



STAR GUARD AQUATIC CAMP



Star Guard Aquatic Camp is a two-week camp that offers participants a day of structured aquatic activities and free time for recreation swim. Star Guard participants are introduced to water safety, lifeguarding, CPR and First Aid skills. Each day participants will spend time in the pool, on the field, and in the classroom working on physical fitness, games, activities, team building, water-based rescues, and CPR and first aid skills. Participants will improve in their swimming ability and be introduced to various aquatic activities such as water exercise, water polo, and swimming.

Monday - Friday
July 11- 15
Act# 99993

Monday - Friday
July 18- 22
Act#99994

Tuesday, Thursday
July 12-August 4
Act# 99997

Monday-Friday
July 25-29
Act# 99995

Monday-Friday
August1-5
Act# 99996



Ages 9-12
\$149(R)/\$187(NR)
9:00am-2:00pm
San Ramon Olympic Pool



This program is not sponsored by the San Ramon Valley Unified School District. Approval to distribute flyers is a community service and does not imply endorsement.



San Ramon Parks & Community Services

12501 Alcosta Boulevard · T: (925) 973-3200 · F: (925) 830-5162 · www.SanRamon.ca.gov/parks

Register: SanRamonRecGuide.com · Tickets: SanRamonPerformingArts.com · Email: parks@sanramon.ca.gov