



# 2015 ADULT SPORTS SUMMER LEAGUES

Forming a team and participating in a San Ramon Athletic League for adults is a great way to build morale among co-workers in the office or strengthening your network of friends at home. Special emphasis is placed on having fun, building skills and recreation over competition in San Ramon.



## COED VOLLEYBALL

Great opportunity to meet new people and stay fit for men and women age 18 and over. All leagues are 10 games with the top 4 teams making playoffs. Games start in June. All players must be 18+!

**Tuesday B League:** Lower Advanced Recreational

**Tuesday Upper C League:** Intermediate Recreational

**Tuesday Lower C League:** Beginner/Novice Recreational

## MEN'S & COED SOFTBALL

You are never too old to enjoy America's national past-time through adult softball. City of San Ramon Leagues are focused on fun, fitness and building friendships over competition. Consumption of alcohol is strictly prohibited from all fields and parking lots. Leagues are 10 games or 6 games with the top 4 teams making playoffs. Leagues start in June. All players must be 18+!

**Men's D-1:** Advanced Recreational

**Men's D-2:** Intermediate Recreational

**Men's D-3:** Beginner/Novice Recreational

**Coed D-2:** Intermediate Recreational

**Coed D-3:** Beginner/Novice Recreational



## MEN'S BASKETBALL

**Wednesday Men's 5-on-5:** One competitive division that all men 18 and over can have fun in! A Recreational Competitive League for adults ages 18+. This is a 10 game season with the top 4 teams making playoffs. Games start in June.



## COED KICKBALL

**Tuesday Coed:** One fun division that all men and women age 18 and over can enjoy! Tuesday evenings are perfect for re-living your elementary school days. This is a 6 game season with the top 4 teams making playoffs. Games start in June!

## WANT MORE INFORMATION?

Check out our website for more information or to download our registration packets: <http://www.sanramon.ca.gov/Parks/programs/sports/adultleagues.htm>.

If you're interested in registering a team or if you are an individual looking for a team to play on, please contact Edwin Tse at [etse@sanramon.ca.gov](mailto:etse@sanramon.ca.gov) or (925) 973-3268.