop confidence with a supportive instructor. Campers will use their imagination and ingenuity to create works using the lessons they learn.

New! Early Reading

Reading is the process of decoding symbols in order to help comprehend a written language. The reading process requires continuous practice, development, and refinement. \$10 materials fee will be included at registration. - *Week 3*

The Fundamental Essay

Students will learn the art of writing essays. Younger students will write three paragraph essays while older students will write five paragraph essays. They will learn to use topic sentences, hooks, thesis statements, and transitional words in order to make their essays flow. They will also learn how to plan and outline their essays properly before writing. \$10 materials fee will be included at registration. - *Week 3*

New! Early Writing

Learn the art of correct spelling, punctuation, and grammar through interactive lessons. Composition will be introduced to older students through paragraph structure. A \$10 materials fee will be included at registration. - *Week 9*

Narrative Essay

Students will learn to write the narrative essay, which focuses on developing an ability to write in the first person and to follow a linear narrative structure. Depending on their age students will write three or five paragraph essays, which is the structure favored by school teachers. They also will learn how to plan and outline their essays properly before writing, as well as how to revise their essays. A \$10 materials fee will be included at registration.

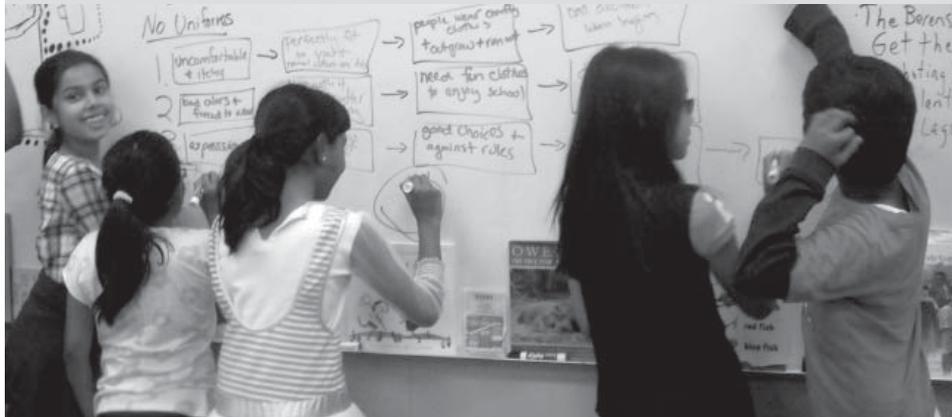
- *Week 9*

New! Appreciating Writing

Students will learn proper grammar, sentence structure, and paragraph structure as they write original stories. Art will be used to enhance the joy of storytelling. Children will take home a portfolio of completed work at the end of the session. A \$10 materials fee will be included at registration. - *Week 10*

Persuasive Essay Writing

Students will learn to write the persuasive essay, which focuses on developing a student's ability to support a stated opinion. Students will write five paragraph essays, which is the structure favored by school teachers. They also will learn how to plan and outline their essays properly before writing, as well as how to revise their essays. A \$10 materials fee will be included at registration. - *Week 10*



Creative Writing Camps

Instructor: Lekha Publishers

New! Create-A-Book I

The art of bookmaking will be the focus of this week. They will also be introduced to simple binding techniques. Participants will learn how to make shape books, pop ups books, accordion books, and Flag books. A \$10 materials fee will be included at registration. - *Week 3*

New! Create-A-Book II & III

The art of bookmaking will be the focus of this week. Students will create shape books, pop ups books, accordion books, and Flag books. They will write original stories and poems in the books that they create. Students will also be introduced to simple binding techniques. A \$10 materials fee will be included at registration. - *Week 3*

New! The Art of Story Telling I

The gift of storytelling may be one of life's most powerful and envied skills. A young storyteller learns to let go of inhibitions and gains confidence to talk in front of an audience while having fun. Participants will learn the art of narration using different storytelling techniques like Puppet Theater, shadow puppets, play acting, and mime. They will take home the story telling tools that they create during the week. A \$10 materials fee will be included at registration.

- *Week 9*

Creative Writing

Published writers will introduce campers to different creative writing techniques. They will learn time-tested methods to overcome writer's block. As they do so, they will write short stories, poems and short skits. A \$10 materials fee will be included at registration.

- *Week 9*

New! The Art of Story Telling II

The gift of storytelling may be one of life's most powerful and envied skills. A young storyteller learns to let go of inhibitions and gains confidence to talk in front of an audience while having fun. Participants will learn the art of narration using different storytelling techniques like Puppet Theater, shadow puppets, play acting, and mime. Older children will learn how to write stories. They will take home the story telling tools that they create during the week. A \$10 materials fee will be included at registration.

- *Week 10*

Story Writing

The five elements of story writing will be the focus during this session. Published writers will introduce students to a variety of fiction and nonfiction genres. They will progress into genre writing and learn how each genre has its own set of particular rules that drives character creation, setting, and plot. They will choose one of their short stories and improve upon that. A \$10 materials fee will be included at registration. - *Week 10*



Cook! Junior Chefs Cook!

Instructor: Tess Reyes

Come one and all and enjoy the love and joy of cooking. Learn measurements, how to read recipes, organization and cleanliness and most of all some sumptuous recipes. So get your aprons ready and join us. See you soon in the kitchen! Students should bring an apron.

Cooking Hands Across the World

Let's talk about cooking! It's easy! It's inexpensive! It's healthier! You'll learn recipes inspired by different countries like wonton lasagna, sweet banana egg rolls, Mexican casserole and more. You'll also learn about meal planning and food preparation. Cooking is an important skill one can learn. It can also be a way of life. Let's get our engines going and explore the world of cooking. Ready, set get your aprons on! - *Week 8*

Baking Galore

Do you love baking? It's messy! It's chaotic...but fun! You'll create worthwhile baking memories. You'll learn delicious treats like cookies, sugar brownies, pies and cakes for the whole family. Lots of yummy goodness! So what are you waiting for...get your aprons ready and let's learn the art of baking together! - *Week 8*

The Engineering of Travel

Through engaging activities in a small group setting, campers will learn problem solving, communication skills and teamwork. Campers will develop confidence to experiment and think creatively. Join us on an amazing adventure as we design and build planes, cars, boats, and rockets to travel the globe...and beyond! Students create a rolling car that can travel by land and take them all around the United States. They learn about air and space travel as well as basics of how a boat works while creating vessels that can fly and float. \$50 materials fee will be included at registration. - *Week 1*

Electronic Game Design: Platform Games

During the Electronic Game Design: Platform Games Camp, students will create their own video game. A platform game is a side-scrolling, Mario-type game where students program characters and a two-dimensional obstacle course. They attempt to avoid or overcome enemies and reach an end goal on multiple levels. At the end of the class, students take home a copy of the game they create. A \$20 materials fee will be included at registration. - *Week 1*

Electronic Game Design: Invader Defense Games

During the Electronic Game Design: Invader Defense camp, students will create their own video game. Whether students wish to fire marshmallows or missiles, they build a complete video game from start to finish. They program characters to survive a wave of enemy attacks in order to reach the next level. At the end of the class, students take home a copy of the game they create. A \$20 materials fee will be included at registration.

- *Week 4*

The Engineering of Medieval Times

In this camp, students design and build their very own castle and work to defend it by engineering simple machines like catapults and cannons. Students will be challenged to use the Engineering Design Process to create a boat fit for a knight, bridges to cross enemy territory and more exciting projects! A \$50 materials fee will be included at registration. - *Week 4*

The Engineering of Cities

In this Civil Engineering camp, students apply their knowledge of construction and build their very own city from the ground up. From roads and tunnels to buildings and skyscrapers, students discover and overcome challenges while designing and building their very own cities. A \$50 materials fee will be included at registration. - *Week 6*

The Engineering of Power & Energy

Join us as we look at ways to get things moving...no batteries required. In this camp, students explore the foundational concepts of potential and kinetic energy by building their very own toys. Additionally, students will explore natural power and energy sources, such as falling water and the shining sun. Get ready for this energetic and engaging engineering experience! A \$50 materials fee will be included at registration. - *Week 8*

I.Q. Boosters

Instructor: Brainwave Inc.

Challenge, compete, and stretch the brain in mentally stimulating activities. Benefit from a challenging new theme and technique in every class. Push your memory, knowledge, logic, reasoning, and problem solving abilities to the limit. Let the neuron play begin! All materials included at no additional charge.

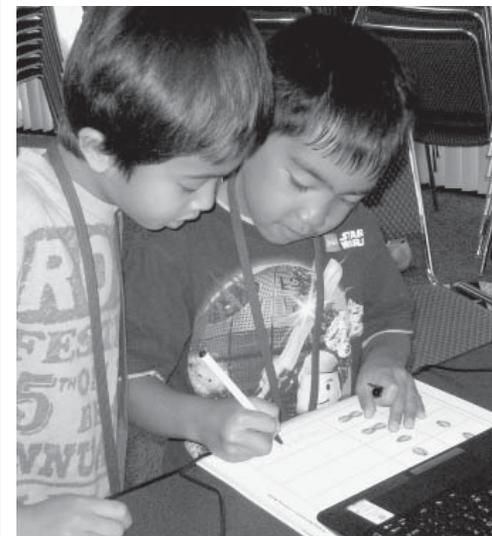
Mighty Mind Camp

Mighty Minds team up to add more treasures to their Brain Basket! Challenge, compete, and stretch the brain in mentally stimulating activities. Through well designed games, quizzes, puzzles, and other techniques, campers will push their knowledge, memory, and problem solving abilities to the limit. Let the Mind Battle begin!

- *Week 9*

Naughty Neuron Camp

Naughty Neurons get charged and go for the Gold Rush! It is Tuff Stuff when teams gain more Brain Power. Challenge, compete, and stretch the brain in mentally stimulating activities. Through carefully designed games, quizzes, puzzles, and much more, campers have fun while pushing their knowledge, focus, and problem solving abilities to the limit. Let the Power Play begin! - *Week 10*



LEGO® Engineering Camps

Instructor: Play-Well TEKnologies

Students take on real-life engineering challenges that explore concepts in physics, architecture, mechanical and structural engineering with over 100,000 pieces of LEGO® material. Designed by engineers, the curriculum challenges both new and returning students to reach the next level of engineering comprehension, all while having fun.

Pre-Engineering

Build engineer designed projects such as boats, bridges, mazes and motorized cars, and use special pieces to create your own unique design! Explore the endless creative possibilities of the LEGO® building system with the guidance of an experienced Play-Well instructor. This is an ideal way to prepare young builders for the challenge of Engineering FUNdamentals. - *Weeks 2, 8*

Engineering FUNdamentals

Power up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level. - *Week 2*

Jedi Engineering

Young Jedi will explore worlds far, far away and engineering principles right in front of them. Defeat the Empire by designing and refining LEGO® X-Wings, R2-units, and settlements on far-flung edges of the galaxy. Imagination and engineering combine to create motorized and architectural projects such as energy catapults, shield generators and defense turrets.

- *Week 4*

Jedi Master Engineering

The Force is strong in this class. Build complex machines and structures based on the best designs from a galaxy far, far away. Projects include LEGO® X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, settlements, and fortresses. Play-Well's Jedi instructors reinforce key engineering concepts such as gear trains, worm drives, pneumatics, eccentric motion and more as students tap into the powerful forces of imagination and engineering. - *Week 4*

Ninjaneering with LEGO®

Enter the world of Ninjago and become an apprentice Ninjaneer! Learn the way of Spinjitzu, build the Fire Temple, race Skull Trucks, and encounter the mighty Dragon! Imagine and build unique and fun LEGO® projects with the guidance of an experienced Play-Well instructor while exploring the fantasy world of Ninjago. This is an ideal way to prepare young Ninjaneers for the challenge of Ninjaneering Masters with LEGO®.

- *Week 7*

Ninjaneering Master Engineering

Master the world of Ninjago by becoming a Ninjaneer! Tame the Ice Dragon, motorize your Blade Cycle, design the Dark Fortress, and hone your Spinjitzu battle skills! In this advanced LEGO® camp, Ninjaneering masters will learn real world concepts in physics, engineering, and architecture while exploring the fantasy world of Ninjago.

- *Week 7*

New! Mine, Craft, Build using LEGO®

Bring Minecraft to life using LEGO®! Build a motorized walking Creeper, a terrifying Ghast, and a motorized Minecart! This project-based camp, designed by Play-Well instructors, combines the basic format of our core engineering-themed programs based on the world of Minecraft. Students will explore real-world concepts in physics, engineering, and architecture while building their favorite Minecraft objects. Students will have a blast, even without any prior experience with Minecraft or LEGO®.

- *Week 8*

New! Construction Vehicles and Machines

Dig into engineering with big trucks, construction vehicles and super machines. Explore the engineering terms, concepts, and vocabulary behind large scale building machines. Build and learn about steamrollers, bulldozers, wrecking balls, tower cranes, and more while building with your favorite building system, LEGO®.

- *Week 10*

Green Engineering with LEGO®

Design and build LEGO® machines powered by alternative energy sources. Race solar cars, build a wind-powered electrical generation facility, and invent a machine powered by stored elastic strain energy. Learn about sustainability and understand the human world while exploring concepts in physics, engineering, and architecture. - *Week 10*

CAMP CENTRAL SPECIALTY CAMPS

CAMP CENTRAL SPECIALTY CAMPS

Mad Science

Instructor: Mad Science of Mt. Diablo

Create a spark of imagination and curiosity through fun, hands-on science programs! Students will learn how to explore, question, and test their theories. Through unique experiments and dazzling demonstrations we hope to inspire young people to explore the world around them. All camps include a daily take home project.

Incredible Human Machine

Children will have fun while learning about the scientific equipment they already own - the human body! Explore the science behind cells, organs, muscles and bones through fun, hands-on activities. Fun experiments will help campers understand more about their senses, brains, breathing, circulation and digestion. Children will create model cells, make Mad Mucus, a simulated stomach, assemble a model skeleton and much more! - *Week 1*

World Scientists

Spend time in the lab learning the tools and techniques that scientists use. Conduct solar experiments, explore predator and prey relationships and investigate food webs. Discover systems in nature, even make your own paper! Learn about animal adaptations, create an insect habitat, and dissect an owl pellet! - *Weeks 1, 9*

Chemistry Lab

Campers will explore and create exciting chemical reactions, make colorful concoctions and bubbling brews. Amaze yourself with magical temperature changing baggie science or growing ghost crystals. Study the chemistry involved in not-so-simple things like chalk and soap, and even experiment with the chemistry used by artists, spies and detectives! Chemists bring home a project each day. - *Week 5*

NASA: Journey Into Space

Comets, planets, stars and more are all waiting to be discovered. Learn about the four forces of flight and the challenges of space travel. Camp includes a take home every day. - *Week 6*

Flight Academy

Explore the fundamentals of flight. Learn characteristics of the planets and discover the wonders of the Milky Way. See how air and wind affect kites, hot air balloons and parachutes. Discover the fundamentals of rocketry, and experiment with huge water rocket launches. Build your own launchable rockets to take home. Take-homes include the new Mad Science Skyblazer rocket, a rubber band-powered airplane, a kite, a boomerang, a mini flying disc, and more! - *Week 5*

Inventors Academy

Each day campers are given a series of challenges they must overcome using basic materials, simple machines, tips from world famous inventors and the most important thing of all - their minds. The camp involves a team-based approach to solving problems but will also include projects like building your own Light Saber, Rocket Launcher and more. Discover and Create! - *Week 6*

Secret Agent Lab

Campers enjoy a fun journey into the world of detection, spy science, and forensics. Examine the science behind the spy tools made famous by the world's greatest spies. Reconstruct activities using scientific methods and use the science of cryptology to send and decode secret messages. Follow in Sherlock's steps to learn what tracks can tell us! Join the Mad Science Bureau of Investigations to help foil a burglary using state-of-the art security techniques! - *Week 9*

Public Speaking & Presentation Camps

Instructor: Bay Area Debate Club

Fun public speaking games and activities make this camp a great opportunity to get over your biggest fear! Campers will gain confidence and build self-esteem in this supportive environment. These camps focus on delivery and presentation skills. Learn how to manage anxiety, present with confidence, and connect to an audience with effective and clear speech.

New! Pre-Public Speaking: Building Public Speaking Confidence

The participants learn how to stand tall and speak confidently in front of a large group. The students play many public speaking games; do story presentations, making it a fun learning environment. - *Week 2*

Public Speaking: Speaking with Confidence

Is your child shy or do they always want to be on stage? Students learn how to manage public speaking anxiety, present themselves with confidence, and connect with their audience. - *Week 2*

Public Speaking (Advanced): Speech Writing and Speaking

Participants will learn to structure their thoughts and create an effective speech. Students study different styles of speech writing including: Descriptive, Expository, and Narrative. This course is suitable for both new and returning students. - *Week 5*

Essentials of Debating

Learn how to make strong arguments by providing reasoning and evidence. This course not only improves the students' public speaking skills but it also expands their overall general knowledge on various topics. They debate on a variety of age appropriate topics. - *Week 8*

Robotics Camps

Instructor: Tiny Techs Club Staff

Through engaging activities in a small group setting, campers will learn problem solving, communication skills and teamwork. Campers will develop confidence to experiment and think creatively. Learn the basics of Robotics! Using the popular LEGO WeDO® and Mindstorm NXT® kits and software along with our exclusive, structured curriculum, you will learn a different mechanism daily: gears, levers, pulleys and simple programming to build a basic foundation in mechanics, engineering, logic and sequencing! Challenges scale the curriculum to suit all skill levels. Encourage creativity through science and technology in your child today to invest in a better tomorrow!

LEGO Mindstorm NXT®

Learn how to build and program Robots using LEGO Mindstorms NXT®. This camp introduces children ages 9-11 to the fundamentals of Robotics - from building to programming. Build a CRANE, FORKLIFT and BARCODE SCANNER! Small team size, individual attention. No prior experience is needed. This is a great opportunity to get your student interested in engineering technology and spark their creativity! - *Week 6*

Robotics 101: Galaxy Bots

Zoom into space with Robotics 101! Build a SAND BUG with a GEAR BOX. Launch a ROCKET using RACK-and PINION. How about some MARTIANS using CAMS?? All this and more in our fantastic camp - a great blend of creativity, technology and science! Students work in pairs - each team is provided with a kit and computer. Skill cards show the robots built and concepts covered. Give your children the opportunity to learn how things work! - *Week 1*

Robotics 101: Construction Bots

Hammer away with Robotics 101! Build different robots that are used in construction zones - Hammers, Cranes, Bulldozers and more! This camp is a great blend of creativity, technology and science! Students work in pairs - each team is provided with a kit and computer. Skill cards show the robots built and concepts covered. Give your children the opportunity to learn how things work! - *Week 6*

Robotics 101: Battlebots

Go onto the Battlefield with Robotics 101! Build a NINJA STAR to learn GEAR RATIOS. Construct a BATTERING RAM and a CATAPULT! Fly the BOMBER PLANE to see a TILT SENSOR and FENCE with a MINIFIG to watch how a CRANK works! All this and more in our fantastic camp - a great blend of creativity, technology and science! Students work in pairs - each team is provided with a kit and computer. Skill cards show the robots built and concepts covered. Give your children the opportunity to learn how things work! - *Week 9*

Scooter Extreme Camp

Instructor: 4141 Skateboard Staff

Kids will be working on their balance, riding style and various tricks that are fun and easy to learn. Campers will learn from some of the top scooter riders in the Bay! Campers must bring their own scooter, pads and helmet.

- *Week 2, 7, 9*

Skateboarding Camps

Instructor: 4141 Skateboard Staff

Skateboarding is a fun and exciting sport that is easy to learn and a great way to be active. This camp will strengthen your balance and improve your skills. It doesn't matter if you're a beginner or advanced. We've got something for everyone! Students must bring their own skateboard, pads and helmet. - *Weeks 1, 6, 8, 10*

SPORTS

Camp Central Tennis Camps

Instructor: Kris Milligan and staff

Fun skill building drills help students learn the basics faster while building confidence. Rally contests, drills, games, scoring, rules and end of the session tournament are included. Students will be grouped by age and ability. - *Weeks 2, 3, 5, 8, 9, 10*

Crazy 4 Sports

A fun-filled sports program designed for kids ages 6-10! Sports may include, but are not limited to wiffle ball, ultimate frisbee, soccer, homerun derby, basketball, flag football and volleyball. Combine this camp with other sports camps for a full day of FUN! - *Weeks 2, 3, 4, 5, 6, 7, 8, 9*

Don't Miss!
Crazy 4 Sports
 Tuesday/Thursday
 Option!
 See Page 53



Gymnastics and More Summer Camp

Instructor: California Gymnastic Services

Children will learn beginning gymnastics and tumbling skills, use a variety of gymnastics equipment, participate in a variety of group activities, and are introduced to strength and flexibility exercises all while having fun! - *Weeks 1, 6*

Kidz Love Soccer Soccer Camp

Instructor: Kidz Love Soccer

Spend a week enjoying the world's most popular sport in a fun, recreational environment. Learn and practice soccer skills including: dribbling, passing, receiving, shooting and age-specific defense. Everyone is a winner as the week's fun culminates in an age-appropriate 'World Cup' tournament. All participants will receive a ball and jersey and MUST wear Shin Guards.

- *Weeks 3, 10*

UK International Indoor Soccer Camp

Instructor: UK International Soccer Camps

The UK International soccer camps offer a quality program that combines education with fun. The curriculum is age appropriate and implemented in a safe, player-friendly environment. The camp's success and reputation is built upon the quality of the coaching staff with limited player to coach ratio. The camp is appropriate for all ability levels. - *Week 8*



On The Ball Sports Softball Camp

Instructor: Donna Runyon and staff
Camp Director, Donna Runyon, Head Softball Coach at Ohlone College is entering her 15th season at the helm of the perennially ranked Ohlone. The 4 time Coast Conference Coach of the Year is an excellent teacher and motivator. Coach Runyon and her players will instruct the fundamentals of hitting, fielding, throwing, and team play. The camper to coach ratio is 8 to 1. - *Weeks 2, 9*

On The Ball Sports Volleyball Camp

Instructor: Kathy Higbee and staff
Camp Director, Kathy Higbee, a former Division I player at Brigham Young University, will direct this volleyball camp focused on individual skill development of all ability levels, team play and concepts. Coach Higbee has vast experience playing at the high school and collegiate levels. Staff will be comprised of current and former high school players with a camper to coach ratio of 8:1. - *Weeks 1, 4*

San Ramon Soccer Club Camps

San Ramon Soccer invites you to join us this summer for our 2014 soccer camp series. Players will learn the basic FUNDamentals of soccer to help players grow in both their skill and enjoyment of the world's beautiful game. - *Weeks 6, 8*



On The Ball Sports Basketball Camp

This camp is directed by Ohlone College head men's basketball coach John Peterson and his talented staff. Coach Peterson and/or his staff will cover offensive & defensive concepts in addition to 3 on 3 and 5 on 5 games. All participants will take part in drills and games each day and will receive a shirt at the conclusion of the camp.

- *Weeks 1, 4, 7*

On The Ball Sports Shooting & Competition Basketball Camp

Detailed and precise teaching of the shooting fundamentals, including grip, ball placement, set up, balance, release and follow through. The shooting skill and drill work will be supplemented by competitive shooting games, 1 on 1 games, 3 on 3 games and 5 on 5 games where the emphasis will be shot preparation and ready to shoot. All campers will receive a camp t-shirt.

- *Week 3*

On The Ball Sports Basketball Competition Camp

Tired of all the drills? Come enjoy John Peterson and staff in 5 days of nothing but games and contests!!! Put the skills you learned in our other camp to use as we play 5 on 5, 3 on 3 and 1 on 1 games. And do you like contest? Every day we will have various skill contests for you to showcase your talents. All campers will receive a camp t-shirt.

- *Week 7*

Skyhawks Baseball Camp

Instructor: Skyhawks Sports Academy
Skyhawks baseball staff teaches the fundamentals of fielding, catching, throwing, hitting and base running, all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork, and responsibility. All participants receive a t-shirt and merit award. - *Week 5*

Skyhawks Beginning Golf Camp

Instructor: Skyhawks Sports Academy
Campers will learn the fundamentals of swinging, putting, and body positioning. Skyhawks has adopted the SNAG (Starting New At Golf) system to its curriculum. SNAG is specifically designed for the entry-level player; SNAG simplifies instruction so that young players can make an easy and effective transition onto the golf course. All equipment provided. All participants receive a t-shirt and merit award. - *Weeks 7, 9*

Skyhawks Cheerleading Camp

Instructor: Skyhawks Sports Academy
Skyhawks Cheerleading teaches the essential skills to lead crowds and support the home team! There is no stunting in this entry level program-just a big focus on fun while each cheerleader learns proper hand & body movements and jumping techniques. The week concludes with a choreographed performance. All participants receive a t-shirt and merit award. - *Week 3*

Skyhawks Flag Football Camp

Instructor: Skyhawks Sports Academy
Flag Football is the perfect introduction to 'America's Game.' Campers learn skills on both sides of the football including the core components of passing, catching, and defense - all presented in a fun and positive environment. The week concludes with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron! All participants receive a t-shirt and merit award. - *Weeks 3, 5*

Skyhawks Mini-Hawk Sports Camp

Instructor: Skyhawks Sports Academy
This multi-sport program was developed to give children a positive first step into athletics. Baseball, basketball and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. All participants receive a t-shirt and merit award. - *Weeks 2, 4, 8*

Skyhawks Multi-Sport Camp

Instructor: Skyhawks Sports Academy
This camp combines soccer, baseball and basketball or kickball, dodge ball and capture the flag into one fun-filled week. Athletes will learn the rules and essential skills of each sport along with vital life lessons such as respect and teamwork. All participants receive a t-shirt and merit award. - *Weeks 2, 6*

Skyhawks Track & Field Camp

Instructor: Skyhawks Sports Academy
Skyhawks Track & Field combines technical development, fundamental techniques, and safety with a major focus on fun! Using special equipment, our staff teaches the fundamentals of body positioning, stride, proper stretching, and cool-down techniques. Participants put it all together for one fun-filled day at the Skyhawks track meet! All participants receive a t-shirt and merit award.

- *Weeks 1, 6*

Skyhawks Lacrosse Camp

Instructor: Skyhawks Sports Academy
Suit up and find out why lacrosse is one of the fastest-growing sports in the country. Lacrosse combines the basic skills used in soccer, basketball and hockey into one fast-paced, high-scoring game. Athletes will learn all the fundamentals of stick handling, cradling, passing, and shooting in a fun, non-checking environment. Sticks, Gloves and Helmet are provided. All participants receive a t-shirt and merit award.

- *Week 4*



CAMP CENTRAL SPECIALTY CAMPS

CAMP CENTRAL SPECIALTY CAMPS

ADVENTURE CLUB

Adventure Club has all new weekly adventures. Each adventure will thrill campers with exciting games, creative crafts and wacky activities. This summer, get your kids outside playing to improve their social, emotional and physical growth. There's no better way than at Adventure Club. Explore all the different experiences that Adventure Club has to offer this summer! All activities are held outdoors and led by trained, experienced staff in Central Park. Campers may be split into age groups for activities. Activities may change depending on weather and scheduling availability.

Sugar Rush!

Come to the best camp in the Milky Way to hang out with some Peeps and Runts. We'll do some Twizzler activities and put your candy skills to the test. Summer Camp will be Red Hot, not a Milk Dud, but Good & Plenty. Summer doesn't get sweeter than this!

- Week 1

Circus Central

Welcome to the greatest show in San Ramon where you will be a part of the show. You can be a clown, magician, ringmaster, carnie, or even the bearded lady! Tricks and stunts make this a thrilling experience not to be missed!

- Week 2

3-2-1 Blast Off!

Take off into space and navigate through the stars. Travel to the moon and bring back your own space rocks, stars, and moon dust. Meet aliens and discover the unknown. It's out of this world!

- Week 3

The Wild, Wild West

Bring your cowboy hat and boots, 'cause this week is the wildest week in the summer! Y'all will be a cowboy or cowgirl lassoing cattle, rolling in the hay, and getting deputized by the sheriff to capture the wanted outlaws.

- Week 4

Zoo Rescue

Help Wanted! People needed for the Adventure Club Zoo Animal Rescue! Go on a safari or trek through the rain forest in search of these missing animals. Discover the magnificent wildlife as we transport you to their native lands.

- Week 5

Lights, Camera, Action!

Walk in the spot light and shine like a star! Act, sing, or dance your way on to the Hollywood Walk of Fame. The Adventure Club paparazzi snaps away and captures every moment in your day.

- Week 6

Commotion in the Ocean

Bring your sunscreen, beach towel, and goggles and come soak up the sun at Camp Central! Dive right into the deep seas and explore the underwater oasis. Float with the jellyfish and swim with sharks and minnows. Be prepared to get wet.

- Week 7

Argh, Mateys

Ahoy mateys, come aboard the Camp Central ship and become a pirate. Hoist the sails, sail the seas, and search for buried treasure. Yo ho, Yo ho, it's a pirate's life for me!

- Week 8

Adventure Club Explorer

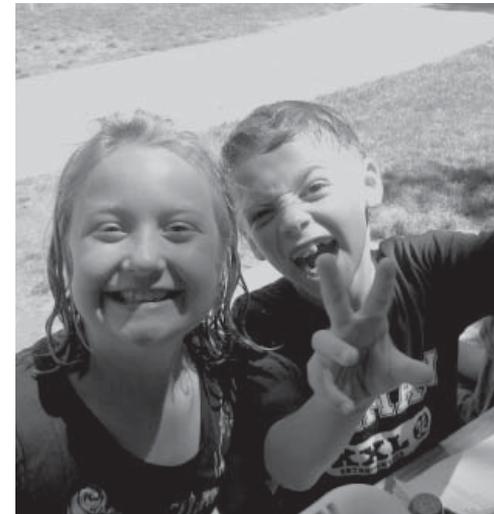
Earn your badges and become a wilderness explorer! Receive badges in tying knots, first aid, map reading, and assisting the elderly. Fill your sash with all the camp badges. Adventure is out there!

- Week 9

Minion Madness

Go to minion training camp, and conduct cutting-edge science experiments. Use advanced materials to create new inventions to save the world. Make new minion friends and create minion madness!

- Week 10



Adventure Club Tuesday/Thursday Option

Want to get out a couple days a week during the summer? Here's a great option to attend the awesome activities at Adventure Club on Tuesday and Thursdays from June 23 - August 15 (Weeks 2-9). You can also use this camp to create a full day of camp for your child who is attending Crazy 4 Sports on Tuesday and Thursday Mornings. Includes Noon Extended Care and staff will escort campers to and from their camps.

Ages 5-11

\$275(R/GO)/\$344(N)

Central Park

Tue, Thu 6/23-8/15 12:00pm-4:00pm Act#91196

PRESCHOOL CAMPS

Create, Form, Sculpt Camp

Instructor: Sharon Barker

Construct hand-made art by molding and building with a wide variety of materials. We will use paper, clay, and colorful wires to design objects to create one of a kind treasures. We will review basic clay techniques and one of our projects will actually be a kiln-fired piece to take home. \$25 Materials Fee.

Ages 4-6 4 Classes \$129(R/GO)/\$161(N)

Dougherty Station Community Center

Mon-Thu 6/30-7/3* 1:00pm-4:00pm Act #90505

*No class 7/4

Dig, Drive and Fly Art Mini-Camp

Instructor: Sharon Barker

Will your child love to unearth dinos, paint with tires, and draw objects in the sky? In this class we focus on fun with all of these! We will dazzle you with our directed drawings, paintings, and sculptures. We will focus on technique and proper use of materials. \$25 Materials Fee.

Ages 4-6 5 Classes \$106(R/GO)/\$133(N)

Dougherty Station Community Center

Mon-Fri 8/4-8/8 1:15pm-3:15pm Act #90508

Glitter, Shine and Sparkle Art Mini-Camp

Instructor: Sharon Barker

Does your child love to create with glitter, shiny collage pieces, and sparkly paint? In this class our art will include it all! Choose your favorite colors to create collages, directed drawings, and paintings. We will focus on painting techniques and proper use of materials. \$25 Materials Fee.

Ages 4-6 5 Classes \$106(R/GO)/\$133(N)

Dougherty Station Community Center

Mon-Fri 8/4-8/8 9:15am-11:15am Act #90506



Tiny Tot Art Mini-Camp

Instructor: Sharon Barker

Young artists have fun experimenting with paper, paint, pastels, and clay. We will create mixed media pieces that include subjects such as Under the Sea, Trees, Flowers, Animals, and more. We will follow some directed drawings that are sure to impress! Students will practice how to properly hold and use materials. \$20 materials fee

Ages 3 - 4 1/2 5 Classes \$59(R/GO)/\$74(N)

Dougherty Station Community Center

Mon-Fri 8/4-8/8 11:45am-12:45pm Act #90507

Tots Who Love to Paint Camp

Instructor: Sharon Barker

Young artists will explore new techniques, mediums and try foam, watercolor, glossies, tempera, glitter, shiny and florescent paints. Texture, pattern and design will be used to personalize each piece of artwork. Oil resists, printmaking, painted sculptures, mixed media, trinkets, toys, and jewelry will be showcased in a show-and-tell art show. Class culminates in an art show on Friday. \$25 Material fee.

Ages 4-6 5 Classes \$159(R/GO)/\$199(N)

Dougherty Station Community Center

Mon-Fri 6/16-6/20 9:00am-12:00pm Act #89558

Mon-Fri 7/14-7/18 9:00am-12:00pm Act #89559

Gracie's Place

A fun, flexible, pay-as-you-go preschool!

For children ages 1 to 5 years

Siblings welcome together

\$12 per hour



OPEN YEAR ROUND

Monday-Friday, 9am-2pm

Summer 2014

No class June 13, 16-20; July 4, 11, 25;

August 8; September 1

Call Denise Platts to make your reservation TODAY

(925) 302-9092

Register online at

www.GraciesPlacePreschool.com

*Conveniently located upstairs
at the San Ramon Library*

PRESCHOOL CAMPS 0 – 4

Mad Science - Preschool Workshops

Instructor: Mad Science of Mt. Diablo

Ages 4-6 5 Classes \$217(R/GO)/\$272(N)

Dougherty Station Community Center

Planet Earth Explorers

Preschoolers explore their sense of sight, sound, smell, taste and touch. Children use a magnifying glass to discover the world of creepy crawlies. Explore the science of the sea and the fascinating creatures that live there. Campers become paleontologists by searching for fossils and participating in a mini dinosaur dig. Finally, take an exciting mission with Mad Science to explore the planets, moons and stars. Take-home projects included each day!

Mon-Fri 6/16-6/20 9:00am-12:00pm Act #89546

Into the Garden

Preschoolers will learn all about how their gardens grow, from the very first seedling, to the important roles of sun and rain, to the amazing plants and flowers that sprout and bloom. They will also get acquainted with the many insect inhabitants of their gardens, and how those insects help make their gardens so beautiful.

Mon-Fri 7/7-7/11 9:00am-12:00pm Act #89547

Future Geniuses

Tailored for preschool and kindergarteners, this camp will use the scientific method to uncover the mysteries of motion and energy. We will experiment with everything from color to structures, and from music to space! Each day includes a related take home project young geniuses will enjoy beyond class time.

Mon-Fri 8/11-8/15 9:00am-12:00pm Act #89548

Mon-Fri 8/11-8/15 1:00pm-4:00pm Act #89549

Science Beginnings - Budding Biologists

Instructor: Vidya Pillai

This camp showcases a wide spectrum of animals and is designed for children who are fascinated with animal biology. They'll learn the life cycle and habitat of insects, beetles, crustaceans, mollusks and many more! Handle super worms, earthworms, crickets, lady bugs and hermit crabs. Campers will explore marine animals such as blue crabs, mussels and clams, fish and squid. \$8 Materials Fee.

Ages 3 1/2 – 6 5 Classes \$142(R/GO)/\$178(N)

Dougherty Station Community Center

Mon-Fri 6/23-6/27 9:00am-11:00am Act #89557

Science Beginnings - Things that Ooze, Bubble and Pop!

Instructor: Vidya Pillai

This camp introduces young minds to important scientific concepts through fun and stimulating experiments. Spectacular dry ice experiments teach you about frozen CO2. Dive into buoyancy and density. Explore the fizz in fizzy drinks, learn about polymers and make green slime. Dig into Oobleck, dissect diapers, make fake snow, learn about yeast as you make root beer and many more imaginative and fun experiments. \$6 Materials fee.

Ages 3 1/2 – 6 4 Classes \$110(R/GO)/\$138(N)

Dougherty Station Community Center

Mon-Thu 6/30-7/3* 9:00am-11:00am Act #90971

*No class 7/4

Creative Center: Preschool Day Camp

Make your child's first camp experience a fun and exciting one! Our Preschool Day Camps are for children wishing to go to camp, but not yet ready for a full day. Attending Day Camp can help prepare your child for entering Preschool or Kindergarten. During each of the weeks of camp children will enjoy sport activities, arts and craft projects, games, songs, imaginative free play, science experiments, story time and other activities related to the theme of the week. All Children MUST BE POTTY TRAINED.

5 Classes \$165(R/GO)/\$206(N)

Fun on the Farm

Old MacDonald had a farm and so does San Ramon! Learn about farm life in the 1800's, try some old-fashioned chores, visit the chickens and sheep and explore the organic garden. There will also be games, arts & crafts, songs, story time and much more!

Ages 4-5

Forest Home Farms

Mon-Fri 6/23-6/27 9:00am-12:00pm Act #89552

Mon-Fri 6/23-6/27 1:00pm-4:00pm Act #89553

Mon-Fri 7/7-7/11 9:00am-12:00pm Act #91169

Mon-Fri 7/7-7/11 1:00pm-4:00pm Act #91170

Princesses, Pirates and Puzzles, OH MY!

Join your friends for all things Princess, Pirate, treasure hunts, puzzle fun and much more!! This will be a fun week, so don't miss out.

Ages 3 1/2 - 4

Dougherty Station Community Center

Mon-Fri 7/28-8/1 9:00am-12:00pm Act #89554

Games & Sports Adventure Week

If your child loves sports or playing indoor and outdoor games, this is the camp for them!

Ages 4 – 5

Dougherty Station Community Center

Mon-Fri 8/4-8/8 9:00am-12:00pm Act #89556



Enrichment • Creative Center

ELEMENTARY CAMPS

ARTS

Clay Sculpture Camp

Instructor: Sharon Barker

Experience five days of hand crafted ceramics from wet clay to colorful glazed pieces of art. We will explore the world of fairies, dragons, and a fantasy world out of clay. Participants will bring home all of their pieces on the last day. \$25 supply fee.

Ages 5-10 5 Classes \$149(R/GO)/\$186(N)

Dougherty Station Community Center

Mon-Fri 7/28-8/1 1:00pm-4:00pm Act #91021

Let's Make Movies! Video Production Camp

Instructor: Barton Cox Jr.

Discover the basics of moviemaking in this active, hands-on camp. Working in small groups, learn all the steps from creating a storyboard and filming a scene, to editing a movie. Start off with an action film that will be assembled into a one-minute video. Create a music video, movie-trailer, a TV commercial, and learn how to use a green screen for special effects. Each group is supplied with a digital camcorder and a laptop computer for editing. Participants will take home a DVD of their video projects. \$15 supply fee.

Ages 9-12 5 Classes \$249(R/GO)/\$311(N)

Dougherty Station Community Center

Mon-Fri 6/23-6/27 9:00am-12:00pm Act #91034

Shakespeare & Improv Camp

Instructor: Bay Area Children's Theatre

Who's line is it anyway? Hamlet? Juliet? Who knows? Combine the zany world of improvisation with the classical world of Shakespeare you get 2 weeks filled with fun, creativity, and word play! We'll create an original performance while learning to embrace Shakespeare's poetry with the use of improv. Each day will include warm-ups, rehearsal, theater games, art activities, movement and music. \$10 supply fee.

Ages 7-13 10 Classes \$450(R/GO)/\$563(N)

Dougherty Station Community Center

Mon-Fri 8/11-8/22 9:00am-3:00pm Act #91068

We Love to Paint Camp

Instructor: Sharon Barker

Explore a variety of new painting techniques and mediums. Try out foam, watercolor, glossies, tempera, glitter, shiny and florescent paints. Use texture, pattern and design to create personalized artwork. Use these techniques in oil resists, printmaking, painted sculptures, mixed media, and more! Art will be showcased on the last day. \$25 supply fee.

Ages 5-9 5 Classes \$155(R/GO)/\$194(N)

Dougherty Station Community Center

Mon-Fri 6/23-6/27 9:00am-12:00pm Act #91047

ENRICHMENT

New! AnimatED Camps

Instructor: Tiny Techs Club

Get your "Hour of Code" right here! Learn how to create simple animated storylines using SCRATCH - a popular, FREE software developed at MIT Labs! Exclusive curriculum by Tiny Techs Club lets your child experiment with Digital Art and Technology simultaneously! Learn to write scripts, incorporate sounds, and create animations using 'Sprites'. This camp is a great way to introduce simple programming and animation to your student.

Ages 7-11 5 Classes \$195(R/GO)/\$244(N)

Dougherty Station Community Center

Mon-Fri 8/11-8/15 9:00am-12:00pm Act #90928

Berkeley Chess Camp

Instructor: Berkeley Chess School

The camp includes chess instruction for all levels. Emphasis is on the joy of the game but with a serious eye to the student's progress. The program includes daily instruction and play plus tournaments and prizes. New material will be presented during each week of camp. Berkeley Chess School has been teaching State Chess Champions since 1982.

Ages 6-11 5 Classes \$205(R/GO)/\$257(N)

Dougherty Station Community Center

Mon-Fri 6/23-6/27 9:00am-12:00pm Act #90923

Mon-Fri 8/11-8/15 9:00am-12:00pm Act #90924

I.Q. Booster - Kranium Kickoff Camp

Instructor: Brainwave, Inc.

Kick it up a notch as you work the Brain Maze. Stay on target for treasures to come your way. Challenge, compete, and stretch the brain in mentally stimulating activities. Team up with your partners and push your number logic, problem solving abilities, and knowledge to the limit. Work through carefully designed games, quizzes, puzzles, and much more and let the Kranium kick off this summer! No supply fee. All materials included.

Ages 6-9 5 Classes \$210(R/GO)/\$263(N)

Dougherty Station Community Center

Mon-Fri 7/28-8/1 9:00am-12:00pm Act #90929

New! Pre-Public Speaking: Building Public Speaking Confidence

Instructor: Bay Area Debate Club

This program teaches young students the essentials of building confidence in public speaking. The participants learn how to stand tall and speak confidently in front of a large group. It gives them a head start for the advanced courses in Public Speaking and Debates. The students play many public speaking games; do story presentations, making it a fun learning environment. To know more about the curriculum and topics covered please visit our website www.bayareadebateclub.com and on Facebook Bayareadebateclub

Ages 6-8 5 Classes \$220(R/GO)/\$275(N)

Dougherty Station Community Center

Mon-Fri 7/28-8/1 1:00pm-4:00pm Act #90922

ELEMENTARY CAMPS 5 – 10

Rainbow Chefs Camp

Instructor: Rainbow Chefs

Let us educate your child through the innovative world of culinary arts! Rainbow Chefs teaches life lessons through the culinary arts. Nutrition, healthy cooking/choices, meal planning, manners/etiquette, gardening and school subjects such as math, reading, writing and art are incorporated into each class. The objective of the program is to instill and empower kids with self-confidence and self-worth. This is not just a cooking class, although the kids make/cook/eat something every class.

Ages 6-11 5 Classes \$202(R/GO)/\$253(N)
Dougherty Station Community Center

Food Science

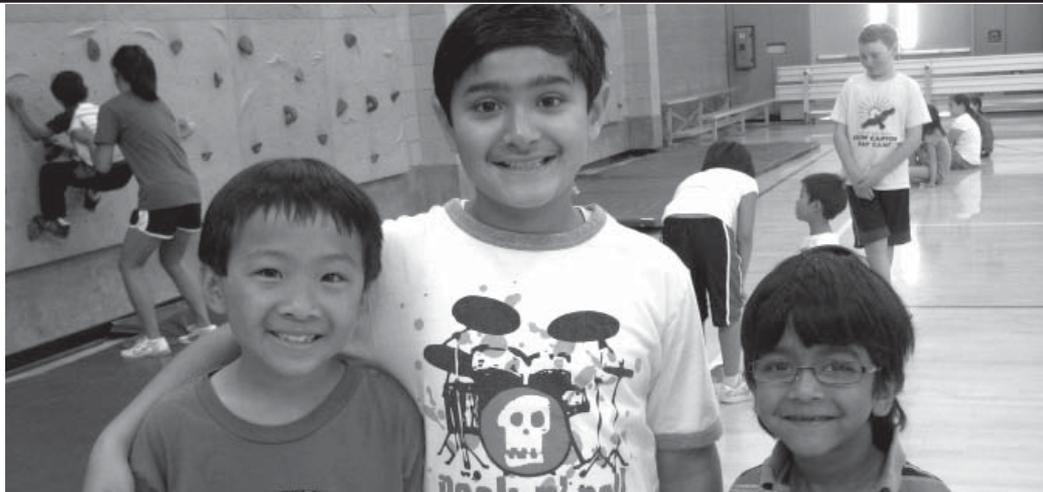
Food is science and science is food in this delicious camp full of food science experiments (recipes). Learn why 350 degrees is the optimum baking temperature. Why do we level measurements to have our recipes come out perfect! A \$45 materials fee is payable to the instructor on the first day of camp.

Mon-Fri 7/28-8/1 9:00am-12:00pm Act #90925

Cook Like a Food Network Star

Participants will use some of favorite episodes from the Food Network's and recreate some of the best recipes. A \$45 materials fee is payable to the instructor on the first day of class.

Mon-Fri 7/28-8/1 1:00pm-4:00pm Act #90926



SPORTS

Badminton Camp

Instructor: Lu I

This summer camp is a week long program that will cover the basics of badminton, including shots, footwork, and game rules. Students will learn the four fundamental shots; clears, drops, drives, and smashes, and the 21 point rally scoring system.

Ages 7 – 15 5 Classes \$180(R/GO)/\$225(N)

Gale Ranch Middle School

Mon-Fri 7/21-7/25 9:00am-12:00pm Act #90919

Mon-Fri 7/28-8/1 9:00am-12:00pm Act #90920

Ice Skating - Camp Freeze/Jr. Camp Freeze

Instructor: Dublin Iceland

Learn the basic fundamentals of ice skating. Activities also include games, 'Build a Summer Snowman' contest, ice painting, and more. You will even have your picture taken on the Zamboni Ice Resurfacing Machine and learn a simple choreography for a show at the end of the week. All parents must drop off their children on the first day of camp to fill out emergency contact information and attend a brief parent's orientation.

Ages 8 – 12 5 Classes \$180(R/GO)/\$225(N)

Dublin Iceland

Mon-Fri 7/7-7/11 12:30pm-3:30pm Act #89445

Mon-Fri 7/28-8/1 12:30pm-3:30pm Act #89448

Mon-Fri 8/11-8/15 12:30pm-3:30pm Act #89446

Jr. Camp Freeze

Ages 5-7 5 Classes \$170(R/GO)/\$213(N)

Dublin Iceland

Mon-Fri 7/14-7/18 12:30pm-3:00pm Act #89447

Mon-Fri 8/4-8/8 12:30pm-3:00pm Act #89449

Mon-Fri 8/11-8/15 12:30pm-3:00pm Act #89451

Rhythmic Gymnastics Summer Camp

Instructor: Marina Shel Kolt

Rhythmic gymnastics camp includes: stretching exercises; classes in tumbling, ballet /creative dance; work on elements and routines with ribbons, jump rope, hoop, ball and clubs. Learn body sculpting, muscle toning work with a partner; games to develop coordination; and a seminar on nutrition. Serious dancers and gymnast will work on new conditioning techniques and elements from next year routines.

Dougherty Station Community Center

Beginner Camp Levels 1-2

Ages 6-13 5 Classes \$169(R/GO)/\$212(N)

Mon-Fri 6/23-6/27 1:00pm-4:00pm Act #89526

Mon-Fri 7/28-8/1 1:00pm-4:00pm Act #89527

Rhythmic Gymnastics - Levels 3 and up

During the camp gymnasts will be introduced new elements and will have a chance to dramatically improve their flexibility and muscle tone. Gymnasts will also improve their logical and analytical thinking, teamwork skills, self-confidence and sportsmanship. Pilates, intensive classical ballet and dance movement class will be part of our training. We will have a mini Olympic Trials.

Ages 6-13 5 Classes \$189(R/GO)/\$236(N)

Dougherty Station Community Center

Mon-Fri 8/18-8/22 12:30pm-3:45pm* Act #89528

Level 4 and up

Ages 6-13 5 classes \$239(R/GO)/\$299(N)

Dougherty Station Community Center

Mon-Fri 8/18-8/22 12:30pm-5:00pm Act #89529

**Camp will be held until 5:00pm on Friday for the performance.*

Skyhawks Mini-Hawk Sports Camp

Instructor: Skyhawks Sports Academy
This multi-sport program was developed to give children a positive first step into athletics. Baseball, basketball and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. All participants receive a t-shirt and merit award.

Ages 4-6 5 Classes \$169(R/GO)/\$212(N)

Dougherty Station Community Center

Mon-Fri 7/14-7/18 9:00am-12:00pm Act #89532

Tennis Camp: Beginning-Intermediate

Instructor: Kris Milligan and staff
The fundamentals of the forehand, backhand, serve and net game are taught. Rally contests, drills, games, scoring and match play are included.

Ages 6-18 5 Classes \$190(R/GO)/\$238(N)

Dougherty Valley High School

Mon-Fri 6/16-6/20 9:00am-12:00pm Act #89496
Mon-Fri 6/23-6/27 9:00am-12:00pm Act #89497
Mon-Fri 7/7-7/11 9:00am-12:00pm Act #89499
Mon-Fri 7/14-7/18 9:00am-12:00pm Act #89500
Mon-Fri 7/21-7/25 9:00am-12:00pm Act #89501
Mon-Fri 7/28-8/1 9:00am-12:00pm Act #89502
Mon-Fri 8/4-8/8 9:00am-12:00pm Act #89503
Mon-Fri 8/11-8/15 9:00am-12:00pm Act #89504
Mon-Fri 8/18-8/22 9:00am-12:00pm Act #89505

Ages 6-18 4 Classes \$152(R/GO)/\$190(N)

Mon-Thu 6/30-7/3* 9:00am-12:00pm Act #89498

**No class 7/4*

California High School

Ages 6-18 5 Classes \$190(R/GO)/\$238(N)

Mon-Fri 6/16-6/20 9:00am-12:00pm Act #90536
Mon-Fri 7/7-7/11 9:00am-12:00pm Act #90537
Mon-Fri 7/21-7/25 9:00am-12:00pm Act #90538
Mon-Fri 7/28-8/1 9:00am-12:00pm Act #90539
Mon-Fri 8/4-8/8 9:00am-12:00pm Act #90540

Tennis Camp: Intermediate - Advanced

Instructor: Kris Milligan/Gerald Gular & Staff
This intensified tennis training camp is for more advanced players who will be grouped according to ability for instruction and match play. Singles and doubles tournaments highlight the program. Awards are given to camp championship flight winners.

Dougherty Valley High School

Ages 8-18 5 Classes \$190(R/GO)/\$238(N)

Mon-Fri 6/16-6/20 9:00am-12:00pm Act #89506
Mon-Fri 6/23-6/27 9:00am-12:00pm Act #89507
Mon-Fri 7/7-7/11 9:00am-12:00pm Act #89509
Mon-Fri 7/14-7/18 9:00am-12:00pm Act #89510
Mon-Fri 7/21-7/25 9:00am-12:00pm Act #89511
Mon-Fri 7/28-8/1 9:00am-12:00pm Act #89512
Mon-Fri 8/4-8/8 9:00am-12:00pm Act #89513
Mon-Fri 8/11-8/15 9:00am-12:00pm Act #89514
Mon-Fri 8/18-8/22 9:00am-12:00pm Act #89515

Ages 8-18 4 Classes \$152(R/GO)/\$190(N)

Mon-Thu 6/30-7/3* 9:00am-12:00pm Act #89508

**No class 7/4*

California High School

Ages 8-18 5 Classes \$190(R/GO)/\$238(N)

Mon-Fri 6/16-6/20 9:00am-12:00pm Act #90541
Mon-Fri 7/7-7/11 9:00am-12:00pm Act #90542
Mon-Fri 7/21-7/25 9:00am-12:00pm Act #90543
Mon-Fri 7/28-8/1 9:00am-12:00pm Act #90544
Mon-Fri 8/4-8/8 9:00am-12:00pm Act #90545

Tennis Mini-Camp - Beginner - Intermediate

Instructor: Kris Milligan and staff
Fun skill building drills help students learn the basics faster while building confidence. Rally contests, drills, games, scoring, rules and end of the session tournament are included. Students will be grouped by age and ability.

Ages 8-18 2 Classes \$84(R/GO)/\$105(N)

Dougherty Valley High School

Mon, Wed 6/16-6/18 9:00am-12:00pm Act #89516
Mon, Wed 6/23-6/25 9:00am-12:00pm Act #89517
Mon, Wed 6/30-7/2 9:00am-12:00pm Act #89518
Mon, Wed 7/7-7/9 9:00am-12:00pm Act #89519
Mon, Wed 7/14-7/16 9:00am-12:00pm Act #89520
Mon, Wed 7/21-7/23 9:00am-12:00pm Act #89521
Mon, Wed 7/28-7/30 9:00am-12:00pm Act #89522
Mon, Wed 8/4-8/6 9:00am-12:00pm Act #89523
Mon, Wed 8/11-8/13 9:00am-12:00pm Act #89524
Mon, Wed 8/18-8/20 9:00am-12:00pm Act #89525

California High School

Mon, Wed 6/16-6/18 9:00am-12:00pm Act #90546
Mon, Wed 7/7-7/9 9:00am-12:00pm Act #90547
Mon, Wed 7/21-7/23 9:00am-12:00pm Act #90548
Mon, Wed 7/28-7/30 9:00am-12:00pm Act #90549
Mon, Wed 8/4-8/6 9:00am-12:00pm Act #90550



Crazy 4 Sports

A fun-filled sports program designed for kids ages 6-10! Sports may include, but are not limited to wiffle ball, ultimate frisbee, soccer, home run derby, basketball, flag football and volleyball. Combine this camp with other sports camps for a full day of FUN!

Ages 6-10 16 Classes \$219(R/GO)/\$274(N)

Central Park/Iron Horse Community Gymnasium

Tue, Thu 6/24-8/14 9:00am-12:00pm Act# 89452

MIDDLE SCHOOL CAMPS

MIDDLE SCHOOL SUMMER CAMPS

Combine Camps for All Day Options!

Are you looking for an all day option for your middle school student this summer? We have two great locations offering fun new camps in the mornings that connect to our traditional day camps in the afternoon. Choose a full day option or just the camps you want, when you want them! See complete descriptions of each program on the following pages.

Middle School Afternoon Summer Camps

If you're in middle school and want to have some fun this summer, then join your friends at the afternoon middle school camps! There's something for everyone! Daily activities may include wacky games, contests, movies, video game tournaments, sports, and cool crafts. Every week the camp will go to the pool and spend a day swimming, relaxing in the sun and hanging out with friends. The camps also go on a weekly field trip to exciting locations and participate in activities such as laser tag, rock climbing, water slides, trampoline centers, summer movies, and much more. What are you waiting for? Join us this summer and let the fun begin. For specific field trip locations and dates please visit SRTeen.org.

Grades 6-8

All Summer - Pine Valley PM Camp

39 Classes \$799(R/GO)/\$999(N)

Pine Valley Middle School

Mon-Fri 6/23-8/15 12:00pm-5:30pm Act #90984

Weekly Sessions - Pine Valley Middle School

5 Classes \$149(R/GO)/\$187(N)

*4 Classes \$119(R/GO)/\$149(N)

All Summer - Windemere Ranch PM Camp***

39 Classes \$799(R/GO)/\$999(N)

Windemere Ranch Middle School***

Mon-Fri 6/23-8/15 12:00pm-5:30pm Act #90993

Weekly Sessions -

Windemere Ranch Middle School***

5 Classes \$149(R/GO)/\$187(N)

*4 Classes \$119(R/GO)/\$149(N)

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10
Pine Valley	6/16-6/20	6/23-6/27	6/30-7/3	7/7-7/11	7/14-7/18	7/21-7/25	7/28-8/1	8/4-8/8	8/11-8/15	8/18-8/21
8:30am-12:00pm	Electronic Game Design: Platform Games Act #90977	Academic Writing Act #90972	Green Screen Flix Act #90980	Advanced Writing Conventions Act #90974	Robotics with Lego Mindstorms Act #91010	Essentials of Debate Act #91180	Television News Production Act #91015	Aerospace Engineering Act #91013	Summertime Food Classics Act# 91003	Animation Flix **Act #90982
12:00pm-5:30pm	Entrepreneur Camp (12-4pm) Act #91017	Pine Valley PM Camp Act #90985	Pine Valley PM Camp * Act #90986	Pine Valley PM Camp Act #90987	Pine Valley PM Camp Act #90988	Pine Valley PM Camp Act #90989	Pine Valley PM Camp Act #90990	Pine Valley PM Camp Act #90991	Pine Valley PM Camp Act #90992	Food Science **(12-4pm) Act# 91004
Windemere Ranch***	6/16-6/20	6/23-6/27	6/30-7/3	7/7-7/11	7/14-7/18	7/21-7/25	7/28-8/1	8/4-8/8	8/11-8/15	8/18-8/22
8:30am-12:00pm	Speaking with Confidence Act #91008	Essentials of Debate Act #91009	Story Writing Act #90973	Electronic Game Design: Tower Defense Games Act #91011	Creature Flix Act #90981	Aerospace Engineering Act #91012	Academic Writing Act #90975	Filmmaking Flix Act #91179	Television News Production Act #91016	Mechanical Engineering Act #91014
12:00pm-5:30pm	Restaurant Challenge *(12-4pm) Act# 91002	Windemere Ranch PM Camp Act #90994	Windemere Ranch PM Camp *Act #90995	Windemere Ranch PM Camp Act #90996	Windemere Ranch PM Camp Act #90997	Windemere Ranch PM Camp Act #90998	Windemere Ranch PM Camp Act #90999	Windemere Ranch PM Camp Act #91000	Windemere Ranch PM Camp Act #91001	Entrepreneur Camp (12-4pm) Act #91018

Please note that the PM camps for Week 1 and Week 10 end at 4:00pm.

*No Camp 7/4

**No Camp Friday

***Location changed to Windemere Ranch Middle School due to construction work at Gale Ranch Middle School

Camp Schedule

Engineering Middle School Camps

Instructor: Engineering for Kids

Through fun and engaging activities campers will learn communications skills and teamwork. This camp develops confidence to experiment and think creatively

Grades 6-8

New! Electronic Game Design: Platform Games

Campers will have the opportunity to create their own video game in this fun, stimulating electronic game design program. They will be introduced to the awesome world of video game creation and electronic game coding in a non-competitive, step-by-step process. A platform game is a side-scrolling, Mario-type game where students program characters and a two-dimensional obstacle course. Campers will take home a copy of their final project to play at home. A \$20 materials fee is payable to the instructor on the first day of camp.

5 Classes \$240(R/GO)/\$300(N)

Pine Valley Middle School

Mon-Fri 6/16-6/20 8:30am-12:00pm Act #90977

New! Electronic Game Design: Tower Defense Games

Campers will have the opportunity to create their own video game in this fun, stimulating electronic game design program. They will be introduced to the awesome world of video game creation and electronic game coding in a non-competitive, step-by-step process. A tower defense game is one in which the programmer creates towers to defend a base which fires at passing enemies. Campers will take home a copy of their final project to play at home. A \$20 materials fee is payable to the instructor on the first day of camp.

5 Classes \$240(R/GO)/\$300(N)

Windemere Ranch Middle School

Mon-Fri 7/7-7/11 8:30am-12:00pm Act #91011

Aerospace Engineering

Campers will be introduced to concepts of aerodynamics, propulsion and flight. Using the Engineering Design Process they design, create, test, and refine a variety of flying machines. Construct a rocket designed to land within a target zone, design a parachute with limited materials that will make the slowest descent possible, and create a hot air balloon model that actually takes flight with weight attached! A \$50 materials fee.

5 Classes \$200(R/GO)/\$250(N)

Windemere Ranch Middle School

Mon-Fri 7/21-7/25 8:30am-12:00pm Act #91012

Pine Valley Middle School

Mon-Fri 8/4-8/8 8:30am-12:00pm Act #91013

New! Mechanical Engineering

Campers will be introduced to the concepts of physics, motion and energy through various hands-on activities. They learn basics of fluid mechanics, simple machines, and other design and engineering concepts while constructing roller coasters, egg-drop vehicles, and an incredibly fast dragster car they keep at the end of the course. A \$50 materials fee is payable to the instructor on the first day of camp.

5 Classes \$200(R/GO)/\$250(N)

Windemere Ranch Middle School

Mon-Fri 8/18-8/22 8:30am-12:00pm Act #91014

Robotics NXT: Robotics with LEGO Mindstorms

Instructor: Tiny Techs Club

Learn how to build and program Robots using LEGO Mindstorms NXT. Create all new Robots - PenHolder, RaceCar, Conveyor Belt! This camp introduces campers to fundamentals of Robotics - from building to programming. The camp will feature a challenge wherein each team will be tasked with building a robot to complete a specific task. Instructors will mentor and guide each team throughout. No prior experience is needed. Through fun and engaging activities in a recreational setting campers will learn problem solving, communication skills and teamwork.

Grades 6-8 5 Classes \$250(R/GO)/\$313(N)

Pine Valley Middle School

Mon-Fri 7/14-7/18 8:30am-12:00pm Act #91010

Middle School Teen Food Activity Camps

Instructor: Rainbow Chefs

Grades 6-8

Restaurant Challenge

Start your own Restaurant, make up the name, choose which type of food you want to serve and how to run all aspects of the restaurant business. Learn about different "stations" and how to run the restaurant as a team: from checking in your produce to creating a menu, to developing your recipes and serving your customers (parents). Chefs instructors will help guide the students through the recipe development stage. *This camp will be held in a teen center facility, not a kitchen. \$40 materials fee due at the first day of camp.

5 Classes \$299(R/GO)/\$374(N)

Windemere Ranch Middle School

Mon-Fri 6/16-6/20 12:00pm-4:00pm Act #91002

Summertime Classics

Campers will learn basic culinary skills and create delicious seasonal recipes. Summer is the pinnacle of fresh food goodness with a bounty of fresh, local produce. Course will feature recipes that celebrate the stone fruit harvest, 4th of July and Labor Day including grilled romaine vegetable salad and barbecue techniques.

5 Classes \$280(R/GO)/\$350(N)

Pine Valley Middle School

Mon-Fri 8/11-8/15 8:30am-12:00pm Act #91003

Food Science

Food is science and science is food in this delicious camp full of food science experiments (recipes). Learn the basics of food safety and prevention of food borne illnesses, why 350 degrees is the optimum baking temperature, find out how to perfectly measure to have recipes come out perfect!!! Food science also includes the development of new food recipes, design and the process to produce the best tasting results. *This camp will be held in a teen center facility, not a kitchen. No camp 8/22. \$32 materials fee due at the first day of camp.

4 Classes \$256(R/GO)/\$320(N)

Pine Valley Middle School

Mon-Thu 8/18-8/21 12:00pm-4:00pm Act #91004

MIDDLE SCHOOL CAMPS 11 – 13

IncrediFlix Middle School Camps

Instructor: Incrediflix Staff

Grades 6-8

New! Green Screen Flix

In this live action movie making camp, kids will get to use a green screen to transport them almost anywhere. Students will collaborate to write, act, and direct in this special effects movie camp that can take place anywhere from outer space to under the sea! *All flix are downloadable within a month after camp ends. There is a \$30 production fee due to the instructor on the first day of class. No camp 7/4.

4 Classes \$191(R/GO)/\$239(N)

Pine Valley Middle School

Mon-Thu 6/30-7/3 8:30am-12:00pm Act #90980

New! Creature Flix

Make your very own creatures and make them look like they're running around the room in this wild stop-motion animation camp! After designing and creating your cardboard creatures, you and your group will write the story, film your movies, and add your own voice-overs and sound effects in this one-of-a-kind camp where your creatures can go anywhere you go. *All flix are downloadable within a month after camp ends. There is a \$30 production fee due to the instructor on the first day of class.

5 Classes \$238(R/GO)/\$298(N)

Windemere Ranch Middle School

Mon-Fri 7/14-7/18 8:30am-12:00pm Act #90981

Filmmaking Flix

Do you want to have a blast making a movie? You don't have to be an actor to star in these movies that you make from "Action" to "That's a wrap." We'll guide you through the Hollywood process as you brainstorm, location scout, bring in props and costumes, act and direct in a collaborative movie that will be fun for the entire audience. *All flix are downloadable within a month after camp ends. There is a \$30 production fee due to the instructor on the first day of class.

5 Classes \$238(R/GO)/\$298(N)

Windemere Ranch Middle School

Mon-Fri 8/4-8/8 8:30am-12:00pm Act #91179

Animation Flix

In this fast paced camp, students will create up to 5 stop-motion animated flix! Each day you'll use a new style of stop-motion, combining the favorites of past years with some completely new styles, making this camp new each year for everyone to enjoy! It's the ultimate arts and crafts camp where campers create, direct, and film their movies in age-appropriate groups. *All flix are downloadable within a month after camp ends. There is a \$30 production fee due to the instructor on the first day of class. No camp 8/22.

4 Classes \$191(R/GO)/\$239(N)

Pine Valley Middle School

Mon-Thu 8/18-8/21 8:30am-12:00pm Act #90982

New! Middle School Entrepreneur Camps

Instructor: MenMuu Leadership Institute
Explore what it is like to be an entrepreneur and learn how to bring your business idea to life! Great inventors and entrepreneurs like Bill Gates started their companies while in their teens. Get a fun, hands-on introduction to business concepts like revenue, profits, marketing plan, competition and substitutes. Learn how to present your ideas and solve business problems. Students will make group presentations, do team-based exercises, create marketing brochures, and write a business plan for their idea. Learn communication, presentation, and analytical skills for high school and beyond. Meet like-minded peers who may become your business partners and leave with a business plan in hand!

Grades 6-8 5 Classes \$249(R/GO)/\$312(N)

Pine Valley Middle School

Mon-Fri 6/16-6/20 12:00pm-4:00pm Act #91017

Windemere Ranch Middle School

Mon-Fri 8/18-8/22 12:00pm-4:00pm Act #91018

Debate & Public Speaking Camps

Instructor: Bay Area Debate Club

Participants will gain confidence and build self-esteem by playing public speaking games; giving group presentations in an enjoyable supportive setting.

Grades 6-8 5 Classes \$220(R/GO)/\$275(N)

Speaking with Confidence

In these classes students learn how to manage public speaking anxiety, present themselves with confidence, and connect with their audience through effective and clear speech. Participants play many public speaking games; do group presentations, making it a fun learning environment.

Windemere Ranch Middle School

Mon-Fri 6/16-6/20 8:30am-12:00pm Act #91008

Essentials of Debating

This course not only improves the students' public speaking skills but it also expands their overall general knowledge on various topics. Participants will make strong arguments by providing reasoning and evidence; and debate on a variety of age appropriate topics.

Windemere Ranch Middle School

Mon-Fri 6/23-6/27 8:30am-12:00pm Act #91009

Pine Valley Middle School

Mon-Fri 7/21-7/25 8:30am-12:00pm Act #91180

New! Television News Production

Instructor: Barton Cox Jr.

Explore the exciting world of TV news production! Learn how a TV broadcast news program is created. In this hands-on class you will learn the basics of broadcast productions, from being a news anchor, reporter, camera or sound operator to writing and creating news stories and directing. Campers will use professional equipment including green screen technology to create a full-length TV news program. Each participant will receive a DVD. \$15 production fee due to the instructor on the first day of camp.

Grades 6-8 5 Classes \$235(R/GO)/\$294(N)

Pine Valley Middle School

Mon-Fri 7/28-8/1 8:30am-12:00pm Act #91015

Windemere Ranch Middle School

Mon-Fri 8/11-8/15 8:30am-12:00pm Act #91016

Writing Camps for Middle School

Instructor: Lekha Publishers

Grades 6-8

Academic Writing

Campers will learn to write the persuasive essay, which focuses on developing a student's ability to support a stated opinion. Campers will be introduced to modes of writing that include the definition essay, process essay, compare and contrast essay, and the cause and effect essay. Learn how to plan and outline their essays properly before writing, as well as how to revise their essays. \$10 materials fee due the first day of camp.

5 Classes \$215(R/GO)/\$269(N)

Pine Valley Middle School

Mon-Fri 6/23-6/27 8:30am-12:00pm Act #90972

Windemere Ranch Middle School

Mon-Fri 7/28-8/1 8:30am-12:00pm Act #90975

Story Writing

The five elements of story writing will be the focus during this week. Campers will take home a portfolio of short stories in various genres. \$10 materials fee due the first day of camp.

4 Classes \$165(R/GO)/\$207(N)

Windemere Ranch Middle School

Mon-Thu 6/30-7/3 8:30am-12:00pm Act #90973

New! Advanced Writing Conventions

Participants will learn how to refine and develop their essay writing skills. In addition to planning and outlining their five-paragraph essays, they will learn how to write articles using MLA format. Students will be taught the correct method to citing sources and bibliographies. \$10 materials fee due the first day of camp.

5 Classes \$215(R/GO)/\$269(N)

Pine Valley Middle School

Mon-Fri 7/7-7/11 8:30am-12:00pm Act #90974

NEW! Entrepreneur Summer Intensive Camp

Instructor: MenMuu Leadership Institute

Do you have an idea you want to bring to life? Learn how to start your business in this fun, hands on immersion camp. Explore the world of entrepreneurship and learn how to bring your idea to life eg. lawn-mowing service, web design business, jewelry e-store. Put together a complete business plan for an idea you have. The course will include presentations from local entrepreneurs and venture capitalists. Each week of the four week camp will cover a different component of starting a business including business fundamentals and product idea, customers, competitors and your product, financial planning and finding suppliers, and creating a Business Plan. The camp will provide participants with the social and creative skills needed to fulfill their entrepreneurial spirit.

Grades 7-9

Entrepreneur Summer Intensive Camp - Four Weeks

This enrolls participants in all four weeks of the Entrepreneur camp.

20 Classes \$799(R/GO)/\$999(N)

Dougherty Station Community Center

Mon-Fri 7/21-8/15 8:30am-12:00pm Act #91062

Entrepreneur Summer Intensive Camp - Weekly Sessions

5 Classes \$249(R/GO)/\$312(N)

Dougherty Station Community Center

Entrepreneur Summer Intensive Camp - Week 1

Business fundamentals and product idea. Classroom lessons: Business concepts (e.g. Revenue, profits, costs of goods sold), Business plan components, What Investors Want, New Product Ideas (e.g. Identifying consumer needs, market sizing Innovation game/building prototypes.)

Mon-Fri 7/21-7/25 8:30am-12:00pm Act #91063

Entrepreneur Summer Intensive Camp - Week 2

Customers, competitors and your product. Classroom lessons: Assessing competitive landscape (e.g. SWOT analysis, value proposition, features & benefits, messaging, customer persona, marketing campaigns).

Mon-Fri 7/28-8/1 8:30am-12:00pm Act #91065

Entrepreneur Summer Intensive Camp - Week 3

Financial planning and finding suppliers. Classroom lessons: building a financial model for your business, suppliers and inventory projections, managing cash flow and bookkeeping, investors and valuation.

Mon-Fri 8/4-8/8 8:30am-12:00pm Act #91066

Entrepreneur Summer Intensive Camp - Week 4

Business Plan Classroom lessons: Legalities e.g. Permits, employees, supplier contracts, patents, what matters in a business plan? Prepare business plan presentations, practice presentations and present to a panel.

Mon-Fri 8/11-8/15 8:30am-12:00pm Act #91067



MIDDLE SCHOOL 11-13

MIDDLE SCHOOL TEEN CENTERS

It's that time of year again—time to start planning for back to school! The Teen Centers are currently accepting registrations for the 2014-2015 school year. Homework time with help from the Teen Center staff will be provided every day. Character Development activities will assist your student in discovering their SPARK! with our new curriculum. And for those teens who are constantly on their phones and computers, our ENTHUSIASTIC, EXPERIENCED staff will be focusing on **outdoor recreation** and **socialization skills!** Space is limited so register early! More information can be found at www.SRTeen.org.

Grades 6-8

Annual Membership 8/25-6/11 \$1,499 (That's less than \$9 a day)

A \$749 deposit is due at time of registration, if not paying in full. Deposit goes toward total balance for the Annual Membership due August 1st.

Windemere Ranch Teen Center

Annual Membership \$1499 Act #91256 & 93166
Deposit for Annual Mem. \$749 Act #91256

Gale Ranch Teen Center

Annual Membership \$1499 Act #91260 & 91380
Deposit for Annual Mem. \$749 Act #91260

Iron Horse Teen Center

Annual Membership \$1499 Act #91258 & 91379
Deposit for Annual Mem. \$749 Act #91258

Pine Valley Teen Center

Annual Membership \$1499 Act #91262 & 91381
Deposit for Annual Mem. \$749 Act #91262

ARTS - VISUAL

Ceramics

Instructor: Hilary Ford

Discover the magic that can be created with clay using your own talents and imagination! Basic principles of hand building, sculpting and glazing will be covered. Combine this knowledge with your own creativity to produce some fantastic projects. Participants attend class for 4 consecutive days, and then return the following week to glaze the projects. \$25 materials fee.

Ages 10-14 5 Classes \$110(R)/\$138(N)

Dougherty Station Community Center

Mon-Thu 6/23-26, Mon 6/30 2:30pm-3:45pm Act #91111

Sketchbook Art

Instructor: Sharon Barker

Remember the last time you scribbled on a piece of paper during class, or while chatting on the phone? Ever find yourself drawing on napkins or just simply addicted to doodling on whatever dry surface available? Well, grab a sketchbook and join us for Sketchbook Art. Let's take those scribbles to the next level!

Grades 6-12 5 Classes \$109(R)/\$136(N)

Community Center at Central Park

Tue 7/8-8/5 4:30 pm-6:00 pm Act #91143

ENRICHMENT

Youth Police Academy

Instructors: Cpl. Williams, Officer Gonzales & Officer Gunning

Have you ever wanted to know more about police work? The Youth Police Academy is a two week program designed to provide high school aged youth with firsthand information and experience about how the San Ramon Police Department operates. The Youth Police Academy is taught by Police Officers and department personnel. The sessions cover a range of topics including patrol, criminal investigations, traffic stops, crime scenes, DUI enforcement, officer use of force, officer safety, community policing, and defensive tactics. The Youth Police Academy will take a field trip to the Use of Force Simulator and Juvenile Hall. Students will have to pass a background check before being accepted into the Youth Police Academy. This is a great opportunity for youth who are interesting in pursuing a career in law enforcement.

To register and/or for more information, go to the San Ramon Police Department website and download an application. Either mail it in or drop it off at the Police Department (2401 Crow Canyon Rd., San Ramon, CA 94583; Attention Cpl. T. Williams)

<http://www.sanramon.ca.gov/police/youthacademy.html>

Must be in 8th grade to 12th grade, Ages 13-18.

8 classes. Cost: Free

Week 1: Mon-Thurs 6/23/14 to 6/26/14;

Week 2: Tues-Fri 6/30/14 to 7/03/14 (9:00am-12:00pm)

Babysitting for Beginners

Instructor: Suzy McCreary

The class you have been looking for to develop all the skills needed to be a trusted and responsible babysitter. Learn about child development, meal and bedtime strategies, discipline, how to get jobs, and ways to make babysitting fun for you and the kids. Basic first aid, general safety, and what to do in an emergency will also be covered. Students should bring a snack and water bottle to class.

Ages 10-14 2 Classes \$48(R)/\$60(N)

Dougherty Station Community Center

Mon-Tue 7/14-7/15 1:00 pm-4:00 pm Act #89203

SPORTS

Tennis: All Levels 11-18

Instructor: Kris Milligan/Gerald Gular

Classes provide instruction on tennis fundamentals for beginners and advanced concepts for more advanced players. Rally contests, match play, strategy, advanced spins & movements and strategies for singles and doubles. Participants will be grouped by level of play.

Ages 11-18 4 Classes \$145(R/GO)/\$178(N)

Dougherty Valley High School

Tue 6/17-7/8 10:35 am-12:05 pm Act #91367

Tue 7/15-8/5 10:35 am-12:05 pm Act #91368

Thu 6/19-7/10 10:35 am-12:05 pm Act #91371

Thu 7/17-8/7 10:35 am-12:05 pm Act #91372

*No class 7/4

Sat 6/21-7/19* 10:20 am-11:50 am Act #91447

*No class 7/5

Sat 7/26-8/16 10:20 am-11:50 am Act #91448

Sat 7/26-8/16 12:00 pm-2:00 pm Act #91449

Sat 7/26-8/16 12:30 pm-2:00 pm Act #91450

Athan Downs Park

Sat 6/21-7/19 8:30 am-10:00 am Act #91375

Ages 11-18 3 Classes \$225 (R/GO)/\$270(N)

Dougherty Valley High School

Mon 6/16-6/30 3:00-6:00pm Act # 91373

Mon 7/7-7/21 3:00-6:00pm Act # 91374

Wed 6/18-7/2 3:00-6:00pm Act # 91369

Wed 7/9-7/23 3:00-6:00pm Act # 91371

Fri *6/20-7/11 3:00-6:00pm Act # 91549

*No class 7/4

Ages 11-18 2 Classes \$145(R/GO)/\$178(N)

Fri 7/18-7/25 3:00-6:00pm Act # 91550

THERAPEUTIC RECREATION

Special Olympics Golf

Special Olympics offers an introductory course covering proper golf swing, grip and stance. This course will also cover basic club & equipment design, rules and etiquette. Clubs will be provided if needed.

Ages 8+ 8 Classes Free

San Ramon Golf Course

Mon 7/7-8/25 6:00 pm-7:00 pm Act #91337

Special Olympics Softball

Special Olympics offers an introductory softball course covering proper softball swing, positions and fielding. This course will also cover basic equipment design, rules and etiquette of softball. Bats and softballs will be provided if needed.

Ages 8+ 8 Classes Free

Central Park

Tue 7/8-8/26 5:30 pm-7:30 pm Act #91338

Inclusion Services Program

The Parks and Community Services Department welcomes and encourages the participation of children and adults with disabilities in all of our programs and services. Our goal is to facilitate opportunities for participants with and without disabilities, and to engage in recreational pursuits together.

- Contact the Therapeutic Recreation Office at (925) 973-3325 or email at parks@sanramon.ca.gov, Attn: Therapeutic Recreation Office, and inform them of your registration two weeks in advance.

- Once you contact the office you will be asked to help staff fill out a profile on the participant. After the profile is filled out it will be sent to the supervisor of the program the participant is registered for.

- The TR staff and the supervisor of the program will work together to meet the needs of the participant and assure the best recreational experience possible.

- Services the Therapeutic Recreation (TR) Office provides:

- TR staff will use profile information to help facilitate participation in a program based on the participant's needs

- TR staff will provide an aide based on participant's needs or allow a personal specialist to work within our program if necessary.



ADULTS

ARTS - PERFORMING

All About Social Ballroom, Swing & Hot Latin Salsa

Instructor: Anna Magid

Have a great time and learn Swing, Foxtrot, Jitterbug, Original Rock N Roll, Hot Latin Salsa, Cha Cha, Tango, Waltz, Wedding Dances, and much more! Smooth flowing, comfortable combinations will prepare you for any dance party or WEDDING! We will change partners to meet new friends. SINGLES and COUPLES are welcome. Fun, Fun, Fun!

Ages 16+ 6 Classes \$75(R/GO)/\$94(N)

Community Center at Central Park

Thu 6/19-7/31* 7:00pm-8:00pm Act #91094

*No class 7/3.

Ballet

Instructor: Studio 8 Dance

An open level class for adults that are new or returning to ballet. Class begins with a classical barre sequence, followed by movement in the center. Participants will focus on developing flexibility, neutral alignment, strength, balance and posture. History and meaning behind ballet terminology will also be explored. A great workout while also developing artistry.

Ages 15+

Dougherty Valley Performing Arts Center

5 Classes \$80(R/GO)/\$100(N)

Thu 6/19-7/24* 7:30pm-8:30pm Act #91100

*No class 7/3

6 Classes \$96(R/GO)/\$120(N)

Thu 8/7-9/11 7:30pm-8:30pm Act #91101

Ballet - Intermediate

Instructor: Debra Saravia

This class is for dancers who want to challenge and inspire themselves through the beauty of Ballet. Class is focused on proper body alignment and technique and is taught in a comfortable environment by the Co-Artistic Director of San Ramon's Jumpin' at the Sun Dance Company. Previous dance experience needed.

Ages 16+ 6 Classes \$72(R/GO)/\$90(N)

Dougherty Valley Performing Arts Center

Mon 7/7-8/11 6:30pm-7:30pm Act #91426

Mon 8/18-9/29* 6:30pm-7:30pm Act #91427

*No class 9/1

Alcosta Senior & Community Center

Wed 7/9-8/13 6:30pm-7:30pm Act #91442

Wed 8/20-9/24 6:30pm-7:30pm Act #91443

Belly Dance-Beginning/Intermediate

Instructor: Tatseena

Unleash the goddess in you through belly dance. Add pizzazz to your life while you learn basic techniques, hip movements, traveling steps, simple arm movements, and finger cymbal patterns. Learn the cultural history as well as new traditions currently popular in this expressive dance. Participants gain flexibility, strength, and improved self image all while having fun with this dynamic dance form.

Ages 16+ 7 Classes \$84(R/GO)/\$105(N)

Alcosta Senior & Community Center

Mon 6/16-7/28 6:00pm-7:00pm Act #91104

Mon 8/4-9/22 6:00pm-7:00pm Act #91105

*No class 9/1

Belly Dance - Intermediate/Advanced

Instructor: Tatseena

Continue to dance and build on belly dance basics. Learn more combinations and musical interpretations, prepare for upcoming shows, use your finger cymbals and veils with your dance. Students are required to have taken Beginning Belly Dance prior to enrolling in this class.

Ages 16+ 7 Classes \$84(R/GO)/\$105(N)

Alcosta Senior & Community Center

Mon 6/16-7/28 7:00pm-8:00pm Act #91106

Mon 8/4-9/22 7:00pm-8:00pm Act #91107

*No class 9/1

Jazz Dance - Teen & Adult

Instructor: Christie Tomlinson

Whether you've had dance experience, or none at all, this class is sure to be fun, and a great workout for all levels! Class will begin with a warm-up for coordination and floor work for strength and flexibility. A variety of steps will be learned and combined to make a fun dance routine.

Ages 14+ 10 Classes \$144(R/GO)/\$180(N)

Community Center at Central Park

Wed 6/18-8/20 7:10pm-8:10pm Act #91128

Lyrical & Contemporary Dance

Instructor: Debra Saravia

This class is for dancers who want to challenge and inspire themselves through Lyrical & Contemporary styles of dance in a supportive environment. Class is taught by the Co-Artistic Director of San Ramon's Jumpin' at the Sun Dance Company. Previous dance experience needed.

Ages 16+ 6 Classes \$72(R/GO)/\$90(N)

Dougherty Valley Performing Arts Center

Mon 7/7-8/11 7:30pm-8:30pm Act #91428

Mon 8/18-9/29* 7:30pm-8:30pm Act #91429

*No class 9/1

Alcosta Senior & Community Center

Wed 7/9-8/13 7:30pm-8:30pm Act #91444

Wed 8/20-9/24 7:30pm-8:30pm Act #91445

Modern Dance

Instructor: Studio 8 Dance

An open level class for adults that are new or returning to dance. Modern Dance is a unique class that highlights movement patterns, body awareness, source of movement, breath and a range of technical styles. Participants will focus on a variety of Modern dance styles including Graham and Limon. This class will incorporate lyrical dance to help the dancer connect the movement to music. Participants will focus on enhancing alignment, strength and flexibility while also developing a sense of artistry.

Ages 15+

Dougherty Valley Performing Arts Center

5 Classes \$80(R/GO)/\$100(N)

Thu 6/19-7/24* 7:30pm-8:30pm Act #91130

*No class 7/3

6 Classes \$96(R/GO)/\$120(N)

Thu 8/7-9/11 7:30pm-8:30pm Act #91131

Salsa Dance

Instructor: 4Ever Dance

Want to dance like the dancers on the 'Dancing with the Stars'? Then grab your dancing shoes and come join us!

Salsa Dance - Beginning

Participants will learn basic Salsa, technique, footwork, movement and choreography. Salsa dancing is very popular in today's dance venues. Dancing is fun and is a great way to stay in shape and keep your mind active. No partner required.

Ages 16+

7 Classes \$91(R/GO)/\$114(N)

4EverDance

Thu 6/19-7/31 7:30pm-8:30pm Act #91305

Thu 8/7-9/18 7:30pm-8:30pm Act #91307

Salsa Dance - Intermediate

This challenging and rewarding class is packed with hot moves and cool styling. NO PARTNER REQUIRED. Prerequisite: Beginning Salsa or experience partner dancing.

Thu 6/19-7/31 8:30pm-9:30pm Act #91306

Thu 8/7-9/18 8:30pm-9:30pm Act #91308

Ukulele

Instructor: Steve Kritzer

If you've never played ukulele before, this is the class for you. Anyone can do it! Start with simple chords and strums, and learn to play basic melodies. Next we'll move on to play some fun, simple and popular songs. Everything from Hawaiian to Tin Pan Alley to Jason Mraz, and beyond. Emphasis on learning to play and sing together. Participants must provide their own ukulele. \$10 materials fee.

Ages 15+ 6 Classes \$69(R/GO)/\$86(N)

Community Center at Central Park

Level 1

Participants must provide their own ukulele.

Wed 6/4-7/9 7:30pm-9:00pm Act #91151

Level 2 - Beginner/ Intermediate

Participants must provide their own ukulele. Pre-requisite - Level 1.

Wed 7/23-9/3 7:30pm-9:00pm Act #91152

*No class 8/6.

ARTS - VISUAL

Beginning Knitting & Beyond

Instructor: Gwen Larriega

Have you always wanted to learn to knit or do you know the basics & are ready for more? Then this is the class for you! New knitters will learn the basics. Experienced knitters will learn new techniques, pattern reading, and get help with current knitting projects. \$20 materials fee for new knitters.

Ages 18+ 6 Classes \$59(R/GO)/\$74(N)

Community Center at Central Park

Wed 7/9-8/13 7:00pm-8:30pm Act #91102

Everyone Can Draw

Instructor: David Hill

Drawing to be a better painter. Beginners will be taught the basics - contour, perspective, shading and tone, etc. But this class is also for students who enjoy painting and mediums other than traditional drawing materials. Many painters are frustrated by a lack of drawing skills. All can benefit from an ability to draw - I can help you! Students may choose from charcoal, pencil, pastel, water color or acrylics.

Ages 18+ 5 Classes \$70(R/GO)/\$88(N)

Alcosta Senior & Community Center

Mon 6/23-7/21 9:30am-12:00pm Act #91118

Life Drawing

Instructor: David Hill

Drawing from the model. There is no better way to maintain or improve your skills. From beginner to accomplished painter - all levels welcome! The length of poses varies. We start with gesture and usually end with an extended pose. The models are both undraped and clothed. An \$45 model fee is collected at the first class.

Ages 18+

5 Classes \$70(R/GO)/\$88(N)

Dougherty Station Community Center

Mon 6/23-7/21 6:30pm-9:30pm Act #91129

Online Classes

On Line Courses If you want to continue to learn but want flexibility here is your chance! Enjoy the freedom to take classes on your own time. Full descriptions of courses and a syllabus can be accessed online, click on the link www.ed2go.com/sanramonpcs. If you would like to take a class you do not see, many other classes are listed at the www.ed2go.com online catalog. The Parks and Community Services representative can be contacted at 973-3272 to add any class for you. You should have a computer and a connection to the Internet. Some classes require you to have the software being taught installed on your computer.

6 Classes \$99 On the computer

Wed 6/18-7/23 Act #91339

Wed 7/16-8/20 Act #91340

Wed 8/20-9/24 Act #91341

A to Z Grant Writing

Accounting Fundamentals

Achieving Top Search Engine Positions

Beginners Guide to Getting Published

Beginning Writers Workshop

Business and Marketing Writing

Computer Skills for the Workplace

Conversational Japanese

Conversational French

Creating a Successful Business Plan

Creating Web Pages

Discover Digital Photography

Instant Italian

Introduction to Adobe Acrobat X

Introduction to C++ Programming

Introduction to Crystal Reports

Introduction to Digital Scrapbooking

Introduction to Java Programming

Introduction to Microsoft Excel 2010

Intro to Microsoft Outlook 2010

Intro to Microsoft PowerPoint 2010

Performing, Visual Arts • Online Classes

ADULTS

FITNESS

Aqua Zumba

Instructor: Judith Connaughton

Aqua Zumba takes the fun of Zumba into the water, without the impact! Aqua Zumba integrates the Zumba formula with aqua fitness techniques and blends it all together into a challenging and water-based workout. Workouts focus on cardio-conditioning, body-toning, muscle strength and endurance building, and increasing flexibility and mobility in a fun and exhilarating way. Splashing, stretching, twisting, even shouting, and laughing, are often heard during an Aqua Zumba class!

Ages 18+

San Ramon Olympic Pool

4 Classes \$40(R/GO)/\$50(N)

Sat 6/7-6/28 9:30am-10:30am Act #91382

5 Classes \$50(R/GO)/\$62(N)

Sat 7/12-8/9 10:00am-11:00am Act #91383

Sat 8/16-9/13 10:00am-11:00am Act #91384

Pilates Barre Sculpt

Instructor: Judith Connaughton

Get ready to transform your body to longer, leaner, and stronger while enhancing flexibility and posture as we redefine our body image inside and out. This class incorporates Pilates & Barre exercises that engage your core while sculpting and lengthening your muscles multi-level class with focus on form and alignment: muscle intensity and calorie burning exercise in a non-impact format. Please bring a mat and light weights to class.

Ages 18+

Alcosta Senior & Community Center

5 Classes \$60(R/GO)/\$75(N)

Mon 6/2-6/30 10:00am-11:00am Act #91386

Mon 7/7-8/4 10:00am-11:00am Act #91387

Dougherty Valley Performing Arts Center

4 Classes \$48(R/GO)/\$60(N)

Wed 6/4-7/2* 6:30pm-7:30pm Act #91389

*No class 6/25

Wed 7/16-8/6 6:30pm-7:30pm Act #91390

5 Classes \$60(R/GO)/\$75(N)

Wed 8/13-9/10 6:30pm-7:30pm Act #91391

Pilates Evenings

Instructor: Judith Connaughton

Pilates is a system of exercises that focuses on the 'powerhouse' muscles; the core muscles of the torso, and the relationship between and abdominal and back muscles. These exercises can help alleviate shoulder and neck stress, and low back and hip issues by adding both strength and flexibility to muscles and joints. You will experience better posture and well being that will enhance your everyday function. Pilates is suitable for all levels of fitness.

Ages 18+ 5 Classes \$60(R/GO)/\$75(N)

Community Center at Central Park

Tue 6/3-7/1 6:00pm-7:00pm Act #91394

Tue 7/8-8/5 6:00pm-7:00pm Act #91395

Tue 8/12-9/9 6:00pm-7:00pm Act #91396

Pilates Morning

Instructor: Judith Connaughton

Pilates mat exercises develop a strong, lithe body and increase mind and body coordination. It also enhances a sense of being centered. Pilates increases flexibility, reduces back pain, flattens your tummy, and strengthens your immune system. Classes are open to all fitness levels.

Ages 18+

Dougherty Valley Performing Arts Center

5 Classes \$60(R/GO)/\$75(N)

Wed 6/4-7/2 10:00am-11:00am Act #91397

4 Classes \$48(R/GO)/\$60(N)

Wed 7/16-8/6 10:00am-11:00am Act #91398

5 Classes \$60(R/GO)/\$75(N)

Wed 8/13-9/10 10:00am-11:00am Act #91399

T'ai Chi Ch'uan

Instructor: Bob Kipper

This is a beginning class in part one of the classical, long Yang form. Continuing students can learn the entire long Yang form in addition to a fast form, two person sets and push hands.

Ages 18+9 Classes \$96(R/GO)/\$120(N)

Dougherty Station Community Center

Mon 6/16-9/8* 7:30PM-8:45 PM Act #91327

*No class 6/30, 7/28, 8/25, 9/1.

Zumba!® Join the Party!

Instructor: Judith Connaughton

Zumba* Join the Party! Come join us for this fun friendly fitness celebration that fuses upbeat world rhythms with easy to follow choreography! Zumba* is the ultimate calorie burning, stress busting, total body workout. Judy will have you laughing, smiling and sweating; exercise can be fun! Enjoy moving to upbeat Latin, World, & Pop rhythms including Salsa, Cumbia, Merengue, Reggaeton, Samba & Bollywood. Suitable for all levels, no experience necessary.

Ages 18+ Alcosta Senior & Community Center

4 Classes \$48(R/GO)/\$60(N)

Fri 6/6-6/27 6:00pm-7:00pm Act #91400

5 Classes \$60(R)/\$75(N)

Fri 7/11-8/8 6:00pm-7:00pm Act #91401

Fri 8/15-9/12 6:00pm-7:00pm Act #91402

Cardio X Fitness

Instructor: Elizabeth Fichtner

Cardio X is a combination of hip hop and latin dance, kickboxing and fitness moves set to X-ilerating music! Lose those X-tra pounds, and get in X-traordinary shape with this upbeat cardio program! X-ERCISE NEVER FELT THIS GOOD!

Ages 18+ 6 Classes \$60(R/GO)/\$75(N)

Community Center at Central Park

Mon 6/16-7/21 6:00pm-7:00pm Act #91435

Mon 7/28-9/8* 6:00pm-7:00pm Act #91436

*No class 9/1.

Alcosta Senior & Community Center

Tue 6/3-7/8 6:30pm-7:30pm Act #91317

Tue 7/22-8/26 6:30pm-7:30pm Act #91318

Vinyasa Yoga

Instructor: Lisa Jang

'Vinyasa' in Sanskrit means 'breath in synchronized movement.' We will connect breath with movement through various yoga postures. Expect plenty of movement and some gentle stretches at the end. All levels welcomed. Yoga mat required. Yoga blocks and straps recommended. Bring water and a towel.

Ages 18+

Community Center at Central Park

5 Classes \$50(R/GO)/\$62(N)

Mon 6/2-6/30 5:45pm-6:45pm Act #91313

4 Classes \$40(R)/\$50(N)

Mon 7/21-8/18* 5:45pm-6:45pm Act #91314

*No class 7/28

Yoga Mornings

Instructor: Roberta Wilson

Focus the mind, strengthen the body. Open gateways to your inner self in this Kripalu inspired Yoga class. Using Yoga poses and awareness of the breath you will experience increased flexibility, strength and balance, both on your mat and off. Class will close with deep relaxation. Yoga mat required.

Ages 18+ 6 Classes \$60(R/GO)/\$75(N)

Dougherty Station Community Center

Wed 6/4-7/9 8:30am-9:45am Act #91323

Wed 7/23-8/27 8:30am-9:45am Act #91324

Yoga Evenings

Instructor: Roberta Wilson

The ancient system of yoga integrates body, mind and breath for total performance and health. This yoga class includes a warm up phase, an active work phase and a cool down phase. Each phase incorporates balance postures, breathing technique and moving the body mindfully. Each class ends with deep relaxation. Yoga mat required.

Ages 18+ 6 Classes \$60(R/GO)/\$75(N)

Community Center at Central Park

Wed 6/4-7/9 5:45pm-7:00pm Act #91321

Wed 7/23-8/27 5:45pm-7:00pm Act #91322

Core Strength Training & Body Toning

Instructor: Carolynne Levers

A total core workout to strengthen the entire body using a stability ball, bender balls, light weights and a foam roller. Whatever your level of fitness, you can build superb abdominal strength, optimal posture, and a healthy back while having a blast! Bender balls, light weights and foam roller provided for class. Participants need to provide their own inflated exercise ball or use provided stationary chair.

Ages 18+ 6 Classes \$60(R/GO)/\$75(N)

Alcosta Senior & Community Center

Wed 6/4-7/16* 5:15pm-6:15pm Act #91408

*No class 6/18.

Wed 7/23-8/27 5:15pm-6:15pm Act #91409

SPORTS

Golf Level 1: Introduction

Instructor: San Ramon Golf Club

Level 1 is an introductory course covering proper golf swing, grip and stance. This course will also cover basic club/equipment design, rules and etiquette. Additional \$10 ball fee payable to Golf Course.

Ages 18+ 4 Classes \$85(R/GO)/\$107(N)

San Ramon Golf Course

Tue, Thu 6/10-6/19 6:00pm-7:00pm Act #91271

Sat 6/14-7/12 12:30pm-1:30pm Act #91272

Tue, Thu 6/24-7/3 6:00pm-7:00pm Act #91273

Tue, Thu 7/8-7/17 6:00pm-7:00pm Act #91274

Sat 7/19-8/9 2:30pm-1:30pm Act #91275

Golf Level 2: Short Game

Instructor: San Ramon Golf Club

This program is designed as an introductory program into the short game skills of putting, chipping and pitching basics. Students should have attended a Golf 1 program or have the basic fundamentals of grip, stance and basic swing concepts.

Ages 18+ 2 Classes \$85(R/GO)/\$107(N)

San Ramon Golf Course

Sat-Sun 7/12-7/13 9:00am-11:00am Act #91276

Sat-Sun 8/2-8/3 9:00am-11:00am Act #91277

Tue, Thu 6/17-6/19 6:00pm-8:00pm Act #91278

Golf Level 3: Putting

Instructor: San Ramon Golf Club

A focused class totally dedicated to the science and art of putting. A detailed approach to the mechanics of the putting stroke, art of reading the greens and drills to help you develop a better feel for putting control.

Ages 18+ 2 Classes \$85(R/GO)/\$107(N)

San Ramon Golf Course

Sat-Sun 7/19-7/20 9:00am-11:00am Act #91279

Tennis: Adult Level 1

Instructor: Kris Milligan

Learn all the basic swings plus rally contests and doubles strategy. Participants will be paired for doubles play in the last two classes.

Ages 18+ 4 Classes \$128(R/GO)/\$160(N)

Central Park

Mon 6/16-7/7 6:30pm-8:00pm Act #91403

Mon 7/14-8/4 6:30pm-8:00pm Act #91407

Tennis: Adult Level 2

Instructor: Kris Milligan

Graduates of Level 1 or players of low intermediate-intermediate levels. Drills, instruction, doubles strategy and match play are included.

Ages 18+ 4 Classes \$128(R/GO)/\$160(N)

Central Park

Wed 6/18-7/9 6:30pm-8:00pm Act #91405

Wed 7/16-8/6 6:30pm-8:00pm Act #91406

Sports Leagues

Our mission is to offer comprehensive adult athletic programs designed to meet the recreational, fitness and social needs of adults which emphasize both instructional and competitive level play in both individual and team sports.

Men's and Women's Basketball

Men's and Coed Softball

Coed Volleyball

Coed Kickball

For details regarding these leagues, please contact Ed Kallas at 925-973-3268 or ekallas@sanramon.ca.gov

Individual Interest List

The Parks and Community Services Department maintains a list of individuals who are looking for a spot on a team. Managers may pick players from this list. In addition, entire teams can be formed from the list. Persons looking for a team are encouraged to call 925-973-3268 or email ekallas@sanramon.ca.gov

Open Gyms

The gym will be open for drop-in basketball play Monday evenings and volleyball play Thursday evenings throughout the year.

\$5 per person at the door

Basketball - Ages 18+ (ID's checked)

Mondays 7:00-10:00pm Iron Horse Gym

Volleyball Ages 18+ (ID's checked)

Thursday 7:00-10:00pm Iron Horse Gym

Family Open Gym Badminton

The gym will be open for drop-in Badminton play Sunday mornings.

Ages 6+ with adult

Sunday 9:00am-12:00pm Gale Ranch MS

Tuesday evenings will be offered again beginning 9/2



ADULTS 55+

ALCOSTA SENIOR & COMMUNITY CENTER

9300 Alcosta Blvd

Ph: (925) 973-3250 • Fax: (925) 829-6128

Office Hours

Monday–Friday 8:30am–5:00pm

Senior Travel Desk

(925) 973-3256

Tuesdays 10:00am–1:00pm

Visit the Travel Desk for information about upcoming trips to destinations near and far.

Services

Health Insurance Counseling, transportation and housing information, legal and health services, Senior Peer Counseling sponsored by Contra Costa Health Services, County Connection senior discount tickets available for purchase, and information on home delivered meals. Call for more information.

Senior Fees

Many programs are offered at a nominal fee. Game tables, library, social services, outdoor patio and lounge available at no charge.

Senior Lunch Program

Hot, nutritional lunches served Tuesday - Friday at noon for a donation of \$2 ages 60+/\$5 under 60. Reservations required 24 hours prior to each meal.

Senior Express Van

Transportation is provided for residents to and from the Senior Center, Tuesday-Friday, \$2 each way. The morning route begins at 8:30am. The return trip at 3:00pm on Tuesday, Thursday and 1:30pm on Wednesday, Friday. Phone or sign up 24 hours in advance.

Shopping Shuttle

The San Ramon Senior Express Van provides service to CVS, Wal-Mart, Lucky's and Nob Hill. Shuttle runs on Thursdays only, beginning at 10:30am with pick-ups at the Senior Center, Sunny Glenn, Valley Vista and Villa San Ramon. Please sign up 24 hours in advance. \$2 round trip. Call for more details.

Senior Services • Weekly Schedule

WEEKLY SCHEDULE

Monday

Low Impact Aerobics I	8:30-9:25am
Low Impact Aerobics II	9:30-10:25am
Strength Training & Toning	10:30-11:30am
Line Dancing	10:30-11:30am
Pinochle	12:00-3:00pm
Ballroom Dance (1st & 3rd)	1:00-3:30pm

Tuesday

Card Games	8:30-11:00am
Advanced Line Dancing	9:00-11:00am
Boutique Workshop	10:00am-1:00pm
Learn Bridge While Playing	10:30-11:30am
Senior Lunch Program	12:00-1:00pm
Party Bridge	12:00-3:00pm
Bingo (<i>special fee</i>)	1:00-3:00pm
Chinese Calligraphy*	1:30-2:30pm
Low Level Total Body & Balance	2:00-2:45pm
Chinese Brush Painting*	2:30-4:30pm

Wednesday

Low Impact Aerobics I	8:30-9:25am
Low Impact Aerobics II	9:30-10:25am
Bocce Ball	9:30-11:00am
Sound Out	10:00-11:30am
Strength Training & Toning	10:30-11:30am
Intermediate Line Dancing	10:30-11:30am
Senior Lunch Program	12:00-1:00pm
Low Impact Kickboxing	2:00-2:45pm

*No class until 5/12/14

Thursday

Card Games	8:30-11:00am
Advanced Line Dancing	9:00-11:00am
Painting Group	9:00am-3:00pm
Balance Through Movement	10:00-10:45am
Boutique Workshop	9:00-11:00am
Low Level Total Body Workout	11:00-11:45am
Senior Lunch Program	12:00-1:00pm
Pinochle	12:00-3:00pm
Silver Tones Chorus	1:00-2:00pm
Longevity Fitness	3:30-5:00pm

Friday

Low Impact Aerobics I	8:30-9:25am
Card Games	8:30-11:00am
Low Impact Aerobics II	9:30-10:25am
Strength Training & Toning	10:30-11:30am
Longevity Dance	10:30-11:30am
Senior Lunch Program	12:00-1:00pm
Advanced Bridge	12:30-4:00pm
Creative Writing (<i>1st & 3rd Fridays</i>)	1:00-3:00pm
Karaoke	1:00-4:45pm
Tai Chi Kuen	1:30-3:30pm

ENCORE SENIOR NEWSLETTER

For more Senior Program & Services information download or pickup a copy of the quarterly Encore Senior Newsletter. Available online at www.SanRamon.ca.gov or at the Alcosta Senior & Community Center.

ENRICHMENT

AARP Smart Driver Course

Standard 8 hour class

The AARP Driver Safety Program is offered in the standard 8-hour class for both new and renewing students. Each student completing either class will receive a Certificate of Completion, which entitles one to an automobile insurance discount. Fees for each class will remain at \$15.00 for AARP Members (with proof of membership) and \$20.00 for non-members.

Ages 55+ 1 Class

Alcosta Senior & Community Center

Sat 7/12 8:30am-5:00pm Act #89572

FITNESS

55+ Gentle Yoga

Instructor: Marcia Conroy

Basic foundations of yoga are taught in a gentle modified style. The focus includes: stretching to promote flexibility in the muscles and joints; various weight bearing poses to enhance bone health; standing poses to elevate balance and mobility; sequences of poses in a slow rhythm to slightly increase heart rate; and, restorative poses to relieve stress. Yoga mat required. Wear loose comfortable clothing.

Ages 55+ 11 Classes

\$88(R)/\$110(N)

Alcosta Senior & Community Center

Tue 6/17-9/2* 9:00am-10:15am Act #91332

**No class 7/29*

55+ Gentle Yoga

Basic foundations of yoga are taught in a gentle modified style. The focus includes: stretching to promote flexibility in the muscles and joints; various weight bearing poses to enhance bone health; standing poses to elevate balance and mobility; sequences of poses in a slow rhythm to slightly increase heart rate; and, restorative poses to relieve stress. Yoga mat required. Wear loose comfortable clothing.

Ages 55+ 11 Classes

\$88(R)/\$110(N)

Alcosta Senior & Community Center

Thu 6/19-9/4* 6:00pm-7:15pm Act #91334

**No class 7/31*

55+ Yoga for Health

Instructor: Michiyo Ambrosius

Gentle yoga suited for beginners and continuing students. Various Yoga postures are modified for seniors to develop strength, flexibility and balance. Includes breath work and meditation to explore inner spiritual self. Teachings are based on the instructor's spontaneous remission experience from cancer. Yoga mat required. Wear loose comfortable clothing.

Ages 55+ 11 Classes

\$88(R)/\$110(N)

Alcosta Senior & Community Center

Fri 6/20-9/5* 9:00am-10:15am Act #91336

**No class 7/4*

Zumba Gold®

Instructor: Carolynne Levers

Zumba Gold fuses slower Latin rhythms and easy to follow moves, specifically for the active older adult. Participants experience an exciting hour of calorie burning, energizing movements. Latin flavor and International zest make this Zumba Gold class!

Ages 55+ 6 Classes

\$48(R)/\$60(N)

Alcosta Senior & Community Center

Wed 6/4-7/16* 9:00am-10:00am Act #91329

**No Class 6/18*

Wed 7/23-8/27 9:00am-10:00am Act #91330

TRIPS & TOURS

Sign up for Long-Distance Trips at the Travel Desk located at the Alcosta Senior and Community Center. Travel Desk is open Tuesdays 10am-12:30pm (925) 973-3256.

Trip sponsored by Talbot Tours

Hawaiian Cruise

Roundtrip San Francisco to Hawaii 16 day Cruise aboard the Star Princess.

February 27-March 14, 2015

Ports of Call includee Hawaii (Hilo), Oahu (Honolulu), Kauai (Nawiliwili), Maui (Lahaina), and Ensenada, Mexico.

126th Annual Rose Parade, New Year's

December 29th 2014-January 2, 2015

3 Trips sponsored by Collette Travel:

Canyon Country - 9 days

October 16-24, 2014

Highlights: Scottsdale, Oak Creek Canyon, Kaibab National Forest, Grand Canyon, Lake Powell, Monument Valley, Bryce Canyon National Park, Zion National Park and Las Vegas.

San Antonio Holiday - 5 days

December 4-8, 2014

Highlights: Fiesta de las Luminarias, Mission San Jose, The Alamo, Paseo del Rio Cruise, Sandy Oaks Olive Orchard, LBJ Ranch, Fredericksburg, El Mercado, South Texas Heritage Center and Mayan Dude Ranch.

Southern Charm - 7 days

March 22-28, 2015

Highlights: Historic Charleston



LIBRARY

Summer Reading Festival: Paws to Read from June 14 August 23

Celebrate reading all summer long with the 2014 Summer Reading Festival. People of all ages are encouraged to read for fun and prizes and to enjoy the exciting programs and entertainment being held in libraries throughout the summer. Reading records are available for all ages at both SRL and DSL and online at ccclib.org/summer.

CHILDREN AND FAMILIES

STORYTIMES

Summer Session: June 7-July 31

Lapsit (Ages 6 months–2 ½ years)

Mondays at 10:15am at DSL

Tuesdays at 11:15am at SRL

Toddler Time (Ages 2 ½-3 ½ years)

Mondays at 11:15am at DSL

Tuesdays and Thursdays at 10:15am at SRL

Preschool Time (Ages 3 ½ 5 years)

Thursdays at 11:15am at SRL

Thursdays at 1:15pm at DSL

Family Storytime (All ages)

1st & 3rd Tuesdays at 6:30pm at DSL (June 17, July 1 & 15, Aug. 5 & 19)

1st Saturdays at 11:15am at SRL (June 7, July 5, Aug. 2, Sep. 6)

Busy Bee Dogs

Tuesday, June 10 at 4pm, SRL

Saturday, June 14 at 11:30am, DSL

Join in the fun of watching these former shelter dogs perform their marvelous tricks just for you!

Summer Movie Matinees

Wednesdays, June 18 August 13, 3:00pm, SRL

Thursdays, June 19 August 14, 3:00pm, DSL

Call for movie title and rating information.

SRL=San Ramon Library

DSL=Dougherty Station Library

Summer Reading Decorating Party

Wednesday, June 18, 2:00pm, DSL

Monday, June 23, 4:00pm, SRL

Create the decorations for Summer Reading 2014, "Paws to Read."

Summer Sing-Along with the Overdues

Thursday, July 31, 7pm, SRL

Join the Overdues for an exciting line-up of animal songs!

Summer Reading Carnival

Saturday, June 28, 11am to 1pm, DSL

Games, prizes, and surprises - all for fun at the Summer Reading Carnival!

International Storytelling Festival

Mondays, July 14, 21 & 28, 6:30pm, SRL

The following storytellers are scheduled to perform this year:

July 14 - Daniel Barash- Spin Me a Shadow, Tell Me a Tale

July 21 - Kirk Waller- Quack, Gabble, Squawk and Other Animal Tails

July 28 - Masankho Banda - African Tales

The Wild World of Frogs!

Saturday, July 19, 11:00am, SRL

Reps from "Save the Frogs" teach us about frogs and their ecosystems, the amazing process of metamorphosis, and how some frogs use poison for protection.

The Lindsay Museum presents Paws and Claws

Saturday, July 26, 11:00am, DSL

Saturday, August 9, 11:00am, SRL

Continuing the theme of Paws to Read the Lindsay Museum presents a program about animals with paws and claws.

Cupcake Bingo

Saturday, July 12, 11:15am, SRL

Wednesday July 23, 2pm, DSL

Win everyone's favorite treats - cupcakes!

Pajama Math Celebrates our Fabulous Furry Friends!

Friday, August 1, 6:00pm, SRL

Wear your jammies and come for stories, games & fun activities exploring basic mathematical concepts. Most appropriate for families with children ages 3 & up.

The Bubble Lady

Saturday, August 9, 2pm, DSL

The Bubble Lady will charm you with her fantastic program of bubbles in amazing shapes and sizes.

Grand Prize Bingo

Saturday, August 9, 2:00pm, SRL

Saturday, August 23, 11:15am, DSL

Win chances in a drawing for some amazing Grand Prizes.

Movies on the Lawn

(behind the Community Center)

Friday, August 8, 8:30pm, DSL

Family friendly film is *Kung Fu Panda*

Friday, August 15, 8:30pm, DSL

Family friendly film is *The Lego Movie*



ADULTS

**Ina Coolbrith Circle Presents:
"Open Mike" and Readings by
Poet Camille Norton**

Saturday, May 17, 2:00-4:00 pm, SRL

Bring a poem to read during open mike! Then Camille Norton, an award winning author and professor, will read selections from her works. She is the author of *Corruption*, a National Poetry Series winner published by Harper Perennial in 2005. Her poem, "The Prison Diary of Bartlett Yancey Malone," appears in *The Best American Poetry 2010*. Refreshments to follow.

**Speak Up! English Language
Conversation Group for Adults**

Mondays, 6:45-7:45pm, SRL and DSL

Practice and improve your English in an informal, small group setting. Biweekly one-hour sessions are held at either the Dougherty Station Library (starting June 2) or the San Ramon Library (starting June 9) (No sessions during the month of August or Sept. 1). Registration is not needed; just drop in, and bring pen and paper to take notes. For library location on specific dates check the Events Calendar at cclib.org, or call the Library at 925-973-2850 or 973-3380.

Composting Made Easy

Thursday, June 19, 6:30pm, SRL

Are you interested in turning your garden waste and kitchen scraps into a rich soil conditioner and fertilizer for your garden? Contra Costa Master Gardener Arti Kirch will teach you how to start a compost pile, add the best ingredients, nurture its decomposition and produce rich humus for your plants. She will cover how composting works, compost containers, what and what not to compost, techniques to encourage decomposition and where and when to use your compost.

**Wildlife Conservation in
Zimbabwe through Science,
Education, and the Arts**

Wednesday, July 2, 7:00pm, SRL

Wendy Blakeley, conservationist, teacher and performing artist, will share fascinating photos and stories from her 20+ years of experience inspiring the youth of Zimbabwe to preserve their national wildlife habitat.

**One Enchanted Evening:
Brenda Lin, Vocalist**

Wednesday, July 9, 6:30pm, SRL

Brenda Lin, will captivate you with her beautiful voice and repertoire of standards, jazz, show tunes, classic rock, R&B, country, and *bossa nova*.

**Starting a Winter Vegetable
Garden**

Thursday, August 7, 6:30pm, SRL

It's that time again! Time to start planning and planting your winter garden while the ground is still warm. Contra Costa Master Gardener Janet Miller returns to talk about how growing vegetables in the winter has its advantages over summer vegetables, and what allowances to make for shorter days and less intense sunlight. She will cover starting from seed vs. seedlings, and which crops to plant now through fall.



SENIORS

Page Turners Senior Book Group

3rd Tuesdays, 1:30pm

Alcosta Senior and Community Center

Co-sponsored by the San Ramon Library and the Alcosta Senior and Community Center. Drop in and join us at any time!

June 17: *The Swerve: How the World Became Modern*, by Stephen Greenblatt

July 15: *The History of Love*, by Nicole Krauss

August 19: *The Days of Anna Madrigal (Tales of the City)*, by Armistead Maupin

September 16: *Where'd You Go, Bernadette?*, by Maria Semple



FACILITIES

SAN RAMON COMMUNITY CENTER AT CENTRAL PARK

12501 Alcosta Blvd.
(925) 973-3200
(925) 830-5162 Fax

Registration Hours:

Monday–Friday 8:30am–5:00pm

DOUGHERTY STATION COMMUNITY CENTER

17011 Bollinger Canyon Road

ALCOSTA SENIOR & COMMUNITY CENTER

9300 Alcosta Blvd.
(925) 973-3250

Registration Hours

Monday–Friday 8:30am–5:00pm

Trip Desk

(925) 973-3256

Senior Center Fax

(925) 829-6128

COMMUNITY GYMS

The Community Gyms are operated by the City of San Ramon and San Ramon Valley Unified School District. The City of San Ramon schedules programs outside of school hours, including evenings and weekends. Programs and Open Gym opportunities can be found throughout the Recreation Guide. If interested in renting gym space, contact the Sports Division 973-3261.

Iron Horse

12601 Alcosta Blvd.

Pine Valley

3000 Pine Valley Road

SAN RAMON LIBRARIES

www.ccclib.org

Free Wireless Access available at both Libraries

San Ramon Library (SRL)

100 Montgomery Street
(925) 973-2850

SRL Hours:

Mon–Thu 10:00am–8:00pm
Fri & Sat 10:00am–5:00pm
Sun 1:00pm–5:00pm

Dougherty Station Library (DSL)

17017 Bollinger Canyon Road
(925) 973-3380

DSL Hours:

Mon & Thurs 10:00am–8:00pm
Tue & Wed 12:00–8:00pm
Fri & Sat 10:00am–5:00pm
Sun Closed

FOREST HOME FARMS HISTORIC PARK

19953 San Ramon Valley Boulevard
(925) 973-3284.

Hours:

Open the second Saturday of each month,
10:00am–2:00pm

Glass House Museum Tours:

10:00am, 11:00am, 12:00 noon & 1:00pm

Farm Tours:

11:00am and 1:00pm

This historic park is on the National Register of Historic Places and is home to 21 structures including the Boone House (built in 1900), the Glass House Museum (built in 1877) and the Tractor Museum. There is no admission fee to enter the park but there are fees for tours. Tours are \$5 each or you can take two tours on the same day for \$8. Group tours are also available by appointment (see p.6).

SAN RAMON PERFORMING ARTS

Dougherty Valley

Performing Arts Center

10550 Albion Road

Regular Box Office Hours:

Tuesday–Friday 12:00pm–5:00pm

The Dougherty Valley Performing Arts Center is a 600 seat state-of-the-art venue. Home to both local performance groups as well as a destination for major entertainers. Find out more and buy tickets at www.SanRamonPerformingArts.com or (925)973-3343.

Front Row Theater

17011 Bollinger Canyon Road

The Front Row Theater is a state-of-the-art 90-seat community performing space. The theater has ongoing performances throughout the year. For event listings and easy online tickets please visit:

www.SanRamonPerformingArts.com.

SAN RAMON OLYMPIC POOL & AQUATIC PARK

9900 Broadmoor Drive

(925) 973-3240

Fax (925) 828-3427

Registration Hours:

Monday–Friday 11:00am–5:00pm

DOUGHERTY VALLEY AQUATIC CENTER

10550 Albion Road

(925) 973-3335

Fax (925) 803-0652

**Facilities available for rent.
Call 973-3200 for information.**

REGISTRATION PROCEDURES

6 Easy Ways to Register

1. Online Registration
2. Mail-In
3. Fax-In
4. Drop-Off
5. Walk-In
6. Kiosk Self-Service

Registration Begins:

Resident GO Members: Friday, April 25

Residents: Monday, April 28

Non-Residents: Monday, May 12

6 Easy Ways to Pay

1. Visa
2. MasterCard
3. American Express
4. Cash
5. Check (payable to City of San Ramon)
6. Money Order

* MasterCard and Visa payments must have signature of cardholder and card expiration date before your registration can be processed.

Resident Status

To qualify for Resident status you must be a permanent resident with proof of a valid address in the City of San Ramon. Family members on an account must be the children of a parent or their spouse, who are permanent residents of San Ramon.

Online Registration

The online registration system allows you to set up your account, check availability, register immediately and print your own receipt. Visit our website:

www.SanRamonRecGuide.com.

Purchase Tickets

To purchase tickets for the Front Row Theater, Dougherty Valley Performing Arts Center or other ticketed events online visit: www.SanRamonPerformingArts.com.

Self-Service

The San Ramon and Dougherty Station Community Centers are equipped with Self-service stations that allow you access to our online registration during and after business hours. Must have family barcode and pin number to register.

GENERAL REGISTRATION INFORMATION

* Registration is required prior to attending a class.

* You are welcome to submit your registration at anytime; however, all registration forms are processed on a lottery basis (Except when registering online).

* Once a class has reached maximum enrollment, a wait-list will be established. If space opens or a new class is created, you will be notified by telephone.

* Please make your selections carefully. A charge will be assessed for **ALL** refunds, transfers, withdrawal and credit requests.

Where to Register

You can register at any of the following locations Monday–Friday:

San Ramon Community Center at Central Park

12501 Alcosta Blvd. 973-3200

M – F 8:30am-5:00pm

Alcosta Senior & Community Center

9300 Alcosta Blvd. 973-3250

M – F 8:30am-5:00pm

San Ramon Olympic Pool (SROP)

9900 Broadmoor Dr. 973-3240

M – F 11:00am-5:00pm

Inclusion Services

The Department welcomes and encourages the participation of children and adults with disabilities in all of its programs and services. To ensure appropriate accommodations are met, please register at least 2 weeks in advance. For specific questions regarding inclusion opportunities and accommodations, please call 973-3325.

Easy Steps to Inclusion—Let Us Help!

- Select a program
- Complete registration form
- Register at least 2 weeks ahead to allow us to make arrangements
- Check “special accommodations” box on the registration form
- Write on envelope: Attn: Assistance Requested

POLICIES

Withdrawal/Refund/Transfer

Your satisfaction matters to us! If you are dissatisfied with a program at anytime, please contact the Parks & Community Services Department immediately for assistance. Please call 925-973-3200 or email parks@sanramon.ca.gov.

Processing Fees:

All refunds, transfers and withdrawals will incur a fee as follows: **\$5 for each program/class \$72 and under, 7% of program/class fee for each class/program over \$72.**

7 Days Before the Program Begins or the Registration Deadline:

1. You may withdraw from the program/class online and have a credit placed on your account without incurring the processing fee.
2. Full refunds (less processing fee) will be issued for requests received 7 days prior to the start of the class/program. Refunds will be returned in the form of the original payment or can be left on your account as a credit.

Within 7 Days:

1. Credit (less processing fee) will be given if the program meets the minimum attendance requirements.
2. Refunds (less processing fee) will only be given if a substitution is made for your spot.

After the Program Begins:

- All refund requests after the program begins are not guaranteed. Program supervisors will review them on an individual basis.
- Failure to attend a program (no shows) will not be granted a refund or credit.
- Refunds or credits will not be issued for requests received after the program is finished.

Minimum Enrollment

All programs must meet minimum enrollment. If a program does not meet the minimum, enrollees will be contacted 7 days in advance.

PARKS & FACILITIES



BBQ



Lighted Facility



Reserved Picnic Site

Call 973-3200

	Acreage	Volleyball (V)/Boce Ball (B)	Baseball/Softball	Soccer Fields	Tennis Courts	Basketball Courts	Restrooms	Trail Access (T)/Rustic Site (R)	Playground Area	Picnic Tables	Dog Park
1.	6.25	B					•			✕	
2.	4.1		•	•			•		•	✕	
3.	20	V	•	•	✕		•		•	✕	
4.	6.88							T		•	•
5.	4.1	V	•	•			•		•	✕	
6.	4.5		•	•			•		•	•	
7.	6	V	•	•			•		•	✕	
8.	45		•	•	✕		•	T			
9.	5.25						•		•	✕	
10.	42.8	V	✕	✕	✕		•	T	•	✕	
11.	1.4							T	•	✕	
12.	7	V	•	•			•		•	✕	
13.	0.25								•	✕	
14.	6		•	•			•	T	•	✕	
15.	7.85		•	•			•		•	✕	
16.	5.97		•	•			•		•	✕	
17.	7.5						•	R			
18.	0.08										•
19.								T			
20.	17.2			✕			•				
21.	5.1		•	•			•	T	•	✕	
22.	1.1								•	✕	
23.	16							R		•	
24.	15	•	•	•			•	T			
25.	4		•	•			•		•		
26.	2.34									✕	
27.	6.3		•	•			•				
28.	4.5		•	•			•		•	✕	
29.	0.4								•	✕	

	Acreage	Volleyball (V)/Boce Ball (B)	Baseball/Softball	Soccer Fields	Tennis Courts	Basketball Courts	Restrooms	Trail Access (T)/Rustic Site (R)	Playground Area	Picnic Tables	Dog Park
30.	7							T			
31.	6	•	•	•		•	•	T			
32.	2.8						•	T	•	✕	
33.	5		•	•			•	T	•		
34.	16	B	•				•		•	✕	•
35.	4						•	R	•	✕	
36.	6.34		•	•			•		•	✕	
37.	3.5		•	•			•	T	•		
38.	1.6								•	•	
39.	3		•	•			•	T	•		
40.	6		•	•			•		•	•	
41.	4.1		•	•			•		•	✕	
42.	7.5		•	•							
43.	4		•	•			•		•		
44.	4	B					•		•	✕	
45.	4		•	•			•	T	•	✕	
46.	4.9		•	•			•	T	•	•	
47.	4						•	T	•	•	
48.	15	✕	✕	✕			•	T	•	✕	
49.	1.5								•	•	
50.	2.5						•	T	•	•	
51.	2.4	B					•	T	•	✕	
52.	13							T			
53.	0.5						•	T	•	•	
54.	3		•	•			•		•		
55.	10.25		•	•			•		•	✕	
56.	4.5		•	•			•	T	•	•	
57.	12.4							T			
58.	1.36								•	•	

CITY OF SAN RAMON

MEDICAL, POLICE

- 59. San Ramon Regional Medical Center • 6001 Norris Canyon Rd.
- 60. San Ramon Police Department • 2401 Crow Canyon Rd
- 61. Dougherty Station Police Substation • 17011 Bollinger Canyon Rd.

SAN RAMON VALLEY FIRE STATIONS

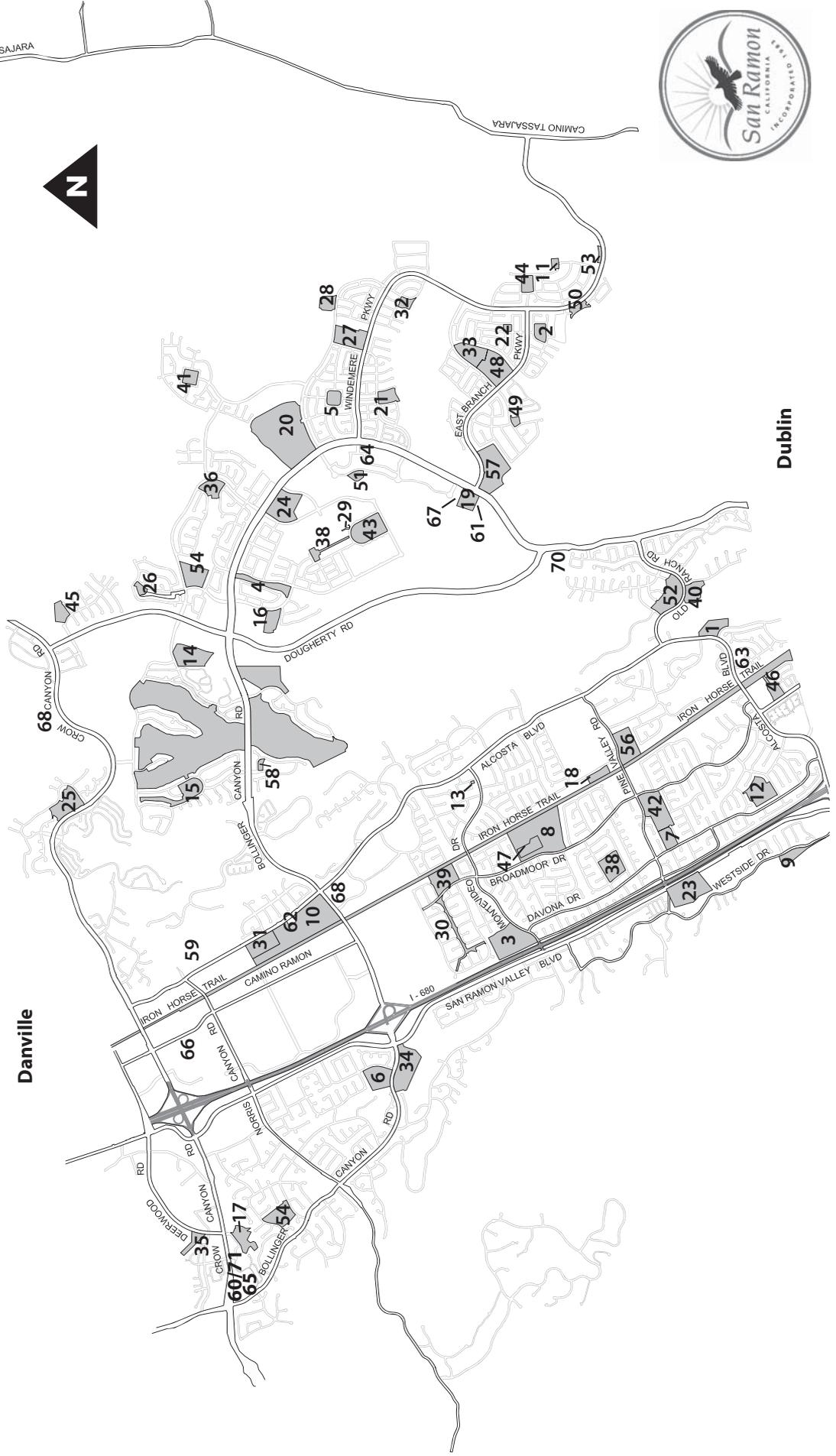
- 62. Station #34 • 12599 Alcosta Blvd.
- 63. Station #39 • 9399 Fircrest Ln.
- 64. Station #30 • Bollinger Canyon Rd.
- 65. Station #38 • 1500 Bollinger Canyon Rd.

ADDITIONAL CITY FACILITIES

- 66. City Offices/City Council Chamber • 2222 Camino Ramon
- 67. Dougherty Station Library • 17017 Bollinger Canyon Rd.
- 68. San Ramon Library • 100 Montgomery St.
- 69. San Ramon Service Center • 5000 Crow Canyon Rd.
- 70. Dougherty Valley Service Center • 2011 Park Loop Rd.
- 71. City Permit Center, 2401 Crow Canyon Rd.

Danville

Dublin



Activity Registration Form

- San Ramon Resident
- Non-Resident
- GO Card Member
- GO Card Encore

Please Submit to: San Ramon Community Center at Central Park - 12501 Alcosta Blvd San Ramon, CA 94583 Fax: 925-830-5162 Tel: 925-973-3200

PLEASE PRINT & COMPLETE EACH LINE

Main Contact Name-Parent/Legal Adult Name

Last Name: _____ First Name: _____ Primary Phone: (____) _____

Complete this section if you have NOT enrolled in an activity or changed your address since Summer 2013.

Street Address: _____	City: _____
Zip: _____	Business Phone: (____) _____
Emerg. Phone: (____) _____	Cell Phone: (____) _____
E-mail: _____ @ _____	Registration form limited to family members only!

Office Use Only: MC Barcode: _ _ _ _ _ MC Name: First _____ Last _____

To assure our programs benefit all who attend, please check if applicable:

- Please check here if the participant has **Special Needs** requiring special accommodations
- Please check here if the participant has a **Life Threatening Allergy** in order for staff to provide appropriate accommodations.

Activity Registration: This registration is for (circle one): **Winter Spring Summer Fall**

PARTICIPANT-first and last (Use one line for each person or course)	CLASS TITLE	Act#	Alternate Act#	Birthdate (mm/dd/yy)	Current Grade	Male/ Female	Course Fee \$
1.							
2.							
3.							

Become A Go Card Memeber: San Ramon Residents \$69 Non-Residents \$99 Non-Residents Summer Only \$49

Refunds: Patron requested refunds or transfer requests will be approved only if initiated no later than 7 business days prior to the first day of class. All Refunds/Transfers will be charged a processing fee of \$5 for classes less than \$72, each class over \$72 will be charged 7% of fee.

Total Fees

GO Points

Total Amount

I have read and understand the refund policy and the following Waiver of Liability: This release is intended to discharge in advance the City of San Ramon, including all of its respective agents, officials, volunteers, sponsors and employees, from and against any and all liability arising out of or connected in any way with me or my child/legal guardian's participation in the above activities, even though the liability may arise out of active or passive negligence or carelessness on the part of the persons or entities mentioned above. I understand the inherent risks involved in participating in recreational activities including but not limited to terrain, facilities, temperature, weather, condition of participant, equipment, and lack of hydration. Furthermore, I hereby agree that I, my heirs and assignees will not make claim against, sue, attach the property of, or prosecute the City of San Ramon and any sponsor, or any affiliate organization for injury or damage resulting from active or passive negligence, carelessness or other acts, howsoever caused by any employee, agent or contractor of the City of San Ramon or its affiliates, as a result of my participation in the above activities. In the event that the above named individual is a minor, I certify that I am the legal parent or guardian of the above participant, that he/she is in good physical condition and I give my permission for him/her to participate in the above activities. I hereby acknowledge that the above named minor has voluntarily applied to participate in the above activities. I agree to accept and abide by all rules and regulations of the event/program and the city of San Ramon. The City of San Ramon and its staff are authorized to use their discretion to secure the necessary emergency services for the participant at my expense. This includes, but is not limited to emergency treatment, paramedic services and ambulance services. I hereby grant permission to the City to release my email address to contract instructors, coaches, or other City program providers for City business purposes. I hereby grant permission to the City to take me or my child/legal guardian's photo while participating in activities or programs to use for publicity. A signature is required by each adult participant registering on this form. One parent/legal guardian may sign for all minors. I understand that my signature is a legal and binding signature and will be considered original if received by electronic means.

Signature _____ Date _____

- Self Parent Guardian

Charge to my: MasterCard VISA American Express

Print name as it appears on card _____

Expiration Date _____ Authorized Signature _____

Card No. _____ Amount \$ _____

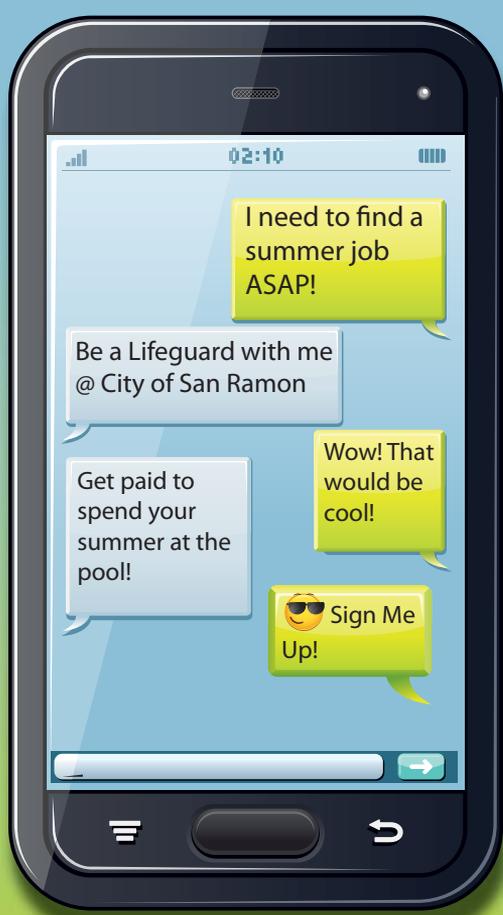
NOTE: Entire section must be completed for registration to be processed.

Online Registration

Register or Check Course Availability Online:
www.SanRamon.ca.gov

To Purchase Tickets:
www.sanramonperformingarts.com

Do Not Use This Form
See Registration Information for details



BE ON OUR



TEAM CITY OF SAN RAMON 2014 SUMMER JOBS LIFEGUARDS

Position	Hourly Salary Range
Junior Lifeguard	\$9.22-9.88
Lifeguard I - IV	\$10.22-15.45
Pool Manager/Asst. Pool Manager/Sr. Lifeguard	\$14.42-20.34

Benefits of Working Here

- Leadership Experience
- Teach Lifelong Skills to Children
- Opportunities for Promotions
- Serve the Community
- New Challenges
- A Swimsuit is Your Uniform

For More Information Visit: www.SanRamon.ca.gov

City Lights Volunteer Program

Why Volunteer?

- Connect to your community and make it a better place
- Make new contacts and friends
- Advance your career
- Give yourself a healthy boost of self-esteem and life satisfaction



City Lights Volunteers make meaningful connections with others, help strengthen the community, and create a partnership with the City to actively assist in our many programs and services. Use our online volunteer portal at www.citylights.volunteerhub.com to find the right opportunity for you. **Pre-registration is required in order to volunteer.**

Contact Mary Ann Wilkman at mwilkman@sanramon.ca.gov or call (925) 973-3200 to get started today!

San Ramon Art and Wind Festival

Would you like a FREE commemorative Art and Wind Festival t-shirt? All you have to do is volunteer for more than one shift at this fun event. Opportunities for volunteers age 13 and up.

Teen History Helpers

2nd Saturday of each month, 10:00am - 2:00pm

Join our group of teen volunteers who make history come alive for kids, families, and adults visiting the Farm by helping with crafts and activities. Ages 14 and up.

Performing Arts Ushers

Become an usher at the Front Row Theater and Dougherty Valley Performing Arts Center. Ushers must be 16 years or older, and work at two events per month. Training will be provided.

Therapeutic Recreation

Are you looking for a meaningful volunteer experience? The program offer volunteers the opportunity to transform lives-- their own and the participants. Training provided. Ages 16 and up.

Crow Canyon Demonstration Gardens

Tuesdays, 9:00 – 11:00am

Enjoy the beautiful gardens while working alongside City staff to maintain the garden. Ages 18 and up.

Historic Park Landscape Assistant

Wednesdays, 9:00 – 11:00am

Join Public Services Department staff with maintenance activities that enhance Forest Home Farms a National Historic Site and City Park.

San Ramon

Parks & Community Services
12501 Alcosta Blvd
San Ramon, CA 94583

PRESRT STD
U.S. Postage
PAID
San Ramon, CA
Permit No. 50
ECRWSS

RESIDENTIAL CUSTOMER

Parks Make Life Better
Clean-up Days
April 26

Sheep Shearing Day
April 26

First Friday Foreign Film Series
Central Station
May 4

San Ramon Symphonic Band
The Magical Music of Disney
May 4

Monkey See Monkey Do
Family Friendly Improv!
May 4

Robert Moses' Kin
May 10

San Ramon Youth Symphony
Concert
May 12

Senior & Community Live Well
Resource Fair
May 17

Disney's Beauty & the Beast Jr.
May 23 - 24

Art & Wind Festival
May 25-26

Wonka Kids!
May 30 - June 1

Parks Make Life Better
Clean-up Days
May 31

San Ramon Community Chorus
Concert - Best of Broadway
June 6

Night at the Improv
June 21

Peter Pan Jr.
June 26 - 27

Parks Make Life Better
Clean-up Days
June 28

Summer Concerts in the Park
Featuring: US Air Force Band
of the Golden West
June 29

Run San Ramon 3K/5K/10K
July 4

Celebrate America
Celebrate San Ramon
July 4

Summer Concerts in the Park
Featuring: Joel the Band
July 13

Thank You San Ramon!
Walk with Your Dog
July 19

Summer Concerts in the Park
Featuring: The Houserockers
July 20

Summer Concerts in the Park
Featuring: Double Funk
Crunch
July 27

Summer Concerts in the Park
Featuring: Mustache Harbor
August 3

Outdoor Movie Nights
Kung Fu Panda
August 8

Outdoor Movie Nights
The Lego Movie
August 15

Outdoor Movie Nights
Finding Nemo
August 22

Parks Make Life Better
Clean-up Days
August 23



For more information about upcoming events in San Ramon,
visit www.SanRamon.ca.gov

Connect With Us!